

“For Your Information”

(A periodic publication by Sherwood Oaks)

October 7, 2025

Farmer's Market

Join us in the lobby on Thursday, October 9 from 11:30 a.m. to 1:30 p.m. for our Farmer's Market. We will be showcasing Autumn inspired preserves, baked goods and vegetables.

Residents may use cash or charge items to their monthly statement. Employees must use cash for purchases.

Pumpkin Decorating Contest

Residents and staff are invited to enter the annual pumpkin decorating contest. Drop off your decorated pumpkin (no “real” carved pumpkins please) to the lobby table by the Café on October 27. Pumpkins will be on display October 27-31. Prizes will be awarded for first, second and third place. Flyers with the winner's names will be posted in the mailroom and at the timeclocks. Pumpkins not picked up by November 1 will be discarded. Questions can be directed to Roberta Breninghouse at ext. 8471.

Medicare Talk

Eric Holmes, insurance services of Zelenople, will be here on Friday, October 24 at 1:30 PM in the Auditorium to provide a general presentation about Medicare open enrollment and health insurance options.

If you have questions about your current health care plan and would be interested in discussing your insurance needs for 2026, Eric is available to assist you in choosing the health insurance plan that will work best for you. He can be reached by cell phone at 412-719-6059 or by email at erich@iszelie.com.

Yellow Dot Clinic – This information is provided as suggested by the SORA Health Affairs Committee

Pennsylvania's “Yellow Dot Program” was created to assist citizens following a traffic crash when they may not be able to communicate their needs. Placing a yellow dot in a vehicle's rear window alerts first responders to check the glove compartment for vital information to ensure they receive the medical attention they need.

AAA East Central is partnering with Cranberry Township Police and Cranberry Twp. EMS to host a “Yellow Dot” clinic at the Cranberry Twp. Senior Center (suite 208) on Monday, November 3 at 11:00 a.m. The clinic is free of charge. Detailed flyer is posted in the mailroom.