

“For Your Information”

(A periodic publication by Sherwood Oaks Executive Director, Annette McPeck)

July 24, 2020

Visitor Reminder

Independent living visitors on the approved list are only permitted to proceed to patio homes and apartments. Visitors are not permitted to enter the Community Center to pick up mail and/or packages or accompany you to the Mail Room, Lobby or Medical Office. If you need assistance getting to/from these areas, contact Betty Wright at ext. 8496 to discuss. If you want to have your mail delivered, contact Donna Fasone at ext. 8462.

If you would like to add a name to the approved visitor list, please contact me at ext. 8467 weekdays until 4:00 p.m. Please note that it takes 24 hours for this to take effect.

Cell Phone Etiquette

Please be respectful of others when using your cell phone in the Lobby, Medical Office and open areas on the campus. I ask that you do not use video chat or speaker phone while in the presence of others.

Puzzles Needed

The newly formed SORA puzzle activity group asked me to report that the jigsaw puzzle exchange has been a great success during this time when residents are staying home. The 300-500-piece puzzles seem to be the favorite as they fit best on a card table; but there are some brave souls who enjoy the 1,000-piece ones. If you take a puzzle, please leave one if you can. Puzzles should be returned promptly and must be disinfected using the wipes supplied on the puzzle table. If you would like to donate a puzzle, please leave it on the table in the lobby.

Proper Masking Reminder

Universal masking is mandatory on the campus. The proper way to wear a mask/face covering is over your nose and mouth. We are all encouraged to remind each other to put on or pull up a mask/face covering. This is essential to prevent the spread of germs. Also, please remember that cloth face coverings should be washed daily in hot water.

Billiard Room to Reopen

The Billiards Room will reopen on Monday, July 27 using the following guidelines:

- Open Monday-Friday from 9:00 a.m. - 4:00 p.m. by appointment only in one-hour increments.
- Key must be picked up at the reception desk.
- No more than four residents are permitted in this room at one time.
- Masks/face coverings must be worn at all times and social distancing must be followed.

Appointments can be made by calling the reception desk. Please provide names and residence number(s) when making an appointment.

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Water Quality Report

Cranberry Township's annual water quality report is posted on the administrative bulletin in the mail room. If you would like a copy, please call Tabby Alford at ext. 8460.

Heat Exhaustion

With the high temperatures and increased heat index this time of the year, we ask that you take it slow while walking around the campus and use the benches when needed. Also, drinking plenty of fluids is key to keeping you hydrated.

Nursing Staff Updates

I wanted to share a few updates in our Skilled Nursing Unit. Epiphany Lehman, Skilled Nursing Administrator, has been temporarily assigned back to her former UPMC facility to cover a maternity leave. Alexis Duda will be the acting Administrator until Epiphany returns. Theresa Murillo, Director of Nursing, has been promoted to Infection Control Specialist for UPMC Senior Communities and today is her last day on site. And finally, we welcome Michelle Slack. Michelle is the Skilled Nursing Unit Manager and will be the acting Director of Nursing while we recruit.

Recycling Reminder

The Recycling Committee will be posting the flyer below in each trash room as a reminder.

