

“For Your Information”

(A periodic publication by Sherwood Oaks)

April 10, 2026

Senior Director Update – from Mark Bondi

Last week Jim Pieffer, President & CEO, Presbyterian SeniorCare Network, announced that Mark Nord was appointed as Senior Director when I retire in May. Many of you have come to know Mark Nord during his five years at Sherwood Oaks as the Skilled Nursing Administrator, but we wanted to share a bit more about his background and professional journey.

Educational Background

- **MBA**, Robert Morris University
- **Bachelor of Science**, Grove City College
 - Concentrations in Business, Computer, and Financial Management

Professional Licensure

- **Licensed Nursing Home Administrator**, Commonwealth of Pennsylvania

Work Experience

- **Software Engineer** (1999–2004)
- **Assistant Administrator** (2005–2006)
- **Administrator** (2013–2021)
- **Administrator, Sherwood Oaks** (2021–2026)

Mark’s blend of technical expertise, leadership experience, and deep commitment to senior living has been an invaluable asset to our community. Please join me in congratulating Mark as the new Senior Director.

Retirement Reception

Join us on Thursday, April 23 in the Card Room from 1:00-2:30 p.m. to celebrate Mark Bondi’s years of service and to say farewell. Mark’s last day of work will be May 1. Please note: as a Presbyterian SeniorCare Network employee, he is not permitted to accept any gifts of any kind.

Service Dogs

We recently had questions regarding our policy on service animals (dogs) on campus, specifically in dining areas. Service animals are permitted everywhere on the campus, as regulated by the Americans with Disabilities Act (ADA).

The ADA’s definition of a service animal is an animal that is individually trained to perform specific tasks or work for the benefit of a person with a disability. The tasks performed must be directly related to the person’s disability, such as guiding a person who is blind, alerting a person who is deaf, pulling a wheelchair, or providing seizure response. Emotional support animals and pets do not meet the definition of a “service animal”.

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Dining Reminder

We love seeing all the new faces in the dining room and wanted to take the opportunity to remind current and newly moved-in residents (and guests) that the staff cannot substitute items on the meal plans. Please see section 5.2 from the Resident Handbook.

5.2 Meal Options

This option for both meal plans in the Dining Room includes:

- **Soup** – One serving of soup
- **Salad** – as much as you want to eat during your meal - All items on the salad bar are included in the salad but cannot be packed “to go.”
- **Entrée** – One main entrée with three sides of your choice - *Café menu not available*
- **Dessert** – One dessert choice from one of the following: menu dessert, cookie of the day, whole or fresh cut fruit, ice cream or sherbet
- **Beverages** – All beverages are included. Beverages cannot be packed “to-go.”

There are no substitutions permitted between meal categories. For example, two desserts may not be exchanged for one soup.

Occupational Therapy

April is Occupational Therapy (OT) month! Thank you Lynn Vissotski, OTR/L and Amy Fitsko, COTA/L for your dedication to solving everyday problems for campus residents toward living fuller lives at Sherwood Oaks. OT can help you participate in life activities (occupations) and provide recommendations for:

- Activities of daily living (such as bathing, dressing, and eating)
- Adaptive equipment (such as shower chairs, or equipment designed to make daily tasks easier)
- Caregiver and family training
- Planning and making the most of daily routines
- Returning to work, volunteer, and leisure activities
- Techniques to aid in memory, concentration, and executive functioning (e.g., planning and prioritizing, functional cognition)
- Falls prevention and home safety and accessibility
- Low vision adaptations
- Scooter and wheelchair mobility

In order to access Lynn and/or Amy’s care, please see a medical provider for an OT prescription, then schedule a consultation by calling ext. 8478.

Trillium

It’s Trillium time! Stop by the North Woods (by Parking Lot I) to see the different varieties that are blooming daily.

Emergency Contacts – IL Residents

Please notify the Medical Office and Community Nursing Department if you update your emergency contacts. This information is very important for your files. Please note that we are unable to give out medical information to anyone other than your emergency contacts and/or medical power of attorney due to privacy laws.