

# ***“For Your Information”***

(A periodic publication by Sherwood Oaks)

**January 22, 2026**

## **Weekend Weather**

We've made arrangements for staff to stay overnight on the campus this weekend as we monitor the approaching weather. We ask that you take the bus to the Center. However, if you decide to drive to the Center, we ask that you park your vehicle so it does not hang over the sidewalk. This will ensure that the sidewalks are completely cleared of snow and/or ice.

- With frigid temperatures expected, a reminder for emergency heat is as follows:
  - ✓ Turn on “Emergency Heat/Auxiliary Heat” when the outside temperature is expected to be below 35 degrees.
  - ✓ Turn back to “Heat” when the outside temperature rises above 35 degrees.

Please note that this only pertains to patio homes 101-360. The lakeside apartment and patio home 600 residents will adjust the thermostat in their homes as normal.

- We suggest calling the Café (8236) Sunday and Monday to ensure they are open for full service.
- We also suggest making sure your scooters are plugged in and/or fully charged.

## **Temporary Lights**

Temporary lights are being installed today along a section of the covered walkway near the Pembroke patio homes. These temporary lights are needed as the permanent repair requires coordination with Penn Power and an electrical contractor. The permanent repair will also require a shutdown of power in some areas of the campus while the repair is made. We will notify everyone in advance before any planned shutdown.

## **Transportation Home from Local Hospitals**

Sherwood Oaks' security department offers return trips from local hospitals weekdays from 8:00 a.m. to 5:00 p.m., depending on staffing availability and medical needs. During off hours, when a resident is discharged from UPMC Cranberry or UPMC McCandless emergency room, and need a return trip to Independent Living, a "Cab Slip" can be requested from the discharge nurse. Cab Slips are available free of charge. The hospitals use a third-party provider called "Z-Trip" for this service. Health Center residents typically need to be returned via ambulance or wheelchair van. In this case, the discharge planner would coordinate transportation because a security vehicle and/or the “Z-trip” may not be an option.

## **Annual Ambulance Fee**

The 2026 Cranberry Ambulance membership fee will be billed to residents on the February 1 statement at \$30 for a single resident and \$40 per couple, consistent with prior years. Cranberry Township EMS offers a \$50 flat fee for emergency transportation to the hospital for their members. Residents may be subject to other fees if transported for non-emergency events and/or transportation back to Sherwood Oaks from a hospital. Brochures have been provided by Cranberry EMS with additional information concerning what your membership includes. Copies can be picked up at the Reception Desk. If you receive an invoice and have questions about the charges, please contact Belle Hall in the Billing Office at ext. 8466.

Please note, when Sherwood Oaks calls 911, Cranberry Ambulance may request that another ambulance service, such as McCandless or Harmony EMS, come to the campus to provide help. Staff will not know which ambulance company is coming until they enter the gate.

## **End of Year Letters**

The 2025 prepaid medical expense deduction letters and end of year tax letters for Sherwood Oaks and The Sherwood Oaks Fund will be distributed as soon as possible after January 31. If you have any questions, please contact Tabby Alford at ext. 8460.

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## **2026 Health Insurance Cards**

Do you have new or updated health insurance coverage for 2026? If so, the business office, medical office and community nursing department will need copies of the front and back of your health insurance cards, as well as Medicare cards, showing the ID number. Please bring your new cards to the reception desk between the hours of 12:00 p.m.-7:00 p.m. so they can be copied (free of charge) and distributed to the business office, medical office, and community nursing department. We ask that ALL residents participate in this effort to ensure that your medical claims are processed and paid quickly and efficiently. Please provide by February 13. You are welcome to contact Belle Hall at ext. 8466 if you need further information.

A copy will also be given to you. We ask that you place your copy on your refrigerator with your emergency sheet so that it can be accessed quickly by EMT personnel if necessary. If you do not have an Emergency Medical Information Sheet, please contact Community Nursing at ext. 8496.

## **Channel 950 Slide Request Forms**

A friendly reminder from the Sherwood Oaks App team that a Channel 950 Slide Request Form must be filled out if you need a slide created for a meeting, event, gathering, etc. Room reservation forms do not provide enough detailed information for them to complete a slide. The reception desk staff will automatically hand you the request form to fill out to you if you circle “Yes” on a room reservation form requesting a slide. Blank forms are also available on the SOapp "FORMS" module. Completed slide request forms should go into the SOapp cubby hole in the mailroom.

## **Recipes From Home – We Need YOU!**

Do you have a favorite recipe you love to share? Dining Services would love to feature your recipe in an upcoming spotlight! Recipe cards are available just outside the dining room — simply fill one out and drop it off. Let’s celebrate the wonderful dishes that feel like home.

## **Early Valentine’s Celebration**

Join us on Thursday, February 12 at 1:00 p.m. in the Cranberry Lake Grill for a “sweet” early Valentine’s Day celebration! We’ll decorate sugar cookies to eat or take home, learn about heart health from our Registered Dietitian, and enjoy light snacks and refreshments. Space is limited, so please call Amanda Anthony at ext. 8495 to RSVP.

## **Birthday Celebration**

Join us in the Main Dining Room on Wednesday, January 28 to play “Clue” and solve the murder of Mr. Sterling Silver. The murder mystery menu includes split pea soup, vichyssoise, sweet & sour chili meatballs, garlic butter cod filets, vegetable spring rolls, chicken parmesan, honey mustard potatoes, grilled vegetable blend, sauteed spinach, blueberry cheesecake and a blondie bar.

Due to the popularity of our themed events, we highly recommend you make a reservation for lunch and/or dinner in the Dining Room by calling ext. 8234 – with your name, number of people in your party and reservation time. Make sure you speak to all the suspects for clues. Expect secrets, surprises, and suspicious behavior from everyone involved. Warning: trust no one.

