

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

<p><b>Catholic Holy Communion</b>  <b>Sundays from 9:30-11:00am in room visits</b>  <b>St. Ferdinands Catholic Church Eucharistic Ministers</b></p>	<p>1          10:30 Twist Fitness          1:20 Afternoon Movie          3:30 <b>Colorado Statehood Facts and Aerial Tour</b></p>	<p>2          10:30 Chair One Fitness          1:20 Afternoon Movie          3:15 Making Ice Cream Sandwiches</p>	<p>3          10:30 Tony Bennett Music and Fitness Fun          1:20 Afternoon Movie          3:30 Rummikub Game</p>	<p>4          10:30 Move and Groove Exercise          1:20 Afternoon Movie          3:30 Scrabble Game</p>	<p>5          1:20 Afternoon Movie          3:30 Music Bingo</p>	<p>6          1:20 Afternoon Movie          3:30 Brain Games</p>
<p>7          1:20 Afternoon Musical          2:00 Chapel AUD</p>	<p>8          10:30 News and Views and Conversation with Jannie          1:20 Afternoon Movie with popcorn</p>	<p>9          10:30 Exercise          1:20 Afternoon Movie          3:30 <b>Jazz Piano Music with Roberta</b></p>	<p>10          10:30 Exercise          1:20 Afternoon Movie          3:30 Bingo</p>	<p>11          10:30 Dance Exercise          1:20 Afternoon Movie          2:30 <b>Exotic Animal Show</b> outside founders          3:30 Rummikub</p>	<p>12          10:30 Exercise          1:20 Afternoon Movie          3:30 Penny Ante Game</p>	<p>13          1:20 Afternoon Movie          3:30 Pokeno Game</p>
<p>14          10:30 Devotions: Peace on VJ Day          1:20 Afternoon Musical          2:00 Chapel AUD</p>	<p>15          10:30 Meditative Yoga          1:20 Afternoon Movie          2:00 <b>Beach Party! Steel Drum Music with Dan and Rita's Ice</b> outside founders tent          3:30 Beach Games</p>	<p>16          10:30 Exercise to Elvis Music          1:20 Afternoon Movie          3:30 Music and History          Spotlight: Elvis Presley</p>	<p>17          10:30 Chair One Fitness          2:00 Modern Jeopardy Trivia Game          2:45 <b>Protestant Communion (in room)</b>          3:30 Book Club</p>	<p>18          10:30 Chair Yoga and Stretch with Nicole          1:20 Afternoon Movie          3:30 Scattogories Game</p>	<p>19          10:30 Chair One Fitness          1:20 Afternoon Movie          3:30 <b>Music Monday with Roberta- Guitar Sing-a-Long</b></p>	<p>20          1:20 Afternoon Movie          3:30 Brain Games</p>
<p>21          10:30 Devotions          1:20 Afternoon Musical          2:00 Chapel AUD</p>	<p>22          10:30 ABC Fitness          1:20 Afternoon Movie          "Angels in the Outfield"          3:00 <b>Resident Council Meeting</b>          3:30 Guardian Angel Craft</p>	<p>23          10:30 Chair One Fitness          1:20 Afternoon Musical          "Singing in the Rain"          2:45 <b>Art with Janet</b>          3:30 Gene Kelly: Music and History</p>	<p>24          10:30 Fun and Fitness          1:20 Afternoon Movie with Potato Chips          National Potato Chip Day!          3:30 Yam Slam Game</p>	<p>25          9:30-11:00  <b>Walk, Rock, and Roll</b> outside founders          1:20 Afternoon Movie          "The Wizard of Oz"          3:30 Author Spotlight and Movie Facts: L.Frank Baum</p>	<p>26          10:30 Exercise          1:20 Afternoon Movie          3:30 You Be The Judge</p>	<p>27          10:30 Banana Day Quiz          1:20 Afternoon Movie          3:15 <b>Gene Testa: Entertainment and Happy Hour</b>  <i>Sangria and Snacks</i></p>
<p>28          10:30 Devotions: Wearing God's Glasses          1:20 Afternoon Musical          2:00 Chapel AUD</p>	<p>29          10:30 Exercise with Hannah          1:20 Afternoon Movie          3:30 Head Bandz Game</p>	<p>30          10:30 Beach Ball Fitness          1:20 Afternoon Movie          3:30 Sing-a-Long on the Patio</p>	<p>31          10:30 Virtual Trail Hike Exercise          1:20 Afternoon Movie          3:00 <b>Drum Circle with Matt</b></p>	<p style="text-align: center;"><b>August 2022</b>  <b>Sherwood Oaks Personal Care</b></p>		
<p>* activities are subject to change</p>						