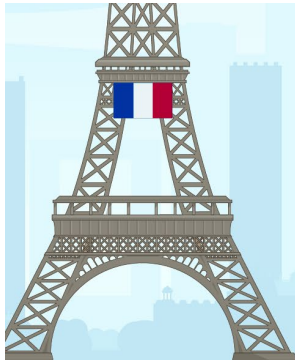


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<b>AUD-Auditorium</b> <b>RR- Rosary Room</b> <b>DR- Day Room</b> 	<b>1</b> 10:30 Monday Morning Workout 1:20 Afternoon Movie 3:30 Wimbledon Tennis Stars and Trivia/Game  <small>Canada Day</small>	<b>2</b> 10:15 News Nuggets 10:30 Pool Noodle Fitness 2:00 Halfway Day: Make a Card Craft 2:00 Rosary Group – RR 3:00 Card Games	<b>3</b> 10:30 Wednesday Workout 1:20 Afternoon Movie 3:30 <b>Music with Roberta</b>	<b>4</b> 10:15 Word of the Day 10:30 Patriotic Music Exercise 11:30 Fourth of July Picnic and Music: upper parking lot 2:30 <b>Pokeno Game</b> and Cookies 6:15 Evening Musical “Yankee Doodle Dandy” <small>Independence Day (US)</small>	<b>5</b> 10:30 Friday Fitness 1:20 Afternoon Movie 3:30 <b>Card Bingo</b>	<b>6</b> 1:20 Afternoon Movie 3:30 Mad Gab and Can You Name 5?	
<b>7</b> 1:20 Afternoon Movie 2:00 Chapel 3:30 Hawaiian Day- Punch and Hawaiian Poker Game	<b>8</b> 10:30 Monday Facts and Move and Groove Exercise 1:20 Afternoon Movie 3:30 Quicktionary Game	<b>9</b> 10:15 News Headlines 10:30 Chair Yoga 1:20 Music Video 2:00 Rosary Group - RR 2:45 <b>Donuts, Coffee, and Chat</b>	<b>10</b> 10:15 Word of the Day 10:30 Chair One Fitness 2:00 “What Am I Quiz?” Discussions and Samples 3:00 LCR Game	<b>11</b> 10:15 On this Date in History 10:30 ABC Fitness 2:00 <b>Protestant Communion</b> DR 2:30 Author Spotlight: E.B White 3:00 <b>Ice Cream Sundae Social and Trivia</b>	<b>12</b> 10:15 Born on this Day 10:30 Sweatin’ the Oldies 2:00 Yam Slam Game 3:00 <b>Wine and Cheese Happy Hour</b>	<b>13</b> 10:30 Saturday Morning Yoga 1:20 Afternoon Movie 3:30 Catch Phrase and Pictionary	
<b>14</b> 1:20 Afternoon Movie 2:00 Chapel 3:30 Jeopardy Game	<b>15</b> 10:30 Monday Move and Groove Exercise 1:20 Afternoon Movie 3:30 Rembrandt Easy Self-Portrait Day 6:15 <b>Aromatherapy Massages with Jan</b>	<b>16</b> 10:15 Word of the Day 10:30 Tuesday Tone-Ups 2:00 Rosary Group - RR 2:00 <b>Tom Lamb, Guitarist</b> AUD 3:30 Craft Corner with Nancy	<b>17</b> 10:15 Word of the Day 10:30 Chair Exercise 1:20 Afternoon Movie 3:30 Disneyland Travel, Tunes, and Characters	<b>18</b> 10:15 Word of the Day 10:30 Exercise 11:00 Catholic Mass CR <b>Retro-Diner and Drive in Theme Lunch</b> 2:00 Drive in Movie AUD “Grease” 6:15 <b>Bingo</b>	<b>19</b> 10:15 Word of the Day 10:30 Sit and Stretch 2:00 Craft Corner with Nancy 3:30 Outside Patio Conversation	<b>20</b> 10:30 Question Quest Game 1:20 Afternoon Movie 2:00 <b>Pittsburgh Chinese Dancers</b> AUD	
<b>21</b> 10:30 Devotions; Animals 1:20 Afternoon Movie 2:00 Chapel 3:30 Zoology: Virtual Tour and Trivia	<b>22</b> 10:30 Monday Move and Groove 1:20 Afternoon Movie 3:30 Paris Travelogue and Customs	<b>23</b> 10:15 News Headlines 10:30 Tuesday Tone-Ups 2:00 Rosary Group - RR 2:00 Horoscopes: Fact or Fiction? 2:45 Anagrams and Card Game	<b>24</b> 10:15 Word of the Day 10:30 Women in Sports Fitness Fun 2:00 <b>Picklefest</b> AUD/CR 3:30 Loaded Answers Game	<b>25</b> 10:15 On This Date in History 10:30 Chair One Fitness 2:00 Literary Corner and Cocoa: Clement C. Moore 2:45 Family Feud Game	<b>26</b> 10:30 Friday Fitness 1:20 Afternoon Movie 3:30 Herbs/Spices Discussion: Mint Tea and Pesto	<b>27</b> 10:30 Disco Exercise 1:20 Afternoon Movie 3:30 Finish The Song Lyric	
<b>28</b> 10:30 Sunday Morning Devotion and Dance Exercise 1:20 Afternoon Movie 2:00 Chapel 3:30 Parents Day: Match Famous Parents and Their Children	<b>29</b> 10:00 <b>Resident Council Meeting</b> 10:30 Fitness Fun 1:20 Afternoon Movie 3:30 Rummikub Game 6:15 White Elephant Bingo 6:15 <b>Aromatherapy Massages with Jan</b>	<b>30</b> 10:15 News Headlines 10:30 Chair One Fitness 2:00 Rosary Group - RR 2:00 Friendship Bracelet Craft 3:15 Cards	<b>31</b> 10:15 Word of the Day 10:30 Meditative Chair Yoga 2:00 <b>Phipps Conservatory: Under the Sea Flower Virtual Tour</b> 3:15 Scrabble Games	 <h1>July 2024</h1> <h2>Sherwood Oaks Personal Care</h2>			

Activities are subject to change