



**This Week at Sherwood Oaks - August 25, 2019 to August 31, 2019**  
**The Audio Bulletin Board 8489**



**Sunday, August 25 Buffet Lunch/Dinner**

- Bus to Local Churches - please see board and Channel 900 for times**
- 10:30 am Quaker Meeting for Worship - Large Conference Room
  - 2:00 pm Chapel Service - Auditorium - Reverend Moni McIntyre

**Monday, August 26 Buffet Lunch/Dinner**

- 8:15 am Bus to Passavant Cranberry
- 9:30 am Bus to Costco/Barnes & Noble Walmart/Cranberry Mall Passavant Cranberry & Main Campus
- 10:00 am NO Aquacize - Swimming Pool
- 11:00 am Exercise Class - Cranberry Lake Fitness Center
- 1:00 pm Painting Class - Novice or Pro
- 1:00 pm Bus to Shop 'n Save/CVS Passavant Cranberry & Main Campus
- 1:15 pm Let's Talk - Auditorium
- 7:00 pm Monday Night Bridge - Card Room

**Tuesday, August 27 Buffet Lunch/Dinner**

- 8:15 am Bus to Passavant Cranberry
- 9:30 am Bus to VA Clinic in Cranberry Passavant Cranberry & Pittsburgh/Oakland
- 10:00 am Tai Chi - Cranberry Lake Fitness Ctr.
- 11:00 am Sister Circle - Skilled Nursing
- 1:00 pm New Time** -Take a Walk with a Friend Meet in Main Lobby
- 1:00 pm Computer Center Closed for Monthly Maintenance
- 1:40 pm Bus to VA Clinic Cranberry/Passavant
- 3:00 pm Hand & Foot Canasta - Lobby

**Wednesday, Aug 28 Buffet Lunch/Dinner**

- Bus to UPMC Passavant Cranberry 8:15am - 9:30am -11:45am - 2:00pm**
- 9:30 am Bus to Rite Aid, Passavant Cranberry & Rt. 228 Mall
  - 10:00 am Men's Bible Study - Sherwood Meeting Room (Lower Level)
  - 11:00 am Exercise Class - Cranberry Lake Fitness Center
  - 12:00 pm Granny's Attic Annex -Patio Home #156 - open until 2:30pm
  - 1:00 pm Wednesday Bridge - Lobby
  - 1:00 pm PC, Laptop, Tablet, or Smartphone Help in Computer Room until 3pm
  - 1:00 pm Complimentary Hearing Aid Service Dr. Francis - Appointment Necessary

**Wednesday (continued) Buffet Lunch/Dinner**

- 7:15 pm Campfire Night - Summer House

**Thursday, August 29 Buffet Lunch/Dinner**

- 7:00 am Bus to Passavant Cranberry & Main
- 9:30 am Bus to Cranberry Mall/Passavant Cranberry & Passavant Main
- 10:00 am NO Aquacize - Swimming Pool
- 11:00 am Yoga Class - Cranberry Lake Fitness Ctr.
- 1:00 pm Bus to Streets of Cranberry/Passavant Cranberry and Passavant Main
- 1:15 pm Scrabble & Games - Lobby
- 1:30 pm Duplicate Bridge - Card Room
- 3:00 pm Hand & Foot Canasta - Lobby

**Friday, August 30 Buffet Lunch/Dinner**

- Bus to UPMC Passavant Cranberry 7 am - 9:30 am - 1 pm**
- 9:30 am Bus to Shop 'n Save/Passavant Cranberry & Passavant Main
  - 10:00 am Friday Gathering for Prayer - Sherwood Meeting Room (Lower Level)
  - 11:00 am Exercise Class - Cranberry Lake Fitness
  - 1:00 pm Bus to Costco/Barnes & Noble/Walmart Cranberry Mall/Passavant Cranberry/Passavant Main
  - 1:30 pm Tai Chi - Cranberry Lake Fitness Center
  - 2:00 pm Sew and So - Personal Care Day Room

**Saturday, August 31 Buffet Lunch/Dinner**

- No Bus to the Mall Today**
- 3:40 pm Bus to St. Ferdinand's Church
  - 7:00 pm Saturday Night Movie - **Network** - Rated R - 2hr 1min

**The Landscape Committee is looking for a chairperson to coordinate this year's Annual Poinsettia Sale.**

**If you are interested, please contact Tom Gregory at extension 8153.**



## Coming Events



Sept	1 Sunday	Chapel Service - 2:00pm - Auditorium - Reverend Moni McIntyre
Sept	2 Monday	Women's Bible Study - 10:45am - Sherwood Meeting Room (Lower Level)
Sept	2 Monday	Sherwood Gifts CLOSED in Observance of Labor Day
Sept	3 Tuesday	SORA Board Monthly Meeting - 1:30pm - Auditorium - All Residents Welcome!
Sept	3 Tuesday	Cranberry Veterinarian Visit - 2pm to 4pm - Sign Up Sheet in Mail Room
Sept	4 Wednesday	How to Write Your Life Story - Pre-Registration Required - 1:00pm - Conference Room
Sept	5 Thursday	Blackburn Scooter Service - 9am to 2:30pm - Sign Up Sheet in Mail Room
Sept	6 Friday	Bus to River City Brass Band - 6:30 - Carson Middle School
Sept	7 Saturday	Fashion Show - 2:00pm - Auditorium
Sept	7 Saturday	Granny's Attic Annex - Patio Home 156 - noon to 2:30pm
Sept	7 Saturday	Saturday Night Movie - 7:00pm - Auditorium - <b>The Artist</b> - Rated PG 13 - 1hr 40min



### This Week's Menu

**Sunday, August 25, 2019 through Saturday, August 31, 2019**

Dining Room Reservation # for Patio Homes: 8234

Dining Room Reservation # for Apartment Residents and 600 Patio Homes: 724-776-8234

Take Out and Home Delivered Meals - Patio Home Residents: 8236

Take Out and Home Delivered Meals - Apartment Residents and 600 Patio Homes: 724-776-8236

### Side of the Week: Succotash

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**WEEKEND PHYSICIANS ON CALL**  
 Call the Community Nurse for assistance at 8496.  
 Call 412-931-3066 for doctor on call information.

Please leave items for the Weekly Bulletin at the front desk **by Thursday** for Donna Fasone or call 8462, or email fasone@sherwood-oaks.com.

