"For Your Information"

(A periodic publication by Sherwood Oaks' Senior Director, Mark Nord)

November 13, 2026

UPMC for Life Termination Meeting

Eric Holmes, Insurances Services of Zelienople, will be in the Auditorium on Tuesday, November 24 at 1:30 p.m. to speak to residents who are currently enrolled in UPMC for Life Medicare Plan. This plan has made recent changes that include the termination of specific plans effective December 31, 2026. This meeting will discuss the termination of those plans and enrollment options for 2027. If you cannot attend the meeting, Eric can be reached by cell phone at 412-719-6059 or by email at erich@iszelie.com.

Piano Concert

The SORA Entertainment Committee is hosting a Christmas candlelight piano concert with Roberta Breninghouse on Tuesday, November 17 at 7:00 p.m. in the Auditorium and Card Room. The concert will feature selections from Mendelssohn's songs without words, fused with carols from the Renaissance period.

Birthday Celebration

Our November birthday celebration arrives early this year with an Autumn Harvest on Wednesday, November 18. Join us in the Main Dining Room for a delicious seasonal feast that begins with your choice of loaded baked potato soup or harvest vegetable soup. The buffet features grilled swordfish with apple chutney, orecchiette with pancetta, butternut squash, spinach in cream sauce, apple-glazed pork chops, and pot roast. Savor a selection of sides, including mashed potatoes with gravy, maple-glazed brussels sprouts, and spaghetti squash with herbed olive oil. Choose between maple apple crisp with chopped sugared pecans or a three-layer pumpkin spice cake for dessert.

Due to the popularity of our themed events, we highly recommend you make a reservation for lunch and/or dinner in the Dining Room by calling 724-776-8234 – with your name, number of people in your party and reservation time. Dress for the season and come celebrate with us!

Resident Get Together

Join Mark Nord & the management team on Friday, November 20 at 1:30 p.m. in the Auditorium and Card Room. Together, they will give campus updates, holiday party information, and will answer any questions you may have.

Free Transportation to Verdi's Opera on Dec. 6

On October 26, Marianne Cornetti presented information about the upcoming performance of Verdi's opera, Un Ballo in Maschera (A Masked Ball). The performance is at 3:00 p.m. on Sunday, December 6 at the Carnegie Music Hall in Oakland. You may purchase tickets by calling 412-707-4503 or online at pittsburghfestivalopera.org/2026-season/un-ballo-in-maschera/.

Marianne is graciously offering residents of Sherwood Oaks free transportation to/from the performance with a minimum of 6 attendees. There is a sign-up sheet on the Trips and Tours bulletin board in the mail room for this event. If interested, you must sign up by December 3.