

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		10:00 Hi Neighbor Visits 1 10:30 Chair One Fitness 2:00 1970's Pictionary 3:00 Outside Chat and Lemonade 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	10:00 Hi Neighbor Visits 2 10:30 Wednesday Workout 2:00 Stretch and Stability 3:00 Karaoke with Bill 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	10:45 Be Fit Exercise 3 1:20 Afternoon Movie 3:30 Nat King Cole Day/Music and Discussion 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	10:45 Friday Fitness 4 1:20 Afternoon Movie 3:30 National Wildlife Day 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	10:00 Resident Choice 5 Activities: word search, puzzles, wood craft, color project, TV favorites Day Room 1:20 Afternoon Movie 3:30 Do You Believe it's True? Facts/Trivia
9:30-11:00 Catholic Communion 1:20 Afternoon Movie 2:00 Chapel 3:30 September Day	10:45 Monday Move and Groove 7 1:20 Afternoon Movie 3:30 Labor Day Activities/Games/Video 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation Labor Day	10:00 Hi Neighbor Visits 8 10:30 Chair One Fitness 1:30 Rita's Ice Treat outside founder's patio 2:30 Alaska Day with June 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	10:45 Wednesday Workout 9 2:00 Stretch and Stability 2:45 Ukulele Music Sing-along 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	10:00 Mandalas 10 10:30 Be Fit Exercise 2:00 Craft Corner 3:15 Migratory Birds Virtual Video 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	10:00 Chat with Nancy 11 10:30 Friday Fitness 2:00 Stretch and Stability 2:45 All About the Bee Gees! 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation Rosh Hashanah Begins	10:00 Resident Choice 12 Activities: word search, puzzles, wood craft, color project, TV favorites Day Room 1:20 Afternoon Movie 3:30 Guess the Product/Slogan Game
9:30-11:00 Catholic Communion 1:20 Afternoon Movie 2:00 Chapel 3:30 Card Games Grandparents Day	13 10:45 Monday Move and Groove 1:20 Afternoon Movie 3:30 Celebrating the 70's Day 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	10:30 Chair One Fitness 15 11:30 1950's Diner Picnic Lunch-outside founders 1:20 Afternoon Movie 3:30 Music Bingo 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	10:45 Wednesday Workout 16 2:00 Stretch and Stability 3:30 Jeopardy Triva Virtual Game 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	10:35 Be Fit Exercise 17 11:00 Catholic Mass 1:20 Afternoon Movie 3:30 Share Your Treasures 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	10:00 Resident Choice/Leisure Activities: word search, puzzles, color project, TV favorites Day Room 2:00 Stretch and Stability 3:30 Sing-along with Roberta 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	10:00 Resident Choice 19 Activities: word search, puzzles, wood craft, color project, TV favorites Day Room 1:20 Afternoon Movie 3:30 Category Slideshow Trivia Oktoberfest Begins
9:30-11:00 Catholic Communion 1:20 Afternoon Movie 2:00 Chapel 3:30 Bible Trivia Game Yom Kippur Begins	20 10:45 Chair Yoga 1:20 Afternoon Movie 1:30 Taizé Service: Music and Meditation AUD 3:30 Catch Phrase Game 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	10:00 Hi Neighbor Visits 22 10:30 Chair One Fitness 11:30 Caramel Apple Cup Day (served at lunch) 2:00 Autumn Cooking Class 3:15 Patio Chat 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation Autumn Begins	10:45 Wednesday Workout 23 2:00 Stretch and Stability 3:30 Word in a Word Game 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	10:45 Be Fit Exercise 24 1:20 Afternoon Movie 3:30 Bingo 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	10:45 Friday Fitness 25 1:20 Afternoon Movie 1:30 Barnyard Animal Petting Zoo- outside founders' patio 3:30 Five Cards Up Game 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation Sukkot Begins	10:00 Resident Choice 26 Activities: word search, puzzles, wood craft, color project, TV favorites Day Room 1:20 Afternoon Movie 3:30 Learning 101: Queen Elizabeth Passenger Ocean Liner with Tea
9:30-11:00 Catholic Communion 1:20 Afternoon Movie 2:00 Chapel 3:30 The Tonight Show	27 10:45 Monday Move and Groove 2:00 Music with Patrick 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	10:45 Tuesday Tone-Ups 29 1:20 Afternoon Movie 3:30 Card Bingo 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	10:00 Hi Neighbor Visits 30 10:30 Wednesday Workout 2:00 Pokeno Game 3:15 Literary Corner: Little Women 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	September 2026 Sherwood Oaks Personal Care		