

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			10:00 Hi Neighbor Visits <b>1</b> 10:30 Wednesday Workout 1:45 Decorating Wheelchairs/Walker for parade- Bird Cage Lounge 2:00 Stretch and Stability-DR 2:45 <b>Karaoke with Bill</b> 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation <small>Canada Day</small>	10:45 Be Fit Exercise <b>2</b> 1:20 Afternoon Movie 1:30 <b>America 250 performance: Choir, Bells, Drama Club</b> -Auditorium 3:30 <b>"Firsts" in US of America</b> 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	10:30 Friday Fitness <b>3</b> 11:30 <b>Fourth of July Picnic/Music</b> - upper parking lot 2:00 Water Balloon Games-Patio 3:15 <b>US Presidents Quiz</b> 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	10:00 Resident Choice <b>4</b> Activities: word search, puzzles, wood craft, color project, TV favorites Day Room 1:20 Afternoon Movie 3:30 <b>Fourth of July Social and Patriotic Music</b>  <small>Independence Day (U.S.)</small>
9:30-11:00 Catholic Communion <b>5</b> 1:20 Afternoon Movie 2:00 Chapel 3:30 Parade Reminisce	10:45 Monday Move and Groove <b>6</b> 1:20 Afternoon Movie 3:30 Fun in the Sun/Trivia/Sun Facts/Sunny Delight Drink 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	10:45 Tuesday Tone-Ups <b>7</b> 1:20 Afternoon Movie 3:30 Aromatherapy Demonstration and Discussion 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	10:45 Wednesday Workout <b>8</b> 2:00 Stretch and Stability 2:00 <b>SWO Ukulele Group Sing-along</b> 3:00 Puzzle Palooza 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	10:00 Hi Neighbor Visits <b>9</b> 10:30 Be Fit Exercise 2:00 <b>America 250 Raffle Bingo Game</b> 3:15 All About "Bees" 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	10:30 Friday Fitness <b>10</b> 2:00 Stretch and Stability 2:00 <b>Pittsburgh Ballroom Dancers</b> - Auditorium 3:30 USA Travel: New York History/Discussion 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	10:00 Resident Choice <b>11</b> Activities: word search, puzzles, wood craft, color project, TV favorites Day Room 1:20 Afternoon Movie 3:30 Ed Sullivan Show Bird Cage Lounge
9:30-11:00 Catholic Communion <b>12</b> 1:20 Afternoon Movie 2:00 Chapel 3:30 Jeopardy Game	10:30 Monday Move and Groove <b>13</b> 1:20 Afternoon Movie 1:30 <b>Taizé Music/Meditation Service</b> Auditorium 3:30 Rivers of the World 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	10:00 Hi Neighbor Visits <b>14</b> 10:30 Tuesday Tone-Ups 1:30 <b>Monthly Shopping: Lobby Gift Shop</b> 2:30 Oscar Hammerstein Day 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation  <small>Bastille Day</small>	10:45 Wednesday Workout <b>15</b> 2:00 Stretch and Stability 3:30 Cat Lovers Day/Cat Craft 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	10:00 Hi Neighbor Visits <b>16</b> 10:30 Chair One Fitness 11:00 <b>Catholic Mass</b> CR 2:00 New York City in Literature 3:00 Name Five Game 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	10:45 Friday Fitness <b>17</b> 1:30 <b>Barnyard Animal Petting Zoo</b> -outside founders 2:00 Stretch and Stability 3:30 Number 1 Hits-First week in July from 1950-1980 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	10:00 Resident Choice <b>18</b> Activities: word search, puzzles, wood craft, color project, TV favorites Day Room 1:20 Afternoon Movie 3:30 Colonial America Trivia
9:30-11:00 Catholic Communion <b>19</b> 1:20 Afternoon Movie 2:00 Chapel 3:30 Word Challenge Game	10:45 Monday Move and Groove <b>20</b> 1:20 Afternoon Movie 2:00 <b>Dale Cinski, guitarist</b> Auditorium 3:30 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	10:45 Tuesday Tone-Ups <b>21</b> 1:20 Afternoon Movie 3:30 Famous Detectives/Real Life and TV 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	10:45 Wednesday Workout <b>22</b> 2:00 Stretch and Stability 3:30 Jeopardy Day/Question Ball 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	10:45 Be Fit Exercise <b>23</b> 1:30 Protestant Communion 2:00 <b>Happy Hour with Gene</b> 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	10:45 Friday Fitness <b>24</b> 2:00 Stretch and Stability 3:30 The Year 1966 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	10:00 Resident Choice <b>25</b> Activities: word search, puzzles, wood craft, color project, TV favorites Day Room 1:20 Afternoon Movie 3:30 Hope Diamond Talk Bird Cage Lounge
9:30-11:00 Catholic Communion <b>26</b> 1:20 Afternoon Movie 2:00 Chapel 3:30 Name The Song	10:30 <b>Resident Council Meeting</b> <b>27</b> 1:20 Afternoon Movie 3:30 Pokeno Game 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	10:00 Hi Neighbor Visits <b>28</b> 10:30 Tuesday Tone-Ups 2:00 Sculpting Project 3:30 Ship Shape Day 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	10:30 Wednesday Workout <b>29</b> 2:00 Stretch and Stability 3:30 Frank Sinatra: The Man The Music 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	10:30 Be Fit Exercise <b>30</b> 1:20 Afternoon Movie 3:30 Sculpture Painting 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	10:00 Hi Neighbor Visits <b>31</b> 10:30 Friday Fitness 2:00 Stretch and Stability 2:45 Education 101: All About Bees 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	

Activities are subject to change