

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

December 2021

Personal Care

			10:00 Enquiring Minds Want to Know.... 10:30 Bingo Exercise 2:00 Bingo 3:15 History of Trees	10:00 Brain Games: Holiday Edition 10:30 Movement and Music 2:00 Light Up Afternoon! Lounge tree lighting with cocoa, cookies, and carols	10:00 Who is Andy Williams? 10:30 Andy Williams Music and Exercise 2:00 Greeting Card Club 3:30 In A Pickle Game	10:30 Never Have I Ever... Travel Edition 1:20 Afternoon Movie "A Christmas Story" 3:30 Frank Sinatra Facts and Videos
1:20 Afternoon Movie "Respect" (Story and Music of Aretha Franklin) 2:00 Chapel Auditorium	10:30 Fun and Fitness 1:20 Afternoon Music Presentation "The Nutcracker Ballet" 3:30 Hannukah Traditions	10:00 Chat Pack 10:30 Virtual Hike Exercise 2:00 Horse Race Game 3:15 John Lennon: Biography, Music, and Scandals	10:00 Trivia Group 10:30 Sleigh Ride Exercise 2:15 Tea Light Ornament Crafts 3:30 Christmas Poetry	10:00 Table Topics 10:30 Move and Groove 2:00 Make Your Point Game 3:15 Table Dice Games	10:30 Chair One Fitness 1:20 Afternoon Movie "How the Grinch Stole Christmas" 3:30 Grinch for a Day! Dr. Seuss Discussion	10:30 Banished Words 1:20 Afternoon Movie: "Elf" 2:00 Christmas Concert with JazzPlay Band Auditorium
10:30 Carols and their Meanings 1:20 Afternoon Movie "Christmas with the Kranks" 2:00 Chapel Auditorium 3:30 The Ungame	10:30 Chair One Fitness 1:20 Afternoon Movie 3:15 Scattogories	10:30 Fun and Fitness 1:20 Afternoon Movie 1:30 Catholic Communion (in room) 3:30 Questions Quest	10:00 Name 5 10:30 Fun and Fitness 2:15 Winter Suncatcher Window Decoration	10:00 Brain Games 10:30 Chair One Fitness 2:45 Protestant Communion 3:15 Book Club	10:00 Chair Yoga and Stretching 11:30 Resident Christmas Lunch Auditorium 2:30 Kings in the Corner PC Day Room 3:30 Anagrams	10:00 Inventors and Inventions 1:20 Afternoon Movie "Home Alone" 3:30 Bingo
10:30 White Board Games 1:20 Afternoon Movie "White Christmas" 2:00 Chapel Auditorium	10:00 Morning Mandalas 10:30 Morning Workout with Hannah 2:00 Sammy Davis Jr Facts and Movies 3:15 Dollar Tree Auction	10:00 Longest Night Discussion 10:30 Winter Wonderland Exercise 1:00 Catholic Communion (in room) 1:30 Living with Loss Service Auditorium 3:15 A "Dickens" of a Quiz <small>Winter Begins</small>	10:00 What's in the News? 10:30 "Caroling" Exercise 2:00 Crossword Group 3:30 Lotto 649 Game	10:30 Chair One Fitness 2:00 Holiday Piano Favorites with Roberta 3:30 Book Club PC Day Room	10:30 Chair One Fitness 1:20 Afternoon Movie 3:15 Christmas Around the World	10:00 Holiday Social: Cookies, Cocoa and Mimosas PC Day Room 1:30 Afternoon Movie: "A Christmas Carol" Merry Christmas! <small>Christmas</small>
10:30 News and Views 1:20 Afternoon Movie "The Santa Suit" 2:00 Chapel Auditorium 3:30 Spelling Bee: December words	10:30 Fun and Fitness 1:20 Afternoon Movie	10:30 Debate and Discussion: Are New Year's Resolutions a gimmick? 1:20 Afternoon Comedy PC Day Room 3:30 Live! Name That Tune with Roberta PC Day Room	10:30 Virtual Exercise Hike 1:20 Afternoon Movie 3:30 Gratitude Calendar	10:30 Fun and Fitness 1:20 Afternoon Movie 3:30 You Be The Judge	10:00 Traditions and Resolutions 10:30 Mitch Miller Exercise 3:00 New Year's Eve Happy Hour and Music	All programming is held in PC Day room unless otherwise designated Rec Team: Roberta, Director 8471 June, Mary, Nicole, Hannah Act Assistants 8465

Kwanzaa Begins

New Year's Eve

• activities are subject to change

December 2021

Skilled Nursing

			<p>9:45 Fun and Fitness L 10:15 History of Trees L 2:15 Holiday Decorating 6:30 Evening Movie F</p>	<p>9:45 Fun and Fitness L 2:00 Light Up Afternoon! Lounge tree lighting with cocoa, cookies, and carols 3:00 Origami Reindeer Towel Art W 6:30 Evening Movie F</p>	<p>9:45 Fun and Fitness L 2:00 Art Group: Making Cinnamon Tree Ornaments W 6:30 Evening Movie F</p>	<p>9:45 Never Have I Ever...Travel Edition L 2:15 Frank Sinatra Facts and Videos F 6:30 Evening Movie F "A Christmas Story"</p>
<p>9:45 December Devotions L 2:00 Chapel A 6:30 Evening Movie F "Respect" (Story and Music of Aretha Franklin)</p>	<p>9:45 Fun and Fitness L 2:15 Hannukah Traditions I 6:30 Evening Movie F</p>	<p>9:45 Fun and Fitness L 10:15 History 101: Pearl Harbor Day 2:00 Accordion Music with Hank W 6:30 Evening Movie F</p>	<p>9:45 Beatle Mania! Fun and Fitness L 2:15 A Christmas Carol: Book Discussion 3:30 Anagrams 6:30 Evening Movie</p>	<p>9:45 Fun and Fitness L 10:15 Finish the Phrase L 2:15 Christmas Card Day: Card Creations W 6:30 Evening Movie F</p>	<p>9:45 Fun and Fitness L 2:15 Grinch for a Day! Dr. Seuss Discussion L 6:30 Evening Movie F "How the Grinch Stole Christmas"</p>	<p>9:45 Banished Words L 2:00 Christmas Concert with JazzPlay Band Auditorium 6:30 Evening Movie F "Elf"</p>
<p>9:45 Carols and Their Meanings L 2:00 Chapel A 6:30 Evening Movie F "Christmas with the Kranks"</p>	<p>9:45 Fun and Fitness L 2:15 Winter Wonderland: Snowflake Ornaments W 6:30 Evening Movie F</p>	<p>9:45 Fun and Fitness 2:30 Catholic Communion (rooms) 3:00 John Lennon: Biography, Music, and Scandals L 6:30 Evening Movie F</p>	<p>9:45 Fun and Fitness L 2:15 Print Art west 3:30 Tree Facts founders 6:30 Evening Movie</p>	<p>9:45 Fun and Fitness L 10:15 Table Topics L 2:00 Protestant Communion west 3:00 Handbell Group W 6:30 Evening Movie F</p>	<p>9:45 Fun and Fitness 11:30 Resident Christmas Lunch and Entertainment Auditorium 2:15 LCR Game West 3:30 Rosary Group Founders 6:30 Evening Movie F</p>	<p>10:00 Gene Testa Entertainment W 2:15 Bingo L 6:30 Evening Movie F "Home Alone"</p>
<p>9:45 Whiteboard Games L 2:00 Chapel A 3:30 The Ungame L 6:30 Evening Movie F "White Christmas"</p>	<p>9:45 Chair Yoga and Stretching L 10:15 Five Second Rule Game L 2:15 Conversation Jenga W 6:30 Evening Movie F</p>	<p>9:45 Fun and Fitness L 1:30 Living with Loss Service Auditorium 2:00 Catholic Communion 2:45 A "Dickens" of a Quiz L 6:30 Evening Movie F</p>	<p>9:45 Fun and Fitness L 2:15 Puzzle Piece Picture Frame Craft W 6:30 Evening Movie F</p>	<p>9:45 Fun and Fitness I 2:15 Drum Circle with Matt W 6:30 Evening Movie F</p>	<p>9:45 Fun and Fitness 2:15 Christmas Around the World 6:30 Evening Movie F</p>	<p>9:15 Christmas Greetings (rooms) 2:15 Holiday Social: Cookies and Eggnog L 6:30 Evening Movie F " A Christmas Carol" Merry Christmas!</p>
<p>9:45 News and Views L 2:00 Chapel A 6:30 Evening Movie F "The Santa Suit"</p>	<p>9:45 Fun and Fitness L 2:15 Kwanzaa Roll The Beans Game L 6:30 Evening Movie F</p>	<p>10:00 Debate and Discussion: Are New Year's Resolutions a gimmick? L 2:45 Live! Name that Tune with Roberta L 6:30 Evening Movie F</p>	<p>9:45 Fun and Fitness L 2:15 Bingo L 6:30 Evening Movie F</p>	<p>9:45 Fun and Fitness L 2:15 Film Bloopers 3:00 Poet's Podium 6:30 Evening Movie F</p>	<p>9:45 Fun and Fitness L 10:15 Traditions and Resolutions 2:00 New Year's Eve Happy Hour and Music 6:30 Evening Movie F</p>	<p>Rec Team: Roberta, Director 8471 June, Mary, Nicole, Hannah Act Assistants 8465 Locations: L: Lake W: West F: Founders A: Auditorium LD: Lake Dining Room</p>

December 2021

Oak Grove

			10:00 Fun and Fitness 1 10:30 Fun and Fitness 2 1:30 Decorating Holiday Stockings 1 2:30 Decorating Holiday Stockings 2	10:00 Fun and Fitness 1,2 10:30 What Are They Thinking? 1,2 2:00 Light Up Afternoon! Tree lighting with cocoa, cookies, and carols 1,2 3:00 1,2	10:00 Fun and Fitness 1 10:30 Fun and Fitness 2 1:30 Frank Sinatra Facts and Videos 1 2:30 Frank Sinatra Facts and Videos 2	10:00 Talk and Toss 1 10:30 Talk and Toss 2 1:30 Making Cinnamon ornaments 1 2:30 Making Cinnamon ornaments 2
10:30 Reindeer Ring Toss 1 1:30 Holiday Movies "It's a Wonderful Life" 1 "Miracle on 34 th Street" 2 3:30 Reindeer Ring Toss 2	10:00 Fun and Fitness 1 10:30 Fun and Fitness 2 1:30 Christmas Card Ornaments 1 2:30 Christmas Card Ornaments 2	10:00 Chair Yoga and Stretching 1 10:30 Chair Yoga and Stretching 2 1:30 Holidays Around the World 1 2:30 Holidays Around the World 2	10:00 Fun and Fitness 1 10:30 Fun and Fitness 2 1:30 1 2:30 6:00 Resident and Family Holiday Sing-a-Long w/Roberta	10:00 Fun and Fitness 1,2 10:30 Nostalgic Toy Reminisce 1,2 1:30 "Scents" of the Season 1,2 2:30 Countdown to Christmas 1,2	10:00 Fun and Fitness 1 10:30 Fun and Fitness 2 1:30 Sammy David Jr. Music and Movies 1 2:30 Sammy David Jr. Music and Movies 2	10:00 Bean Bag Toss 1 10:30 Bean Bag Toss 2 2:00 Christmas Concert with JazzPlay Band Auditorium
10:00 Sing-a-Long 1 10:30 Sing-a-Long 2 1:15 Table Topics 1 3:15 Table Topics 2	10:00 Fun and Fitness 1 10:30 Fun and Fitness 2 1:30 Making Snow Globes 1 2:30 Making Snow Globes 2	10:00 Fun and Fitness 1 10:30 Fun and Fitness 2 1:30 Wreath or Flower Decoration 1 2:30 Wreath or Flower Decoration 2	10:00 Fun and Fitness 1 10:30 Fun and Fitness 2 1:30 December Birthday Party 1 2:30 December Birthday Party 2 6:00 Resident and Family Holiday Sing-a-Long w/Roberta	10:00 Fun and Fitness 1,2 10:30 Winter Reminisce 1,2 2:15 Winter Suncatcher Craft 1,2 3:15 Bingo 1,2	10:00 Fun and Fitness 1 10:30 Fun and Fitness 2 1:30 Never Have I Ever...Travel Edition 1 2:30 Never Have I Ever...Travel Edition 2	10:00 Talk and Toss 1 10:30 Talk and Toss 2 1:30 Snowflake Craft 1 2:30 Snowflake Craft 2
10:00 Conversation Jenga 1 10:30 Conversation Jenga 2 1:15 Finish The Phrase 1 3:15 Finish The Phrase 2	10:00 Fun and Fitness 1 10:30 Fun and Fitness 2 2:00 Accordion Music with Hank 1 2:45 Accordion Music with Hank 2	10:00 Fun and Fitness 1 10:30 Fun and Fitness 2 1:30 Roll a Reindeer Game 1 2:30 Roll a Reindeer Game 2	10:00 Fun and Fitness 1 10:30 Fun and Fitness 2 1:30 What's in the Bag? 1 2:30 What's in the Bag? 2	10:00 Fun and Fitness 1,2 10:30 Who Am I? 1,2 1:30 Pass The Present Game 1,2 2:30 Holiday Sing-a-Long 1,2	10:00 Fun and Fitness 1 10:30 Fun and Fitness 2 1:30 Christmas Eve Reminisce 1 2:30 Christmas Eve Reminisce 2	9:45 Morning Christmas Movie: "A Christmas Carol" 1,2 1:30 Christmas Social 1 2:45 Christmas Social 2 Merry Christmas!
10:00 Kwanzaa Game: Roll the Beans 1 10:30 Kwanzaa Game: Roll the Beans 2 1:15 Name 5 Game 1 3:15 Name 5 Game 2	10:00 Fun and Fitness 1 10:30 Fun and Fitness 2 1:30 Lucky Dog Card Game 1 2:30 Lucky Dog Card Game 2	10:00 Fun and Fitness 1 10:30 Fun and Fitness 2 1:30 Art with Janet 1 2:30 Art with Janet 2	10:00 Fun and Fitness 1 10:30 Fun and Fitness 2 1:30 Painting 1 2:30 Painting 2	10:00 Fun and Fitness 1,2 10:30 Reading Circle 1,2 1:30 Bingo 1,2 2:30 Music and Memory 1,2	10:00 Fun and Fitness 1 10:30 Fun and Fitness 2 1:30 New Year's Social 1 2:30 New Year's Social 2	Rec Team: Roberta, Director 8471 June, Mary, Nicole, Hannah Act Assistants 8465

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