

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

May 2025

Sherwood Oaks Personal Care

				<p>10:30 Throwback Thursday Exercise 1:20 Afternoon Movie 3:30 May Day and Jeopardy 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation</p> <p style="text-align: center;">May Day</p>	<p>10:00 Good News Articles 10:30 Friday Fitness 2:00 Stretch and Stability 2:45 Amtrak Train Trivia 3:00 National Park Train Virtual Tour 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation</p>	<p>10:00 Resident Choice Activities: word search, puzzles, wood craft, color project, TV favorites Day Room 1:20 Afternoon Movie 3:30 All About Trains Amtrack Anniversary</p>
<p>9:30-11:00 Catholic Communion 1:30 Afternoon Movie 2:00 Chapel 3:30 Finish The Common Phrase</p>	<p>10:30 Fitness and Facts 1:20 Afternoon Movie 3:30 Cinco De Mayo Social 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation</p> <p style="text-align: center;">Cinco de Mayo</p>	<p>10:30 Balloon Volley 1:20 Afternoon Movie 3:30 Craft Corner and Conversation with Nancy 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation</p>	<p>10:30 Word Search Group Challenge 2:00 Stretch and Stability 3:30 Music Bingo 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation</p>	<p>10:30 Crazy 8's Fitness 1:20 Afternoon Movie 1:30-3:30 Sherwood Park Celebration 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation</p>	<p>10:00 Chair One Fitness 10:30 Gardening Discussions 2:00 Stretch and Stability 2:00 Ladies Day Tea 3:30 Card Games 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation</p>	<p>10:00 Resident Choice Activities: word search, puzzles, wood craft, color project, TV favorites Day Room 1:20 Afternoon Movie 3:30 Geography Quiz: Drawing a Blank</p>
<p>9:30-11:00 Catholic Communion 1:30 Afternoon Movie 2:00 Chapel 3:30 Famous Mothers and Ladies</p> <p style="text-align: center;">Mother's Day National Skilled Nursing Care Week</p>	<p>10:30 Monday Fitness 1:20 Afternoon Movie 3:30 Bingo Palooza 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation</p>	<p>10:30 Tuesday Tone-Ups 1:20 Afternoon Movie 3:30 Crafting with Grace: Paper Houses 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation</p>	<p>10:00 Meditative Yoga 10:30 The "B" List Game 2:00 Stretch and Stability 2:30 Name That Tune Sing-along 3:00 Ukulele Club Music 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation</p>	<p>10:30 Dance Party Exercise 11:00 Catholic Mass – card room 1:20 Afternoon Movie 3:30 Pokeno 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation</p>	<p>10:30 Chair One Fitness 2:00 Stretch and Stability 2:30 Afternoon Movie 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation</p>	<p>10:00 Resident Choice Activities: word search, puzzles, wood craft, color project, TV favorites Day Room 1:20 Afternoon Movie 3:30</p> <p style="text-align: center;">Armed Forces Day</p>
<p>9:30-11:00 Catholic Communion 1:30 Afternoon Movie 2:00 Chapel 3:30 Perry Como Day</p>	<p>10:30 Resident Council Meeting 1:20 Afternoon Movie 3:30 Recipe Reminisce/ Making Banana Splits 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation</p> <p style="text-align: center;">Victoria Day (Canada)</p>	<p>10:30 Stretch to Barry Manilow Music and Brain Games 1:20 Afternoon Movie 3:30 Music with Roberta 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation</p>	<p>10:30 Wednesday Warm-Ups with Nancy 2:00 Stretch and Stability 3:30 Healthcare 101: Red Cross Day with Nancy 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation</p>	<p>10:30 Chair One Fitness 1:20 Afternoon Movie 3:30 Shipwrecks of the Great Lakes 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation</p>	<p>10:30 Stretch and Brain Games 2:00 Stretch and Stability 3:30 Music with Roberta 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation</p>	<p>10:00 Resident Choice Activities: word search, puzzles, wood craft, color project, TV favorites Day Room 1:20 Afternoon Movie 3:30 Musical Scavenger Hunt</p>
<p>9:30-11:00 Catholic Communion 1:30 Afternoon Movie 2:00 Chapel 3:30 Anagrams Game</p>	<p>10:30 1:20 Afternoon Movie 3:30 Memorial Day Bingo 6:15 Gather after Dinner to play Board Games, Puzzles, Conversations</p> <p style="text-align: center;">Memorial Day</p>	<p>10:30 Move and Groove Exercise 1:20 Afternoon Movie 2:00 Dale Cinski, guitarist Auditorium and Card Room 3:30 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation</p>	<p>10:30 Stretch and True or False? 2:00 Stretch and Stability 3:30 Guitar Sing-along with Roberta 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation</p>	<p>10:30 Thursday Stretch and Trivia 2:00 Protestant Service- Day Room 3:30 Name That Tune Game 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation</p>	<p>10:30 Word Search Group Challenge 2:00 Stretch and Stability 3:30 Phipps Rhythm and Blooms Virtual Tour 6:15 Gather after Dinner to play Board Games, Puzzles, Conversation</p>	<p>10:00 Resident Choice Activities: word search, puzzles, wood craft, color project, TV favorites Day Room 1:20 Afternoon Movie 3:30</p>

Activities are subject to change