November 2026

Sherwood Oaks Personal Care

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:30-11:00 Catholic Communion 1:20 Afternoon Movie 1:00 **Pittsburgh Steelers Game** 2:00 Chapel 3:30 Number “11” Quiz/November Highlights Daylight Saving Time Ends	**2** 10:45 Monday Move and Groove 1:30 **Phipps Fall Flower Show** 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	**3** 10:45 Tuesday Tone-Ups 1:20 Afternoon Movie 3:30 Autumnal ART 6:15 Gather after Dinner to Play Board Games, Puzzles, Conversation 7:00 **Concert**: An Evening of Music with singer, Jenene Caramielo AUD/CR	**4** 10:45 Wednesday Warm-Ups 2:00 **Stretch and Stability** 3:30 Candy Day 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	**5** 10:45 Be Fit Exercise 1:20 Afternoon Movie 3:30 **WQED Veterans Program/AUD** 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	**6** 10:45 Friday Fitness 1:20 Afternoon Movie 3:30 Bing Crosby Songs/Quiz 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	**7** 10:00 Resident Choice Activities: word search, puzzles, wood craft, color project, TV favorites Day Room 1:20 Afternoon Movie 3:30 Shake Loose A Memory Game
8 9:30-11:00 Catholic Communion 1:20 Afternoon Movie 2:00 Chapel 3:30 Catchphrase Game Diwali (Hindi)	**9** 10:45 Monday Move and Groove 1:20 Afternoon Movie 3:30 Virtual Travel: Massachusetts 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	**10** 10:45 Tuesday Tone-Ups 2:30 **Protestant Communion** 3:30 Craft Corner with Tina 6:15 Gather after Dinner to Play Board Games, Puzzles, Conversation	**11** 10:45 Wednesday Warm-Ups 1:30 **Veterans Day Event** AUD/CR 3:30 Dice Games 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation Veterans Day Remembrance Day (Canada)	**12** 10:45 Be Fit Exercise 1:20 Afternoon Movie 3:30 Short Stories: Unexpected Places 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	**13** 10:45 Friday Fitness 1:20 Afternoon Movie 3:30 Bingo 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	**14** 10:00 Resident Choice Activities: word search, puzzles, wood craft, color project, TV favorites Day Room 1:20 Afternoon Movie 3:30 Nelly Bly: Journey Around the World
15 9:30-11:00 Catholic Communion 1:20 Afternoon Movie 2:00 Chapel 3:30 History 101: Georgia Okeefe 8:20 **Pittsburgh Steelers Game**	**16** 10:45 Monday Move and Groove 1:20 Afternoon Movie 3:30 World Kindness Day Project 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	**17** 10:45 Tuesday Tone-Ups 1:20 Afternoon Movie 3:30 Art Appreciation: Monet 6:15 Gather after Dinner to Play Board Games, Puzzles, Conversation 7:00 **Candlelight Concert** with Roberta/AUD/CR	**18** 10:45 Wednesday Warm-Ups 2:00 **Stretch and Stability** 2:45 **Happy Hour!** Appetizers/Drinks and **Karaoke sing-along with Bill** 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	**19** 10:45 Be Fit Exercise 11:00 **Catholic Mass**/CR 1:20 Afternoon Movie 3:30 An Orchard of Trivia 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	**20** 10:45 Friday Fitness 2:00 **Stretch and Stability** 3:30 Engaged Senior Brain Games 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	**21** 10:00 Resident Choice Activities: word search, puzzles, wood craft, color project, TV favorites Day Room 1:20 Afternoon Movie 3:30 Card Bingo
22 9:30-11:00 Catholic Communion 1:20 Afternoon Movie 2:00 Chapel 3:30 Test Your Knowledge: Bible Quiz 4:25 **Pittsburgh Steelers Game**	**23** 10:45 Monday Move and Groove 1:20 Afternoon Movie 3:30 Jeopardy Game 6:15 Gather after Dinner to Play Board Games, Puzzles, Conversation	**24** 10:45 Tuesday Tone-Ups 1:20 Afternoon Movie 3:30 Norman Rockwell: Freedom Want Painting 6:15 Gather after Dinner to Play Board Games, Puzzles, Conversation	**25** 10:45 Monday Move and Groove 1:20 Afternoon Movie 3:30 All About Pumpkins and Making Pumpkin Mousse 6:15 Gather after Dinner to Play Board Games, Puzzles, Conversation	**26** 10:30 Thanksgiving Stories and Stretch 1:20 Afternoon Movie 2:30 Hi Neighbor Visits and Mandala Art 6:15 Gather after Dinner to Play Board Games, Puzzles, Conversation Thanksgiving Day (U.S)	**27** 10:00 Resident Choice Activities: word search, puzzles, wood craft, color project, TV favorites Day Room 3:00 **Pittsburgh Steelers Game**	**28** 10:00 Resident Choice Activities: word search, puzzles, wood craft, color project, TV favorites Day Room 1:20 Afternoon Movie
29 9:30-11:00 Catholic Communion 1:20 Afternoon Movie 2:00 Chapel	**30** 10:30 **Resident Council Meeting** 1:20 Afternoon Movie 1:30 **Taizé Service** AUD 3:30 Trash Card Game 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation					

Activities are subject to change