

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2026

Sherwood Oaks Skilled Nursing

9:30-11:00 Catholic Communion 2:00 Chapel 3:00 You Be the Judge Game 6:15 Evening Movie 8:20 Steelers vs Ravens Football Game	4	9:45 Morning Greetings 10:00 Stretching 2:00 Music with Roberta 6:15 Evening Movie	5	9:45 Morning Greetings 10:00 Stretching 2:00 Music Pictionary Game 6:15 Evening Movie	6	9:45 Morning Greetings 10:00 Chair One Fitness 2:00 Winter Pictionary Game 3:00 Ukulele Music Sing-along 6:15 Evening Movie	7	9:45 Morning Greetings 10:00 Stretching 2:00 Dessert Social 6:15 Evening Movie	8	9:45 Morning Greetings 10:00 Morning Music with Gene Testa 2:00 Pokeno Game 6:15 Evening Movie	9	10:00 Resident Leisure Activities: Word Searches, Puzzles, Crafts, TV Favorites Lake Lounge 2:00 Making a Victorian Fan 6:15 Evening Movie	10
9:30-11:00 Catholic Communion 2:00 Chapel 3:00 Penny Ante Game 6:15 Evening Movie	11	9:45 Morning Greetings 10:00 Music and Movement 2:00 Winter Tea Social/Classical Music 6:15 Evening Movie	12	9:45 Morning Greetings 10:00 Stretching 2-4 Shopping: Lobby Gift Shop- staff will escort you 6:15 Evening Movie	13	9:45 Morning Greetings 10:00 Fun and Fitness 2:00 Pour and Paint 6:15 Evening Movie	14	9:45 Morning Greetings 10:00 Music and Movement 11:00 Catholic Mass 1:30 Protestant Communion 2:00 Snowman Garland 6:15 Evening Movie	15	9:45 Morning Greetings 10:00 Stretching 2:00 Music with Roberta 6:15 Evening Movie	16	10:00 Resident Leisure Activities: Word Searches, Puzzles, Crafts, TV Favorites Lake Lounge 2:00 Outburst Game 6:15 Evening Movie	17
9:30-11:00 Catholic Communion 2:00 Chapel 3:00 Shake Loose a Memory Game 6:15 Evening Movie	18	9:45 Morning Greetings 10:00 Stretching 2:00 Day of Service: Activities with Seneca Valley Teachers 6:15 Evening Movie Martin Luther King Jr. Day	19	9:45 Morning Greetings 10:00 Tuesday Tone-Ups 2:00 Resident Council 2:30 Watercolor Painting Project 6:15 Evening Movie	20	9:45 Morning Greetings 10:00 Chair One Fitness 2:00 Rummicub Game 6:15 Evening Movie	21	9:45 Morning Greetings 10:00 Stretching 2:00 Music Trivia 6:15 Evening Movie	22	9:45 Morning Greetings 10:00 Fun and Fitness 2:00 Card Bingo 6:15 Evening Movie	23	10:00 Resident Leisure Activities: Word Searches, Puzzles, Crafts, TV Favorites Lake Lounge 2:00 Dear Aunt Agony Laughter Game 6:15 Evening Movie	24
9:30-11:00 Catholic Communion 2:00 Chapel 3:00 Jeopardy Game 6:15 Evening Movie	25	9:45 Morning Greetings 10:00 Music and Movement 2:00 Victor Borge Day 6:15 Evening Movie Australia Day (Observed)	26	9:45 Morning Greetings 10:00 Stretching 2:00 Winter Music Scenes 6:15 Evening Movie	27	9:45 Morning Greetings 10:00 Fun and Fitness 2:00 Moose on the Loose Cookies 6:15 Evening Movie	28	9:45 Morning Greetings 10:00 Stretching 2:00 Music Appreciation 6:15 Evening Movie	29	9:45 Morning Greetings 10:00 Chair One Fitness 2:00 Valentine's Day Craft 6:15 Evening Movie	30	10:00 Resident Leisure Activities: Word Searches, Puzzles, Crafts, TV Favorites Lake Lounge 2:00 Valentine's Day Craft 6:15 Evening Movie	31

Activities are subject to change