

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00 Music and Movement 1 1 10:45 Music and Movement 2 2:00 Afternoon Movie 1 2:00 Afternoon Movie 2	9:30 Visits/Chronicles 2 10:00 Fun and Fitness 1 10:45 Fun and Fitness 2 1:30 Reminisce: "Old Stuff Day" 1 2:45 Match Pictures and Songs Game 2  Purim Begins	9:30-10:00 Visits/Chronicles 3 10:00 Fun and Fitness 1 10:45 Fun and Fitness 2 1:30 <b>Stretch and Stability</b> 1 1:30 Reminisce: "Old Stuff Day" 2 2:45 Match Pictures and Songs Game 1	9:30 Visits/Chronicles 4 10:00 Fun and Fitness 1 10:45 Fun and Fitness 2 1:30 <b>Lucky Bingo</b> 1 2:45 St. Patrick's Day Craft 2	9:30-10:00 Visits/Chronicles 5 10:00 Fun and Fitness 1 10:45 Fun and Fitness 2 1:30 <b>Stretch and Stability</b> 1 1:30 Lucky Bingo 2 2:45 St. Patrick's Day Craft 1	9:30 Visits/Chronicles 6 10:00 Fun and Fitness 1 10:45 Fun and Fitness 2 2:00 <b>Music with Gene</b> 1 All residents welcome and will be escorted to OG 1 3:15 Picture Topic Card Game 2	10:00 Fitness Fun with Beatles Music 1 10:45 Fitness Fun with Beatles Music 2 2:00 Afternoon Movie 1 2:00 Afternoon Movie 2
10:00 Balloon Volley 1 10:45 Balloon Volley 2 2:00 Afternoon Movie 1 2:00 Afternoon Movie 2  Daylight Saving Time Begins	9:30 Visits/Chronicles 9 10:00 Fun and Fitness 1 10:45 Fun and Fitness 2 1:30 Teatime/Trivia of Famous Couples 1 2:45 Teatime/Trivia about Famous Couples 2	9:30-10:00 Visits/Chronicles 10 10:00 Fun and Fitness 1 10:45 Fun and Fitness 2 1:30 <b>Stretch and Stability</b> 1 1:30 Phone Booth/Phones Trivia and Music 2 2:45 Phone Booth/Phones Trivia and Music 1	9:30 Visits/Chronicles 11 10:00 Fun and Fitness 1 10:45 Fun and Fitness 2 1:30 Clover Art Project 1 2:45 Clover Art Project 2	9:30-10:00 Visits/Chronicles 12 10:00 Fun and Fitness 1 10:45 Fun and Fitness 2 1:30 <b>Stretch and Stability</b> 1 1:30 Hollywood Stars Bingo Game 2 2:45 Hollywood Stars Bingo Game 1	9:30 Visits/Chronicles 13 10:00 Fun and Fitness 1 10:45 Fun and Fitness 2 1:30 Sing the Next Line Game 1 2:45 Sing the Next Line Game 2	10:00 Saturday Stretch and 50's Music 14 10:45 Saturday Stretch and 50's Music 2:00 Afternoon Movie 2:00 Afternoon Movie
10:00 Sing-along Exercise 1 10:45 Sing-along Exercise 2 2:00 Afternoon Movie 1 2:00 Afternoon Movie 2	9:30 Visits/Chronicles 16 10:00 Fun and Fitness 1 10:45 Fun and Fitness 2 1:30 Irish Music sing-along with Roberta 1 1:30 Shamrock Card Creations 2 2:30 Irish Music Sing-along with Roberta 2 2:30 Shamrock Card Creations 1	9:30-10:00 Visits/Chronicles 17 10:00 Fun and Fitness 1 10:45 Fun and Fitness 2 1:30 Irish <b>Pub Crawl</b> : A wee bit of Ireland today 2 2:45 <b>Irish Pub Crawl</b> : A wee bit of Ireland today 1  St. Patrick's Day	9:30 Visits/Chronicles 18 10:00 Fun and Fitness 1 10:45 Fun and Fitness 2 1:30 <b>Karaoke with Bill</b> 1 all residents welcome staff will escort you 3:00 Hi Neighbor! (visits) 1 3:30 <b>Ukulele Music Sing Along</b> 2	9:30-10:00 Visits/Chronicles 19 10:00 Fun and Fitness 1 10:45 Fun and Fitness 2 1:30 <b>Stretch and Stability</b> 1 1:30 Name that Song 2 2:45 Let's Go to the Oscars Movie Stars and More 1	9:30 Visits/Chronicles 20 10:00 Fun and Fitness 1 10:45 Fun and Fitness 2 1:30 First Day of Spring Activities 1 2:45 First Day of Spring Activities 2  Spring Begins	10:00 ABC Fitness 1 10:45 ABC Fitness 2 2:00 Afternoon Movie 1 2:00 Afternoon Movie 2
10:00 Scarf Exercise 1 10:45 Scarf Exercise 2 2:00 Afternoon Movie 1 2:00 Afternoon Movie 2	9:30 Visits/Chronicles 23 10:00 Fun and Fitness 1 10:45 Fun and Fitness 2 1:30 Creative Art Corner: Famous Artists project 1 2:45 <b>Making Pies</b> 2	9:30-10:00 Visits/Chronicles 24 10:00 Fun and Fitness 1 10:45 Fun and Fitness 2 1:30 <b>Stretch and Stability</b> 1 1:30 <b>Making Pies</b> 2 2:45 Creative Art Corner: Famous Artists project 1	9:30 Visits/Chronicles 25 10:00 Fun and Fitness 1,2 10:30 Finishing Game 1,2 1:30 Rainbow Craft 1 1:30 Crafts with Nancy 2 1:30 Springtime Songs 2 3:30 <b>Ukulele Music Sing Along</b> 1 3:30 Let's Sing! 2 4:45 <b>Pizza Dinner</b> 1,2 6:00 <b>Movie</b> 1,2	9:30-10:00 Visits/Chronicles 26 10:00 Fun and Fitness 1 10:45 Fun and Fitness 2 1:30 <b>Stretch and Stability</b> 1 1:30 Rainbow Craft 2 2:45 Springtime Songs 1	9:30 Visits/Chronicles 27 10:00 Fun and Fitness 1 10:45 Fun and Fitness 2 1:30 <b>Bingo</b> 1 2:45 <b>Bingo</b> 2	10:00 Country Music Fitness 28 10:45 Country Music Fitness 2 2:00 Afternoon Movie 1 2:00 Afternoon Movie 2
10:00 Story Circle and Stretch 1 10:45 Story Circle and Stretch 2 1:30 Hymn Sing with Roberta 1 2:45 Hymn Sing with Roberta 2  Palm Sunday	9:30 Visits/Chronicles 30 10:00 Fun and Fitness 1 10:45 Fun and Fitness 2 1:30 <b>Chef's Corner</b> : Making Shamrock Shakes and Irish Music 1 2:45 <b>Chef's Corner</b> : Making Shamrock Shakes and Irish Music 2	9:30-10:00 Visits/Chronicles 31 10:00 Fun and Fitness 1 10:45 Fun and Fitness 2 1:30 <b>Stretch and Stability</b> 1 1:30 Threading Cards Project 2 2:45 Threading Cards Project 1	<h1>March 2026</h1> <h2>Sherwood Oaks Oak Grove</h2>			

Activities are subject to change