

“For Your Information”

(A periodic publication by Sherwood Oaks Executive Director, Annette McPeck)

October 5, 2021

Flu Shot Clinic - Independent Living Residents - Thursday

A flu shot clinic for independent living residents will be held on Thursday, October 7 from 10:00 a.m. to Noon in the Medical Office. This is a walk-in clinic; appointments are not necessary. If you cannot make it to the clinic, please contact Joanie Reese at ext. 8480 to schedule an appointment. Flu shots for residents in the health center will be given on each unit at a future date.

Resident Get Together

A resident get together is scheduled for Friday, October 8 at 1:30 PM in the Auditorium and Card Room. I will be reviewing last year's resident satisfaction survey results, discussing this year's survey process, and will be providing a campus update.

Medicare Talk

Eric Holmes, insurance services of Zelenople, will be here on Monday, October 11 at 1:30 PM in the Auditorium and Card Room to provide a general presentation about Medicare open enrollment and health insurance options.

If you have questions about your current health care plan and would be interested in discussing your insurance needs for 2022, Eric is available to assist you in choosing the health insurance plan that will work best for you. He can be reached by cell phone at 412-719-6059 or by email at erich@iszelie.com.

Dining Services Theme Meal

Join us in the Main Dining Room on Wednesday, October 13 to celebrate our “Octoberfest” theme day. The festive menu includes the following: beef spätzle or old German green bean soup, bratwurst & kraut with beer mustard, sauerbraten, Bavarian roasted chicken, paprika and potato crusted haddock, potato pancakes, orange almond yellow beans, braised red cabbage, Bavarian apple tart and German chocolate cake.

Important Notice from the Recycling Committee

Crocheting plastic bags is coming to an end (too few crocheters). The bags hanging in the trash rooms for collecting plastic bags will remain for about a month and then will be removed.

- ✓ NOTE to shoppers! Giant Eagle, Walmart, Target, and other stores have bins for recycling your plastic bags of all kinds. (Take your own bags to the store when possible!)
- ✓ NOTE to everyone on picking up take-out meals: To cut down on plastic bags, please bring a reusable bag.

Resident Photographs

A professional photographer will be on campus on Friday, October 22 to take photographs of residents for the photo albums that are displayed in the lobby. This picture is different than the one you had taken for your Sherwood Oaks ID/Meal Card. There is no expense to you unless you choose to order additional prints. If you wish to be photographed and have not turned in your consent form, you can pick one up at the Reception Desk. Questions can be directed to Phyllis Franks at ext. 8461.

