"For Your Information"

(A periodic publication by Sherwood Oaks Executive Director, Annette McPeek)

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Spring Forward

Remember to turn your clocks ahead one hour on Saturday night, March 13, before you go to bed.

Main Dining Room

We are welcoming residents (no guests) back to the main dining room on **Wednesday, March 17**! Main Dining Room will be open daily for lunch and dinner. Lunch hours are 11:45a.m.-1:00p.m. Dinner hours are 4:30-6:30p.m. Your meal may be ordered from the daily menu or the updated Always Available menu. Limited and social distanced seating will remain in place and we will NOT be accepting reservations at this time. Dining Services will do their best to reset tables as quickly as possible for residents arriving at later times, so please keep this in mind when you have finished eating.

Please arrive with your entire party and see the host before being seated. Bring your meal ID card to be scanned. Be sure to sanitize your hands and self-screen your temperature in the lobby before proceeding to the host desk. Masks must be worn (except when seated) and social distancing will be enforced through floor signage.

You will be able to walk through the salad bar and have your salad made for you. You will also be able to walk through the hot buffet and a Chef will build your plate for you. Drinks, soup and dessert orders will be placed with your server. This is a first for the many servers that we hired during the pandemic, so we ask for your patience as they learn.

Café Pick-Ups

Café pick-ups will be available daily for breakfast, lunch and dinner. Breakfast is available from 8:00-9:00 a.m. and orders can be placed at the counter. Lunch orders are available from 11:30 a.m. - 1:00 p.m. Dinner orders are available from 4:00p.m.-6:00 p.m. We encourage calling ext. 8234 one day in advance to place your lunch or dinner pick-up order to avoid a longer wait time; however, orders are permitted at the counter. You will be offered a container to take to the salad bar to have a salad made for you. Your meal may be ordered from the daily menu or the updated Always Available menu.

Home Deliveries

Home deliveries will continue without a fee between 4:30-6:00 p.m. from the daily menu only. <u>The updated Always Available menu is not available for deliveries.</u>

Morning calls for deliveries will continue as usual. If you would like to be removed from the call list as of Tuesday, March 16, please let your caller know. If you are removed from the list but decide you would like a delivery for the following day, please call ext. 8234 to place your order.

Social Distancing Reminder

A significant number of independent living residents received their second dose of the Moderna Covid19 vaccine March 4. Preliminary data suggest that the vaccine may offer some level of protection against transmission to others. However, research into transmission is still on-going. So, for now, we will continue to ask you to refrain from group activities such as dining, SORA meetings/activities and group fitness classes if you do not wear your mask when visiting with others.