

“For Your Information”

(A periodic publication by Sherwood Oaks)

December 2, 2025

Cold Weather

Patio homes 101-360 use heat pumps as the heating source. For best heat pump efficiency:

- ✓ Turn on “Emergency Heat/Auxiliary Heat” when the outside temperature is expected to be below 35 degrees.
- ✓ Turn back to “Heat” when the outside temperature rises above 35 degrees.

The lakeside apartment and patio home 600 residents have traditional furnaces and baseboard heat and will adjust the thermostat in their homes as normal.

Also, independent living residents in 101-360, 600s and 700s are asked to barely let your faucets drip to help prevent water pipes from freezing in your homes.

Contact maintenance at ext. 8477 if you need assistance.

Medicare

A great resource for Medicare information is the US Government publication “Medicare and You 2026”. The back cover lists the number for Pennsylvania Medicare Education and Decision Insight (PA MEDI) number 1-800-783-7067.

Package Delivery Awareness

We are entering a very busy holiday season and are seeing an increase in packages delivered to the campus. All packages for Independent Living (IL), Personal Care (PC), Skilled Nursing (SN) and Oak Grove (OGC) residents that are delivered by the US Post Office come to the Reception Desk to be sorted and logged in. This includes some, but not all, Amazon packages. Packages delivered by FedEx, UPS, and private Amazon drivers for patio homes 101-360, 711-739 and 601-619 are given a map at the gatehouse and are directed to your home. Several companies are now using third party delivery drivers who do not always follow these directions. This is resulting in packages being left on benches, sidewalks, and other areas on the campus. If you see a package(s) on a bench, sidewalk, or outside an empty unit, please contact Security at ext. 8155. They will retrieve it and take it to the correct location. If your package is delivered to the wrong area (or missing), we encourage you to call the company and complain.

Gifts and Tipping

The holiday season is here, and I wanted to remind you that Sherwood Oaks has a policy prohibiting residents and guests from tipping employees or giving them individual gifts. Each employee receives an appreciation gift from the residents every December.

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Birthday Celebration

Brrr...Baby its Cold Outside! Bundle up and make your way to the Main Dining Room on Wednesday, December 10. Our cold weather comfort menu includes matzo ball soup, cream of tomato soup, grilled cheese sandwiches, turkey meatloaf, beef stew, chicken and stuffing casserole, mashed potatoes, zucchini, carrots, s'mores lava cake and bourbon bread pudding.

Due to the popularity of our themed events, we highly recommend you make a reservation for lunch and/or dinner in the Dining Room by calling extension 8234 – with your name, number of people in your party and reservation time.

Upcoming Holiday Happenings

- ✓ **Eggnog Party ~ Friday, December 5 – 4:30-6:00 p.m.** - Card Room, Lobby, & Auditorium
 - This is a resident only event. Transportation will run continuously to/from the Center from 4:00-6:30 p.m. The Dining Room and Café are closed this evening for dinner. Dinner meal pickups are available at the Café counter from 4:30-6:00 p.m. with a limited menu.
- ✓ **Chorus/Bell Holiday Concert ~ Wednesday, December 10 – 4:00 p.m.** - Auditorium
- ✓ **Employee Holiday Party ~ Thursday, December 11 – 11:00 a.m.-2:30 p.m.**
 - The Main Dining Room will be closed for Lunch.
 - The Café will be open for lunch and meal pick-ups with a limited menu. The Dining Room will reopen for dinner with the regular menu of the day.
- ✓ **Holiday Guitar Music with Dale Cinski ~ Saturday, December 13 – 2 p.m.** – Auditorium
- ✓ **Longest Night Service ~ Tuesday, December 16 – 1:30 p.m.** - Auditorium
- ✓ **Resident Holiday Party for IL, SN & PC ~ Thursday, December 18 – 4:30-6:00 p.m.**
 - This is a resident only event held in the Lobby, Card Room & Auditorium. Transportation will run continuously to/from the Center from 4:00-6:30 p.m. The Dining Room and Café are closed this evening for dinner. Dinner meal pickups are available at the Café counter from 4:30-6:00 p.m. with a limited menu.
- ✓ **Resident Holiday Party for SN/PC/OGC ~ Friday, December 19 – 11:30 a.m. -1:00 p.m.**
 - This is a health center resident only event held in the Auditorium.
- ✓ **New Year's Eve Party ~ Wednesday, December 31 – Starts at 8:00 p.m.**
 - This event is held in the Auditorium & Card Room. Residents & guests are welcome.
 - BYOB
 - Tickets will be available at the Reception Desk – date TBD
 - See bulletin board in mailroom and channel 950 for full details.

Nutcracker Display

The nutcracker and Christmas display is finished and available for viewing on the first floor of the Lakeside apartment building. Thank you to resident, Monika Dalrymple, for creating and sharing such a beautiful display.