

“For Your Information”

(A periodic publication by Sherwood Oaks)

March 6, 2026

Swimming Pool Closure

The swimming pool and hot tub closed on March 3 for renovations to the deck areas. Renovations are expected to last up to 2 weeks. See channel 950 for updated slides.

Daylight Savings Time

Spring is almost here! Remember to turn your clocks ahead one hour on Saturday night, March 7, before you go to bed.

March is National Nutrition Month

Celebrate with us by stopping by our “So Good” table on Tuesday, March 10, just outside of the Cafe, where we'll be featuring delicious kiwi products. Did you know kiwi may be small, but it's full of superpowers? This tiny fruit is packed with vitamin C to help support a strong immune system and keep you feeling your best. It's also a natural little energy boost for your day. Join us to sample kiwi inspired items and pick up helpful nutrition tips designed especially for seniors.

WQED Educational Presentation

David Solomon, WQED, will be here on Tuesday, March 10 to speak about CRESSON: Remembering life at The San. The San is the tuberculosis sanatorium and prison in Cresson, Pennsylvania. It closed in 1964, but former patients are still haunted by their experiences. The presentation begins at 2:00 p.m. in the Auditorium and Card Room.

Community Club of Sherwood Oaks

The Community Club is available to individuals who are on the Sherwood Oaks waitlist and have paid a deposit. Established in 2025, the Club offers select amenities to its participants and serves as an important marketing resource for our community. We hope our current residents will extend their warm and welcoming spirit to these future neighbors, who may occasionally be seen throughout the community.

SORA Activities Fair

Just a reminder that the SORA Activities Fair will be held on Tuesday, March 24 from 1:00 – 4:00 p.m. in the Auditorium and Card Room. This is a great time to learn about the various committees and activities (over 30!) - for the residents by the residents.

Easter Morning Service

Rev. Jean Henderson will conduct an Easter morning service on Sunday, April 5 at 8:00 a.m. at the Pavilion at Sherwood Oaks Park. A coffee social will be held immediately after the service. Transportation to the park will begin at 7:30 a.m. Return trips are between 8:40 a.m. - 9:30 a.m. If you would like to join the set up and decorating group, contact Kate Donovan at ext. 8293.

Sound System Update

The sound system replacement in the Auditorium & Card Room is scheduled for April 9 & 10. Training will be conducted with the staff and residents who frequently use the system.