



“For Your Information”

(A periodic publication by Sherwood Oaks Executive Director, Annette McPeck)



May 2, 2024

Spring Concert/Chapel Service

May 5, 2024, will be a SPECIAL MAY DAY for music at Sherwood Oaks! At 2:00 p.m. in the Auditorium, join Rev. Ben Robbins for Chapel Worship, along with the Hand Bells and Chorus, as we celebrate Spring together. Former bell ringers will be recognized with a special gift. Do come support our ringers and singers, directed by Lyn Marsh, and enjoy worship together.

Farewell Gathering

As you may already know, my retirement is slowly approaching. My last day at Sherwood Oaks is Friday, May 17. I look forward to seeing you at my farewell gathering on Tuesday, May 14 in the Card Room from 1:30-3:00 p.m. A special thank you to Jan Wendt for the Acorn interview and article in the May issue.

Mother's Day

Mother's Day hours on Sunday, May 12 are as follows:

Main Dining Room

Lunch – 11:30 a.m. – 1:00 p.m.

(Reservations are required – call ext. 8234)

Dinner – Closed

Meal deliveries will occur between 11:30 a.m. – 12:30 p.m.

Café

Breakfast – 8-10:30 a.m.

Lunch & Dinner – Closed

Take-out meals available at the Café counter from 11:30 a.m. – 1:00 p.m. Note: The AA menu is not available.

Reception Desk

8 a.m. to 6 p.m.

Musical Programs

- ✓ Dale Cisco, Guitarist, will be here on Monday, May 13.
- ✓ Jack Nicora, Doo Wop singer, will be on Thursday, May 16.

Both programs begin at 2:00 p.m. in the Auditorium. All residents are welcome to attend.

Happy Birthday

Sherman and Oakley turn nine years old on Wednesday, May 15. Stop in the lobby to pick up a treat to help celebrate their birthdays.

Bruster's Ice Cream

Join us at the ambulance entrance on Wednesday, May 15 to celebrate National Skilled Nursing Care Appreciation. All residents and staff will receive 2 free scoops of ice cream. Detailed flyers are posted in the mailroom and will show on channel 950.

Marketing Event

Rashelle Maderitz will be here on Thursday, May 23 at 1:00 p.m. for an informative discussion about the many faces of osteoporosis in our local community. She will give insight into the potential impact osteoporosis can have on the those who have it, their caregivers, and the community, thus highlighting the importance of screening, identification, and treatment. She will also provide a description of the 4 steps to healthy movement used to prevent and treat osteoporosis. If you are interested in attending, call 1-800-642-2217 and leave a message.

Dementia Caregiver Training

UPMC Senior Services is offering this helpful program, consisting of three 2-hour sessions, for those who care for those with dementia. Nearby venues include Cumberland Woods Village and Vincentian Home, both in McCandless area. There is no cost. You need to RSVP and seating is limited. Call UPMC Senior Services at 866-430-8742 or go to UPMCSeniorServices@UPMC.edu.