

(A periodic publication by Sherwood Oaks Executive Director, Annette McPeek)

February 7, 2020



Ice Cream Social

The Recreational Therapy Department is hosting an ice cream social for residents and staff on Monday, February 10 in the Card Room. Skilled Nursing and Personal Care residents are invited to stop in between 1:30-2:30 p.m. Independent Living residents and staff are invited to stop in between 2:30-3:30 p.m. Please call Roberta Breninghouse at ext. 8471 with questions.

Volunteer Hours

Did you volunteer to help with the reopening of the Library or Computer Room after the flooding? If so, please write down your name and approximate number of hours worked and give them to Tabby Alford. All volunteer hours count toward our tax-exempt status.

Piano Recital

Katie Liu, award-winning pianist and 11th grader at Montour High School, will perform a special Valentine's Day recital on Friday, February 14th at 4:15 p.m. in the Auditorium. The recital will feature works by Frédéric Chopin. Flyers are posted in the mail room.

Chapel Donations

I wanted to let you know that Sherwood Oaks no longer handles or acknowledges donations to Chapel. This is done through SORA. If you would like to donate to Chapel, please make the check payable to SORA, with Chapel written in the memo. Donations can be given to Gary Brandenberger.

Resident Get Together

A resident get together will be held on Monday, February 17 at 1:30 PM in the Auditorium. Bill Burtner, Wellness & Health Promotion Manager, and Megan Szymanski, Director of Rehabilitation, will be speaking about their roles at Sherwood Oaks. I will also provide a brief update and will answer any questions you may have.

Assistive/Mobility Device Labels

All assistive/mobility devices such as walkers, rollators and canes must be labeled with your name and unit number. Identification labels are available at the reception desk.

Jerry Andree

Cranberry Township Manager, Jerry Andree, will be here on Tuesday, February 18 to update you on what is happening in Cranberry Twp. This meeting will begin at 1:30 PM in the Auditorium and Card Room.

Living with Loss Correction

The Living with Loss event re: End of Life Issues will be held on <u>Thursday</u>, February 20, not Monday, February 20 as published in the February ACORN.

Fitness Center Interns and Survey

Bill Burtner has two new interns working with him in the Fitness Center. Please welcome Bethany and Peyton. Bethany and Peyton are students at Slippery Rock University and would like to create a program for you as part of their education. Their hope is to create a friendly competition to motivate and inspire you to increase your physical activity. Recently, you received a survey that asks questions regarding your current physical activity and what you may like to see in a program. This survey will provide them with information that will be used to structure a program that fits your needs and wants, in hopes that you are likely to participate. If you have questions, please contact Bill at ext. 8543.