

“For Your Information”

(A periodic publication by Sherwood Oaks Executive Director, Annette McPeek)

June 5, 2020

Updates

Butler County enters the green phase of Governor Wolf’s process to reopen Pennsylvania today. Congregate care facilities, like Sherwood Oaks’ Skilled Nursing and Personal Care, will see little change as state mandated restrictions are expected to remain in effect for at least 28 more days. We expect to have three visitation booths in place by Father’s Day for outdoor family visits for Personal Care, Oak Grove and Skilled Nursing.

Consistent with guidelines outlined by the Center for Disease Control for Retirement and Independent Living, we are able to offer visitation for residents residing in patio homes or Lakeside Apartments. Visitor must adhere to all screening procedures and wear a mask at all times. Visitor will be restricted to resident homes and avoid all common areas. Many of you have someone on the approved visitor list who has been providing care/groceries/medical. If you need to add/revise the visitor list, please contact Annette McPeek at ext. 8467.

Here is a list of campus modifications beginning Monday, June 8:

- ✓ **Computer Room** – will be open Monday-Friday from 9:00 a.m. - 4:00 p.m. by appointment only in one-hour increments. Only one person is permitted in this room at one time.
- ✓ **Painting Class** – will resume on Mondays from 1:00 - 3:00 p.m. with a maximum of four residents and a teacher. Face covering must be worn and social distancing must be followed. Contact Dorothy Fitzpatrick at ext. 8334 to sign up.
- ✓ **Craft Room** - will be open Monday-Friday from 9:00 a.m. - 4:00 p.m. by appointment only in one-hour increments. No more than four residents are permitted in this room at one time. Face covering must be worn and social distancing must be followed. The Craft Room is unavailable on Mondays during painting classes.
- ✓ **Wood Shop** - will be open Monday-Friday from 9:00 a.m. - 4:00 p.m. by appointment only in one-hour increments. No more than four residents are permitted in this room at one time. Face covering must be worn and social distancing must be followed.
- ✓ **Outdoor Games at the Summerhouse** – Limit of four persons at a time. Face covering must be worn and social distancing must be followed. Hand sanitizer stations have been installed. Contact Dave Moon at ext. 8127 for more information.

For now, you must have an appointment to use the Computer Room, Craft Room and/or Wood Shop. Appointments can be made by calling the reception desk. Please provide names and residence number when making appointment.

We are reviewing criteria for safe openings of the Library, Fitness Center, Pool, Gift Shop, Beauty Salon and dining venues and will provide future updates.

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Tele-Town Hall

UPMC Senior Communities will hold teleconferences on Friday, June 12 to update residents and families on COVID-19. They will also answer questions you may have. There will be two separate conferences; one for Independent Living and one for Personal Care (includes the Oak Grove Center) and Skilled Nursing. To participate in a call, see below:

- Independent Living – 2:00 p.m. – call 1-855-962-0996
- Personal Care & Skilled Nursing – 3:30 p.m. – call 1-855-962-1209

Flyers are posted in the mail room and advertised on channel 900. Pre-registration is not required.

Masking

According to Dr. Nace, UPMC Senior Communities Medical Director, universal masking is a key component for keeping COVID-19 out of Sherwood Oaks. Please be considerate of your fellow residents and mask or use a face covering when visiting community areas such as: trash rooms, laundry rooms, community center, mail room and lobby. The proper way to wear face coverings is over your nose and mouth. Cloth face coverings should be washed daily in hot water.

Called the “mask muffle”, many people find it difficult to understand a conversation when someone is wearing a mask or face covering. Here are a few tips that we found online. Face each other at a safe distance of at least six feet. Maintaining eye contact enhances social connection and keeps attention focused on communication. Speak slowly, more clearly, and with greater enunciation.

COVID-19 Hotline

As I have communicated previously, all residents would be notified should we have positive cases of COVID-19 at Sherwood Oaks. You and your family are welcome to call our COVID-19 toll free number at 1-833-621-0624 for recorded updates.

Testing of Residents and Staff

UPMC Senior Communities is currently in the process of testing residents in Skilled Nursing and Personal Care facilities for COVID-19 in accordance with state requirements. Additionally, anti-body testing will be occurring for staff. Sherwood Oaks testing schedules to be finalized soon.