-	Sunday	Monday	Tuocdov	Wodpoeday	Thursday	Eridov	Saturday
	Hi IQ Word of the Day Game We will add this game before exercise on certain days- come and see what it is all about!	10:30 News Headline and ABC Fitness 1:20 Afternoon Movie 3:00 April Fool's Day Happy Hour with Gene! 6:15-7:15 Aromatherapy	10:30 Tuesday Tone Up 2:00 Dice Games 3:30 Quick Fire Similes	Wednesday 10:30 Chair One Fitness 3 1:20 Afternoon Movie 3:30 Rainbow Abstract Art Day	Meditative Yoga 1:20 Afternoon Movie 3:30 Fun "Four" All Games		Saturday 10:00 Saturday Morning ABC Fitness 1:20 Afternoon Movie 3:30 Scotland Bingo
	9:30-11:00 Catholic 7 Communion St. Ferdinands (in room) 2:00 Chapel- AUD 3:30 Outburst Game	·	10:30 Tuesday Tone-Ups 9 1:20 Afternoon Movie 3:30 Foodie Bingo!	1:20 Afternoon Movie 3:30 Literary Corner :	Chair One Fitness	10:30 Friday Fitness Fun 12 1:20 Afternoon Movie 3:30 Trivial Pursuit Game	10:00 Saturday Morning 13 Fever- Disco Exercise 1:20 Afternoon Movie 3:30 Engaged Senior: Tech Games
	Communion St. Ferdinands (in room) 2:00 Chapel- AUD 3:30 Antique Roadshow: Discussion and Power Point	10:15 Word of the Day 15 10:30 Monday Move and Groove Exercise	10:30 Chair Chat and Ch ại6 Yoga 1:20 Afternoon Movie 3:30 Cards	10:15 Word of the Day 17 10:30 Wednesday Workout 2:00 Ellis Island History and Trivia w/punch and cookies 3:15 Question Quest	10:15 Word of the Day 18 10:30 ABC Fitness 11:30 Catholic Service CR	1:20 Afternoon Movie 2:30 Pet Therapy Visits	10:00 Saturday Morning 20 Conversation and Debate 1:20 Afternoon Movie 3:30 Rock and Roll Bingo
	Communion St. Ferdinands (in room) 2:00 Chapel- AUD	Meeting 10:30 Morning Headline and Chair One Fitness	Fitness 2:00 Pink Moon Social:	10:30 Chair One Fitness 2:00 Travelogue: Brooklyn	10:30 Thursday Tone-Up 2:00 Afternoon Tea and Conversation	10:30 Friday Fitness	10:00 Sit and Stretch 27 1:20 Afternoon Movie 3:30 Catch Phrase Game
	Communion St. Ferdinands (in room) 2:00 Chapel- AUD	10:30 Monday Move and 29 Groove 2:00 Craft Corner with Nancy 3:30 Bingo	10:15 Word of the Day 30 10:30 Chair One Fitness 2:00 Happy Hour with Kevin Cranberry Lake Grill 3:00 One Hour Music Video Barry Manilow		Apriloodoaks P	2024 ersonal Car	4 e

Activities are subject to change