November 2026

Sherwood Oaks Skilled Nursing

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:30-11:00 Catholic Communion 2:00 Chapel 3:00 Number “11” Quiz/November Highlights 6:15 Evening Movie 1:00 **Pittsburgh Steelers Game** Daylight Saving Time Ends	**2** 9:45 Morning Greetings 10:00 Monday Move and Groove 2:30 **Phipps Fall Flower Show** 6:15 Evening Movie	**3** 9:45 Morning Greetings 10:00 Chair One Fitness 2:00 Autumnal ART 6:15 Evening Movie	**4** 9:45 Morning Greetings 10:00 Wednesday Warm-Ups 2:00 Candy Day 6:15 Evening Movie	**5** 9:45 Morning Greetings 10:00 Be Fit Exercise 2:00 **WQED Veterans Program**/AUD 6:15 Evening Movie	**6** 9:45 Morning Greetings 10:00 Friday Fitness 2:00 Bing Crosby Songs/Quiz 6:15 Evening Movie	**7** 10:00 Resident Leisure Activities: Word Searches, Puzzles, Crafts, TV Favorites Lake Lounge 2:00 Shake Loose A Memory 6:15 Evening Movie
8 9:30-11:00 Catholic Communion 2:00 Chapel 3:00 Catchphrase Game 6:15 Evening Movie Diwali (Hindi)	**9** 9:45 Morning Greetings 10:00 Monday Move and Groove 2:00 **Phipps Flower Show** Alice in Wonderland” and Tea 6:15 Evening Movie “Alice in Wonderland”	**10** 9:45 Morning Greetings 10:00 Tuesday Tone-Ups 2:00 **Protestant Communion** 6:15 Evening Movie	**11** 9:45 Morning Greetings 10:00 Wednesday Warm-Ups 10:30 Hi Neighbor Visits 1:30 **Sherwood Oaks Veterans Event** AUD/CR 3:15 Yamslam Game 6:00 **Activity Cart** (rooms) 6:15 Evening Movie Veterans Day Remembrance Day (Canada)	**12** 9:45 Morning Greetings 10:00 Be Fit Exercise 2:00 Remembering the Golden Age of Air Travel 6:15 Evening Movie	**13** 9:45 Morning Greetings 10:00 Friday Fitness 2:00 Bingo 6:15 Evening Movie	**14** 10:00 Resident Leisure Activities: Word Searches, Puzzles, Crafts, TV Favorites Lake Lounge 2:00 Nelly Bly: Journey Around the World 6:15 Evening Movie
15 9:30-11:00 Catholic Communion 2:00 Chapel 3:00 History 101: Georgia Okeefe 6:15 Evening Movie 8:20 **Pittsburgh Steelers Game**	**16** 9:45 Morning Greetings 10:00 Monday Move and Groove 2:00 World Kindness Day Project 6:15 Evening Movie	**17** 9:45 Morning Greetings 10:00 Tuesday Tone-Ups 2:00 Art Appreciation: Monet 6:15 Evening Movie	**18** 9:45 Morning Greetings 10:00 Wednesday Warm-Ups 2:00 Turkey Art 6:15 Evening Movie	**19** 9:45 Morning Greetings 10:00 Be Fit Exercise 11:00 **Catholic Mass**/CR 2:00 An Orchard of Trivia 6:15 Evening Movie	**20** 9:45 Morning Greetings 10:00 **Music with Gene** 2:00 Mosaic Pumpkin Art with Nancy 6:15 Evening Movie	**21** 10:00 Resident Leisure Activities: Word Searches, Puzzles, Crafts, TV Favorites Lake Lounge 2:00 Card Bingo 6:15 Evening Movie
22 9:30-11:00 Catholic Communion 2:00 Chapel 3:00 Test Your Knowledge: Bible Quiz 6:15 Evening Movie 4:25 **Pittsburgh Steelers Game**	**23** 9:45 Morning Greetings 10:00 ABC Fitness 2:00 Jeopardy Game 6:15 Evening Movie	**24** 9:45 Morning Greetings 10:00 Tuesday Tone-Ups 1:30 **Resident Council Meeting** 2:00 Norman Rockwell: Freedom Want Painting 6:15 Evening Movie	**25** 9:45 Morning Greetings 10:00 Wednesday Warm-Ups 2:00 All About Pumpkins and Making Pumpkin Mousse 6:15 Evening Movie	**26** 9:45 Morning Greetings 10:00 Turkey Trot Exercise 3:00 Hi Neighbor Visits and Mandala Art 6:15 Evening Movie Thanksgiving Day (U.S)	**27** 10:00 Resident Leisure Activities: Word Searches, Puzzles, Crafts, TV Favorites Lake Lounge 2:30 Short Stories: Unexpected Places 3:00 **Pittsburgh Steelers Game** 6:15 Evening Movie	**28** 10:00 Resident Leisure Activities: Word Searches, Puzzles, Crafts, TV Favorites Lake Lounge 2:00 Afternoon Movie
29 9:30-11:00 Catholic Communion 2:00 Chapel 6:15 Evening Movie	**30** 9:45 Morning Greetings 10:00 Monday Move and Groove 1:30 **Taizé Service** AUD 3:00 Trash Card Game 6:15 Evening Movie					

Activities are subject to change