

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# May 2026

## Sherwood Oaks Oak Grove

						9:30 Visits/Chronicles 1 10:00 Fun and Fitness 1 10:45 Fun and Fitness 2 1:30 May Day and Kentucky Derby/Mint Julips 1 2:45 May Day and Kentucky Derby/Mint Julips 2  May Day	10:00 Fitness Fun 1 10:45 Fitness Fun 2 2:00 Afternoon Movie 1 2:00 Afternoon Movie 2
10:00 Sunday Stretch and Singing 1 10:45 Sunday Stretch and Singing 2 2:00 Afternoon Movie 1 2:00 Afternoon Movie 2	9:30 Visits/Chronicles 4 10:00 Fun and Fitness 1 10:45 Fun and Fitness 2 1:30 World Space Day 1 2:45 World Space Day 2	9:30 Visits/Chronicles 5 10:00 Fun and Fitness 1 10:45 Fun and Fitness 2 1:30 <b>Cinco De Mayo</b> Social 1 2:45 <b>Cinco De Mayo</b> Social 2  Cinco de Mayo	9:30 Visits/Chronicles 6 10:00 Fun and Fitness 1 10:45 Fun and Fitness 2 1:30 Men's Group: Stadium Tours 1 2:00 What Are They Thinking? Puppy Faces 1 2:45 Reminisce/Sensory: Jewelry Box Theme 2	9:30 Visits/Chronicles 7 10:00 Fun and Fitness 1 10:45 Fun and Fitness 2 1:30 Creative Craft Corner and Musical Melodies 1 2:45 Creative Craft Corner and Musical Melodies 2	9:30 Visits/Chronicles 8 10:00 Fun and Fitness 1 10:45 Fun and Fitness 2 1:30 Song Pictionary Game 1 2:45 Song Pictionary Game 2	9:30 Visits/Chronicles 9 10:00 Popcorn Toss Exercise Game 1 10:45 Popcorn Toss Exercise Game 2 2:00 Afternoon Movie 1 2:00 Afternoon Movie 2	
10:00 Fitness and Mother's Day Reminisce 1 10:45 Fitness and Mother's Day Reminisce 2 2:00 Afternoon Movie 1 2:00 Afternoon Movie 2  Mother's Day National Skilled Nursing Care Week	9:30 Visits/Chronicles 11 10:00 Fun and Fitness 1 10:45 Fun and Fitness 2 1:30 Outside Patio Chat and Games 1 2:45 Outside Patio Chat and Games 2	9:30 Visits/Chronicles 12 10:00 Fun and Fitness 1 10:45 Fun and Fitness 2 1:30 Card Creations /Nurses Appreciation Week 1 2:45 Card Creations /Nurses Appreciation Week 2	9:30 Visits/Chronicles 13 10:00 Fun and Fitness 1 10:45 Fun and Fitness 2 1:30 Chef's Corner 1 2:45 Chef's Corner 2	9:30 Visits/Chronicles 14 10:00 Fun and Fitness 1 10:45 Fun and Fitness 2 1:30 <b>Making Flower Arrangements</b> and Flower Superstitions/Myths 1 2:45 <b>Making Flower Arrangements</b> and Flower Superstitions/Myths 2	9:30 Visits/Chronicles 15 10:00 Fun and Fitness 1 10:45 Fun and Fitness 2 1:30 <b>Music with Roberta</b> 1 1:30 Candy Bar Bingo 2 2:30 <b>Music with Roberta</b> 2 2:30 Candy Bar Bingo 1	10:00 Fitness Fun 1 10:45 Fitness Fun 2 2:00 Afternoon Movie 1 2:00 Afternoon Movie 2  Armed Forces Day	
10:00 Sunday Stretch and Devotional 1 10:45 Sunday Stretch and Devotional 2 2:00 Afternoon Movie 1 2:00 Afternoon Movie 2	9:30 Visits/Chronicles 18 10:00 Fun and Fitness 1 10:45 Fun and Fitness 2 1:30 Victoria Day/ Fans and Vintage Tea Pots 1 2:45 Victoria /Fans and Vintage Tea Pots 2  Victoria Day (Canada)	9:30-10:00 Visits/Chronicles 19 10:00 Fun and Fitness 1 10:45 Fun and Fitness 2 1:30 <b>Stretch and Stability</b> 1 1:30 Chef's Corner 2 2:45 Chef's Corner 1	9:30 Visits/Chronicles 20 10:00 Fun and Fitness 1 10:45 Fun and Fitness 2 1:30 <b>Karaoke with Bill and Jim</b> 1,2 3:00 Puzzle Table 1 3:30 <b>Ukulele Music Sing Along</b> 2	9:30-10:00 Visits/Chronicles 21 10:00 Fun and Fitness 1 10:45 Fun and Fitness 2 1:30 <b>Stretch and Stability</b> 1 2:00 Painting Suncatchers 2 3:00 Painting Suncatchers 1  Shavuot Begins	9:30 Visits/Chronicles 22 10:00 Fun and Fitness 1 10:45 Fun and Fitness 2 1:30 Music Appreciation: The Rat Pack 1 2:45 Music Appreciation: The Rat Pack 2	10:00 Balloon Volley 1 10:45 Balloon Volley 2 2:00 Afternoon Movie 1 2:00 Afternoon Movie 2	
10:00 Movement to Music and Devotional 1 10:45 Movement to Music and Devotional 2 2:00 Afternoon Movie 1 2:00 Afternoon Movie 2	9:30 Visits/Chronicles 25 10:00 Fun and Fitness 1 10:45 Fun and Fitness 2 1:30 Patio Games/Music and Lemonade 1 2:45 Patio Games /Music and Lemonade 2  Memorial Day	9:30-10:00 Visits/Chronicles 26 10:00 Fun and Fitness 1 10:45 Fun and Fitness 2 1:30 <b>Stretch and Stability</b> 1 1:30 Music Bingo 2 2:45 Pittsburgh Day Activities 1	9:30 Visits/Chronicles 27 10:00 Fun and Fitness 1 10:45 Fun and Fitness 2 1:30 Music Bingo 1 2:45 Pittsburgh Day 2 3:30 <b>Ukulele Music Sing Along</b> 1	9:30-10:00 Visits/Chronicles 28 10:00 Fun and Fitness 1 10:45 Fun and Fitness 2 1:30 <b>Stretch and Stability</b> 1 2:00 <b>Vintage Variety Show</b> 1,2 3:30 Finish the Lines 2	9:30 Visits/Chronicles 29 10:00 Fun and Fitness 1 10:45 Fun and Fitness 2 1:30 Craft Corner 1 2:45 Craft Corner 2	10:00 Fitness Fun 1 10:45 Fitness Fun 2 2:00 Afternoon Movie 1 2:00 Afternoon Movie 2	
10:00 Fitness Fun and Good News Stories 1 10:45 Fitness Fun and Good News Stories 2 2:00 Chapel 2:00 Afternoon Movie 1 2:00 Afternoon Movie 2							

Activities are subject to change