


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Happy Thanksgiving!</p> <p>Rec Therapy Staff: Roberta 8471 June, Hannah 8465</p>		<p>9:45 Chair One Fitness 2:00 Protestant Communion (in room visits) 2:00 Origami Craft 6:30 Evening Movie</p>	<p>9:45 Fitness Fun and Radio History 2:00 Name Five Game 6:30 Evening Movie</p>	<p>9:45 Chair One Fitness and Erroneous Headlines 2:00 Table Games 6:30 Evening Movie</p>	<p>9:45 Fitness Fun 2:00 Sing-a-Long with Roberta 6:30 Evening Movie</p>	<p>2:00 Game Day 6:30 Evening Movie</p>
<p>9:30-11:00 Catholic Holy Communion (in room visits) 2:00 Chapel 3:30 Boards Games L 6:30 Evening Movie</p> <p>Daylight Saving Time Ends</p>	<p>9:45 Sit and Stretch 2:00 Craft Corner: Owl Craft Project 6:30 Evening Movie</p>	<p>9:45 ABC Fitness 2:00 Quicktionary Game 6:30 Evening Movie</p>	<p>9:45 Fitness Fun 2:00 You Be The Judge Game 6:30 Evening Movie</p>	<p>9:45 Chair One Fitness 2:00 Trivial Pursuit Game 6:30 Evening Movie</p>	<p>9:45 Sit and Be Fit Exercise 1:30 Veterans Day Program (music begins at 1:15) 6:30 Evening Movie</p> <p>Veterans Day Remembrance Day (Canada)</p>	<p>2:00 Pokeno Game 6:30 Evening Movie</p>
<p>9:30-11:00 Catholic Holy Communion (in room visits) 2:00 Chapel 6:30 Evening Movie</p>	<p>10:00 Big Band Exercise 2:30 Handbell Group with Roberta 6:30 Evening Movie</p>	<p>9:45 Exercise and News and Views L 2:00 Resident Council Meeting W 2:45 Pictionary Game W 6:30 Evening Movie F</p>	<p>9:45 Chair One Fitness 2:00 Gene Testa Music 6:30 Evening Movie</p>	<p>9:45 Exercise Bingo 2:00 Craft Corner: Turkey Coasters 6:30 Evening Movie</p>	<p>10:00 Movement and Mindful Meditation 2:00 Music History 101: J.S.Bach 6:30 Evening Movie</p>	<p>2:00 Scarecrow Craft 6:30 Evening Movie</p>
<p>9:30-11:00 Catholic Holy Communion (in room visits) 2:00 Chapel 3:30 Devotions: Story of Joseph 6:30 Evening Movie</p>	<p>10:00 Exercise: 50s Music 2:00 Drum Circle 6:30 Evening Movie</p>	<p>9:45 Fitness and Thanksgiving Trivia 2:00 Sister Circle: Guest Speaker: Mark Nord, NHA 6:30 Evening Movie</p>	<p>9:45 Sit and Stretch 2:00 Card Games 6:30 Evening Movie</p>	<p>9:00 Macy's Day Parade Watch the parade and complete the scavenger hunt for a chance to win prizes! (scavenger hunt will be delivered to your mailboxes) 1:00 Afternoon Thanksgiving Movie</p> <p>Thanksgiving Day (US)</p>	<p>10:00 Chair Exercise L 2:00 Afternoon Movie with popcorn L</p>	<p>2:00 Afternoon Movie F Complete your Activity Packets Games and Instant Bingo Game for a chance to win a holiday raffle!</p>
<p>9:30-11:00 Catholic Holy Communion (in room visits) 2:00 Chapel 3:30 Whiteboard Games 6:30 Evening Movie</p>	<p>9:45 Chair One Fitness 3:15 Yam Slam Game 6:30 Evening Movie</p>	<p>9:45 Square Dance Fitness 1:45 Art with Janet 6:30 Evening Movie</p>	<p>9:45 Chair Yoga 2:00 Author Spotlight: Samuel Clemens 6:30 Evening Movie</p>	<p>November 2022</p> <p>Sherwood Oaks Skilled Nursing</p> 		

Activities are subject to change