

“For Your Information”

(A periodic publication by Sherwood Oaks)

May 8, 2026

Mother’s Day

Mother’s Day hours on Sunday, May 10 are as follows:



Main Dining Room

Lunch – 11:30 a.m. – 1:30 p.m.

(Reservations are full – call ext. 8234 to be added to the waiting list)

Dinner – Closed

Meal deliveries will occur between 11:30 a.m. – 12:30 p.m.

Café

Breakfast – 8-10:30 a.m.

Lunch & Dinner – Closed

Take-out meals available at the Café counter from 11:30 a.m. – 1:30 p.m.

Note: The AA menu is not available.

Reception Desk

8 a.m. to 4 p.m.

Speech Language Pathologist

May is National Speech-Language-Hearing Month! Colleen Egbuna, a speech-language pathologist (SLP) with UPMC Senior Communities/HealthPRO Heritage, is using the annual occasion to share practical strategies for caregivers supporting people with communication disorders, along with signs that it may be time to seek professional help.

Communication is central to daily life - from expressing basic wants and needs to reading the news, writing a note, or sharing meaningful moments with family and friends. But when someone has a speech, language, or cognitive disorder, these everyday interactions can become challenging, both for the person and for others who are close to them.

Although communication disorders are quite common, many people do not know where to turn for help, or that help exists at all. There’s not much more fundamental to a person’s quality of life than their ability to communicate. Working with a speech-language pathologist can make a tremendous difference, not just for people with communication challenges, but for their caregivers and care partners as well.

If you would like a consultation with Colleen, please see a medical provider for an SLP prescription, then schedule an appointment by calling ext. 8478.

Taizé Service

The second Taizé Service will be held on Monday, May 11 at 1:30 p.m. in the Auditorium. This ecumenical service encourages worshippers to use prayer, readings, simple chants from the Taizé community in France, and silence to become closer to God. It lasts about 45 minutes. A packet of materials will be provided. All are invited!

Musical Program

Join Roberta Breninghouse and her team in the Auditorium and Card Room on Wednesday, May 13 for an afternoon of music with Dale Cinski. Dale is a lifelong musician and guitarist with over four decades of performing experience. He is known for his work in both live performances and educational outreach and has been active in the music scene for more than 40 years, building a reputation for engaging audiences and sharing the artistry of the acoustic guitar.

New Menus

Dining Services is excited to announce our new Spring/Summer menu beginning May 24. This seasonal refresh will feature new flavors inspired by seasonal products, along with many of the favorites you already know and enjoy. We look forward to sharing these new offerings with you!