# "For Your Information"

(A periodic publication by Sherwood Oaks Executive Director, Annette McPeek)

# April 8, 2020

## Medical Office/Community Nurse Office

The Medical and Community Nurse Offices are only seeing residents who have scheduled appointments. If you have a question, please call ext. 8480 to speak to Joanie Reese or ext. 8496 to speak to a community nurse. Residents who have appointments are asked to remain outside the medical suite. Your temperature will be taken before you will be permitted to enter.

#### **Fitness Options for Independent Living Residents**

During the temporary closure of our fitness facilities and classes, the fitness center staff will be providing exercise support for any interested independent living resident. Each patio home received a packet in their pigeonholes on April 7 that includes information on at-home exercise routines as well as links to various sites on YouTube and the internet. Bill Burtner and the fitness center staff are available to answer questions about these exercise options. They can be reached at ext. 8543.

#### **Special Services**

Special Services staff is available to assist you with your needs during this pandemic, including grocery shopping. Please contact Sue Hoffman at ext. 8493 for details.

#### West View Savings Bank Closure

West View Savings bank alerted me on Monday that they have closed the Sherwood Oaks location until further notice. The Cranberry location remains open for drive thru and ATM transactions only. If you need to access a safe deposit box, you must call them at 724-776-3480 to make an appointment. Cranberry hours are 8:30 am-3 pm Monday-Friday and 8:30 am-noon on Saturdays. Please contact Special Services or Security to arrange transportation to the WVS drive thru.

### **Pet Supplies**

We are unable to offer pet supplies and/or food to be delivered with grocery items. I suggest ordering these items online at websites like chewy.com and/or petsmart.com. PETSMART on Rt. 228 now offers curbside pickup.

#### <u>Masks</u>

Sherwood Oaks is providing masks to staff who have direct care or interaction with residents. We are unable to provide masks to independent living residents at this time.

Although we appreciate the offer of homemade masks for staff to use on the campus, we are unable to accept them. These types of masks do not comply with state regulations for acceptable personal protective equipment use in a healthcare facility.