

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

November 2025

Sherwood Oaks Personal Care

November 2025 Sherwood Oaks Personal Care												10:00 Resident Choice Activities: word search, puzzles, wood craft, color project, TV favorites Day Room 1:20 Afternoon Movie 3:30 Conversation Jenga Don't forget to turn your clocks back one hour tonight!	
9:30-11:00 Catholic Communion 1:20 Afternoon Movie 2:00 Chapel 3:30 Card Sharks Daylight Saving Time Ends	2	10:30 Monday Move and Groove 1:20 Afternoon Movie 3:30 Public TV Day 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	3	10:00 Weekend News 10:30 Dance Exercise 2:00 Holiday Shopping: Lobby Gift Shop (staff will escort you upon request) 3:30 Popular sayings and Their Meanings 6:15 Gather after Dinner to play Board Games, Puzzles,	4	10:30 Western Wednesday Workout 2:00 Stability and Stretch 2:45 Karaoke with Bill 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	5	10:30 Throwback Thursday Exercise 1:20 Afternoon Movie 3:30 History or Monopoly and Play the Game 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	6	10:00 Good News Friday 10:30 Friday Fitness 2:00 Stability and Stretch 2:45 Museum of Modern Art 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	7	10:00 Resident Choice Activities: word search, puzzles, wood craft, color project, TV favorites Day Room 1:20 Afternoon Movie 3:30 Rummikub Game	8
9:30-11:00 Catholic Communion 1:00 Steeler vs. Chargers 2:00 Chapel 3:30 Scattegories	9	10:00 Monday Mandalas 10:30 Monday Move and Groove 2:00 Craft Corner with Nancy 3:00 Hope Diamond Facts 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	10	10:00 Weekend News 10:30 Movement and Meditation 1:30 Veterans Day Program AUD/CR 3:00 Food Science: Myth or Fact 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation Veterans Day Remembrance Day (Canada)	11	10:30 Western Wednesday Workout 2:00 Stability and Stretch 3:00 SWO Ukulele Music Group 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	12	10:30 Thursday Throwback Exercise 1:20 Afternoon Movie 3:30 Pet Visit with Stella 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	13	10:30 Friday Fitness 2:00 Stability and Stretch 3:30 Bingo 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	14	10:00 Resident Choice Activities: word search, puzzles, wood craft, color project, TV favorites Day Room 1:20 Afternoon Movie 3:30 Finish the Song Lyrics	15
9:30-11:00 Catholic Communion 1:00 Steeler vs. Bengals 2:00 Chapel 3:30 Aviation History	16	10:30 Monday Move and Groove 1:20 Afternoon Movie 3:30 Music Bingo 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	17	10:30 Tuesday Tone-Ups 2:00 Stability and Stretch 2:00 Holiday Shopping: Lobby Gift Shop (staff will escort you upon request) 3:30 Poetry Readings 6:15 Gather after Dinner to play Board Games, Puzzles,	18	10:30 Wednesday Workout 2:00 Stability and Stretch 3:00 Accordion Music with Brad Z 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	19	10:00 Weekend News 10:30 Chair One Fitness 11:00 Catholic Mass- CR 2:00 Protestant Communion 2:45 Monet Painting Project 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation 7:00 Music Concert: AUD/CR	20	10:30 Friday Fitness 2:00 Stability and Stretch 3:30 Building Flower Bouquets 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	21	10:00 Resident Choice Activities: word search, puzzles, wood craft, color project, TV favorites Day Room 1:20 Afternoon Movie 3:30 Headbanz Game	22
9:30-11:00 Catholic Communion 1:00 Steeler vs. Bears 2:00 Chapel 3:30 Outburst Game	23	10:30 Resident Council Meeting 1:20 Afternoon Movie 3:30 Pumpkin Pie Social/Stories/Reminisce 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	24	10:30 Dance Exercise 2:00 Stability and Stretch 2:00 Holiday Shopping: Lobby Gift Shop (staff will escort you upon request) 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	25	10:30 Morning Live Music Workout with Roberta 2:00 Stability and Stretch 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	26	9:00 Thanksgiving Day Parade Televised 10:00 Resident Choice Activities: word search, puzzles, wood craft, color project, TV favorites Day Room 1:20 Afternoon Movie 3:30 Thanksgiving Dictionary	27	10:30 Friday Fitness 1:20 Afternoon Movie 3:30 Pokeno 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	28	10:00 Resident Choice Activities: word search, puzzles, wood craft, color project, TV favorites Day Room 1:20 Afternoon Movie	29
9:30-11:00 Catholic Communion 1:00 Steeler vs. Bills 2:00 Chapel 3:00 Gather after to play Board Games, Checkers, Puzzles, Conversation	30	designed by freepik											

Activities are subject to change