

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

August 2026

Sherwood Oaks Personal Care Activities

August 2026											10:00 Resident Choice Activities: word search, puzzles, wood craft, color project, TV favorites Day Room 1:20 Afternoon Movie 3:30 Rummikub Game	1	
Sherwood Oaks Personal Care Activities													
9:30-11:00 Catholic Communion 1:20 Afternoon Movie 2:00 Chapel 3:30 Card Games	2	10:00 Hi Neighbor Visits/Sports News 10:30 Chair One Fitness 2:00 Who Am I? 2:45 Yam Slam Game 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	3	10:00 Hi Neighbor Visits 10:30 Tuesday Tone-Ups 2:00 Chef's Corner-Chocolate Chip Cookie Day 3:00 Travel to Colorado 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	4	10:45 Wednesday Workout 2:00 Stretch and Stability 3:30 Outburst Game 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	5	10:45 Be Fit Exercise 1:20 Afternoon Movie 3:30 Intellectual Game Day: Quizzes/Famous Faces/August Quiz 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	6	10:45 Friday Fitness 2:00 Stretch and Stability 2:45 Lighthouse History 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	7	10:00 Resident Choice Activities: word search, puzzles, wood craft, color project, TV favorites Day Room 1:20 Afternoon Movie 3:30 Penny Ante Game	8
9:30-11:00 Catholic Communion 1:20 Afternoon Movie 2:00 Chapel 3:30 Word Puzzles and Riddles	9	10:45 Monday Move and Groove 1:20 Afternoon Movie 3:30 Travelogue: Missouri/Discussion/Travel Video 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	10	10:45 Tuesday Tone-Ups 1:20 Afternoon Movie 3:30 Color and Sip 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	11	10:45 Wednesday Workout 2:00 Stretch and Stability 3:00 Karaoke with Bill 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	12	10:45 Be Fit Exercise 1:20 Afternoon Movie 3:30 Farm to Table: Caprese Salad with SWO vegetables and herbs (resident grown) 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	13	10:00 Morning Mandalas 10:30 Friday Fitness 2:00 Summer Happy Hour-Music with the 2 Docs 3:30 Poetry Corner 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	14	10:00 Resident Choice Activities: word search, puzzles, wood craft, color project, TV favorites Day Room 1:20 Afternoon Movie 3:30 Quicktionary Game	15
9:30-11:00 Catholic Communion 1:20 Afternoon Movie 2:00 Chapel 3:30 Question Game: Which Rogers Am I?	16	10:00 Hi Neighbor Visits 10:30 Monday Move and Groove 2:00 Music Games 3:15 Patio Chat 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	17	10:00 This Day in History 10:30 Chair One Fitness 1:30 Shopping: Lobby Gift Shop 2:30 Top 10 Antique Roadshow Items 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	18	10:45 Wednesday Workout 2:00 Stretch and Stability 3:30 Rock around the Clock - Name that Rock Tune 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	19	10:30 Be Fit Exercise 11:00 Catholic Mass CR 2:30 Protestant Communion 3:30 Classical Music Day with Roberta: Debussy 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	20	10:45 Friday Fitness 2:00 Stretch and Stability 3:00 Phipps Flower Show/Monet in Bloom 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	21	10:00 Resident Choice Activities: word search, puzzles, wood craft, color project, TV favorites-Day Room 1:20 Afternoon Movie Sherwood Oaks Resident and Family Festival! 1-4 upper parking lot	22
9:30-11:00 Catholic Communion 1:20 Afternoon Movie 2:00 Chapel 3:30 UNO Game	23	10:45 Monday Move and Groove 1:20 Afternoon Movie 3:30 Ella Fitzgerald Music/Discussion 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	24	10:30 Tuesday Tone-Ups 1:20 Afternoon Movie 3:30 Dog Days of Summer/Breeds and Famous Dogs 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	25	10:00 Local News 10:30 Chair One Fitness 2:00 Stretch and Stability 2:45 "Hands" Creative Arts Project 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	26	10:00 Hi Neighbor Visits 10:30 Chair Yoga 2:00 Go Bananas! Banana Facts/Game/Treat 3:30 Patio Chat 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	27	10:45 Friday Fitness 1:20 Afternoon Movie 3:30 Send A Card Day 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	28	10:00 Resident Choice Activities: word search, puzzles, wood craft, color project, TV favorites- Day Room 1:20 Afternoon Movie 2:00-3:30 Music with Pine Creek Community Band	29
9:30-11:00 Catholic Communion 1:20 Afternoon Movie 2:00 Chapel 3:30 Sister Day Quotes/Famous Sisters	30	10:00 Hi Neighbor Visits 10:30 Monday Move and Groove 2:00 Fun Facts about Ocean Animals/Blue Hawaiian Mocktail 3:00 Resident Council Mtg. 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	31										

Activities are subject to change.