



**This Week at Sherwood Oaks - May 8-14, 2022**  
**The Audio Bulletin Board 8489**

**Sunday, May 8**



**Bus to Local Churches - check bulletin board & Channel 900 for times**

- 2:00 pm NO - Chapel Service - Auditorium
- 7:30 pm Sunday Night Movie - Channel 901  
**I Remember Mama (Approved)**

**Monday, May 9**

- 8:15 am Bus to Passavant Cranberry
- 9:00 am PC, Laptop, Tablet, Smartphone Help - Computer Room
- 9:30 am Bus to Costco/Walmart/Passavant Main & Passavant Cranberry/Cranberry Mall
- 10:00 am Group Fitness - Cranberry Lake Fitness Ctr.
- 10:00 am Aquacize - Swimming Pool
- 11:00 am Stretch & Stability - Cran Lake Fitness Ctr.
- 1:00 pm Bus to Shop 'n Save/CVS Pharmacy/Passavant Cranberry & Main Campus
- 1:00 pm Painting Class - Novice or Pro - Painting Studio - Lower Level
- 1:30 pm Let's Talk - Auditorium - See Bulletin Board for information
- 6:30 pm Monday Night Bridge - Card Room

*"Project Drawdown -  
Supporting Sinks & Improving Society"*  
May 9

10:00 am, 4:00 pm, 7:30 pm - TV Channel 901

**Tuesday, May 10**

- 8:15 am Bus to Passavant Cranberry
- 9:30 am Bus to VA Clinic in Cranberry, Passavant Cranberry & Pittsburgh/Oakland
- 10:00 am Tai Chi - Cranberry Lake Fitness Center
- 11:00 am Take a Walk with a Friend - Meet outside the Scooter Room/Gallery entrance
- 1:00 pm Complimentary Hearing Aid Service - Dr. Francis - Appointment Necessary
- 1:30 pm SORA Board Meeting - Auditorium
- 1:40 pm Bus to VA Clinic Cranberry/Passavant

*"Traveler's Guide to the Planets - Jupiter"*  
May 10

10:00 am, 4:00 pm, 7:30 pm - TV Channel 901

**Wednesday, May 11**

- 8:15 am Bus to UPMC Passavant Cranberry
- 9:30 am Bus to Rite Aid, Pass. Cran. & 228 Mall

**Wednesday, May 11**

- 10:00 am Group Fitness - Cranberry Lake Fitness Ctr.
- 10:00 am Men's Bible Study - Chapel
- 11:00 am Yoga - Cranberry Lake Fitness Center
- 11:45 am Bus to Rite Aid, Pass. Cran. & 228 Mall
- 12:00 pm Granny's Attic Annex #156 - Appointment Only - Call Frank or Joanne - Ext. 8154
- 1:00 pm Wednesday Bridge - Card Room
- 1:30 pm Handbell Practice - Auditorium
- 2:00 pm Bus to Rite Aid, Pass. Cran. & 228 Mall
- 7:30 pm Wednesday Night Movie - Channel 901  
**Hugo (Rated PG)**

**Thursday, May 12**

- 7:00 am Bus to Passavant Cranberry & Main
- 9:30 am Bus to Passavant Cranberry/Passavant Main & Cranberry Mall
- 10:00 am Aquacize - Swimming Pool
- 10:00 am Move & Groove - Cran. Lake Fit. Ctr.
- 11:00 am Punch Fitness Boxing Class - Cranberry Lake Fitness Center
- 1:00 pm Bus to Passavant Cranberry/Passavant Main & Streets of Cranberry
- 1:30 pm Duplicate Bridge - Card Room
- 7:15 pm Program Committee: **Gretchen Van Hoesen & Students** - Auditorium



Pick up (and delivery) of hanging baskets is today starting at 12:30pm in the lobby.

**Friday, May 13**

- 7:00 am Bus to Passavant Cranberry & Main
- 9:30 am Bus to Shop 'n Save/Passavant Cranberry & Passavant Main
- 10:00 am Tai Chi - Cranberry Lake Fitness Ctr.
- 11:00 am On the Move - Cranberry Lake Fitness Ctr.
- 1:00 pm Bus to Costco/Walmart/Passavant Main & Passavant Cranberry
- 2:00 pm Sew & So's - Card Room
- 2:00 pm Patching & Piecing - Craft Room
- 7:15 pm Friday Night Movie - Channel 901  
**How to Steal a Million (Approved)**

**Saturday, May 14**

- 9:30 am NO Mall Bus Today
- 3:40 pm Bus to St. Ferdinand's Church
- 7:00 pm Saturday Night Movie - Auditorium  
**Beyond the Sea (Rated PG-13)**