

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>July 2025</div> <div>Sherwood Oaks Personal Care</div>		10:00 News Stories 1 10:30 Chair One Fitness 1:30 Easy Listening Music 2:00 Hershey Kiss Day/History/Video/Samples 3:00 Outside Patio Chat 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation <small>Canada Day</small>	10:30 Wednesday Workout 2 2:00 Stability and Stretch 3:30 Pool Noodle Craft 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	10:30 Chair Exercise 3 1:20 Afternoon Movie 2:00 Music Concert with Tom Mobley AUD/CR 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	10:30 Friday Fitness 4 11:30 Fourth of July Picnic upper parking lot 1:20 Afternoon Movie 3:30 Fourth of July Bingo 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation <small>Independence Day (US)</small>	10:00 Resident Choice 5 Activities: word search, puzzles, wood craft, color project, TV favorites Day Room 1:20 Afternoon Movie 3:30 White Elephant Bingo
9:30-11:00 Catholic Communion 6 1:30 Afternoon Movie 2:00 Chapel 3:30 Inspirational Quotes	10:30 Music and Movement 7 1:20 Afternoon Movie 3:30 Card Sharks Game 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	10:30 Tuesday Tone-Ups 8 1:20 Afternoon Movie 3:30 Cow Appreciation Day/ Purple Cows 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	10:30 Wednesday Workout 9 2:00 Stability and Stretch 3:00 SWO Ukelele Club Music 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	10:30 Chair Exercise 10 1:20 Afternoon Movie 2:00 WQED Elizabeth Black presentation- Part 2 3:30 Brain Games 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	10:30 Friday Fitness 11 2:00 Stability and Stretch 3:30 Family Feud Game 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	10:00 Resident Choice 12 Activities: word search, puzzles, wood craft, color project, TV favorites Day Room 1:20 Afternoon Movie 3:30 Moon Day/Music/Facts/Pies
9:30-11:00 Catholic Communion 13 1:30 Afternoon Movie 2:00 Chapel 3:30 Summer Songs	10:30 ABC Fitness 14 1:20 Afternoon Movie 3:30 History 101: Sharks 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	10:30 Chair One Fitness 15 1:20 Afternoon Movie 3:30 Bingo 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	10:00 Good News Stories 16 10:30 Meditative Yoga 11:30 Italian Themed Lunch 2:00 Stability and Stretch 2:00 Drive-In Movie AUD/CR 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	10:00 News Update 17 10:30 ABC Fitness 1:30 Who Am I and Guess the Song 3:00 Kings in the Corner 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	10:00 Today in History 18 10:30 Friday Fitness 2:00 Stability and Stretch 2:45 Titanic Day 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	10:00 Resident Choice 19 Activities: word search, puzzles, wood craft, color project, TV favorites Day Room 1:20 Afternoon Movie 3:30 Pool Noodle Game
9:30-11:00 Catholic Communion 20 1:30 Afternoon Movie 2:00 Chapel 3:30 Famous Ice Cream in the State Trivia	10:00 Weekend Update 21 10:30 Monday Workout 1:20 Afternoon Movie 3:30 Mango Smoothie Social and Spoonerisms 6:15 Gather after Dinner to Play Board Games, Puzzles, Conversation	10:00 Donuts, Coffee and Morning Chat 22 1:30 Word Search Challenge 2:00 Craft Corner with June and Firefly Facts 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	10:30 Wednesday Workout 23 2:00 Pierogi Fest – AUD/CR 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	10:00 Table Topics 24 10:30 Chair One Fitness 2:00 Protestant Service 2:45 Rummikub and Famous Cousins Trivia 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	10:00 Good News Day 25 10:30 Fitness Fun 2:00 Stability and Stretch 2:45 Happy Hour Bingo 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	10:00 Resident Choice 26 Activities: word search, puzzles, wood craft, color project, TV favorites Day Room 1:20 Afternoon Movie 3:00 Saturday Songs with Roberta
9:30-11:00 Catholic Communion 27 1:30 Afternoon Movie 2:00 Chapel 3:30 Match the Parents Quiz	10:30 Resident Council Meeting 28 1:20 Afternoon Movie 3:30 Blue Monday 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	10:30 Chair One Fitness 29 1:20 Afternoon Movie 3:30 Yamslam Game 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	10:30 Meditative Yoga 30 2:00 Stability and Stretch 3:30 Outburst Game 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	10:30 ABC Fitness 31 1:20 Afternoon Movie 3:30 Trivial Pursuit Game 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation	Lifestyle Engagement Team Assistants: June Grace Nancy Roberta, Dir Madison Volunteers: Lindsay, Teresa, Selena, Sreesha, Babbie, Sheila, Jan, Emily, Bobbie, Pat, Elle, Jean	

Activities are subject to change