

This Week at Sherwood Oaks -May 26, 2019 to June 1, 2019
The Audio Bulletin Board 8489



Sunday, May 26 Buffet Lunch/Dinner

Bus to Local Churches - please see bulletin board and Channel 900 for times

- 10:30 am Quaker Meeting for Worship - Chapel
- 2:00 pm Chapel Service - Auditorium - Reverend Ron Brown

Monday, May 27 Buffet Lunch Full Service Dinner



Sherwood Gifts Closed in

Observance of Memorial Day

- 8:15 am Bus to Passavant Cranberry
- 9:30 am Bus to Costco/Barnes & Noble Walmart/Cranberry Mall Passavant Cranberry & Main Campus
- 10:00 am Aquacize - Swimming Pool
- 11:00 am **NO** Exercise Class - Cranberry Lake Fitness Center
- 1:00 pm **NO** Painting Class Today - Novice or Pro
- 1:00 pm Bus to Shop 'n Save/CVS Passavant Cranberry & Main Campus
- 7:00 pm Monday Night Bridge - Card Room

Tuesday, May 28 Buffet Lunch/Dinner

- 8:15 am Bus to Passavant Cranberry
- 9:30 am Bus to VA Clinic in Cranberry Passavant Cranberry & Pittsburgh/Oakland
- 10:00 am Tai Chi - Cranberry Lake Fitness Center
- 11:00 am Take a Walk with a Friend - Meet in Main Lobby
- 1:00 pm Computer Center Closed for Monthly Maintenance
- 1:40 pm Bus to VA Clinic Cranberry/Passavant
- 3:00 pm Hand & Foot Canasta - Lobby

Wednesday, May 29 Buffet Lunch/Dinner

Bus to UPMC Passavant Cranberry 8:15am - 9:30am -11:45am - 2:00pm

- 9:30 am Bus to Rite Aid, Passavant Cranberry & Rt. 228 Mall
- 10:00 am Men's Bible Study - Chapel
- 11:00 am Exercise Class - Cranberry Lake Fitness Center
- 12:00 pm Granny's Attic Annex -Patio Home 156 - open until 2:30pm
- 1:00 pm Wednesday Bridge - Card Room
- 1:00 pm Complimentary Hearing Aid Service Dr. Francis - Appointment Necessary
- 1:00 pm PC, Laptop, Tablet, or Smartphone Help in Computer Room until 3pm

Thursday, May 30 Buffet Lunch/Dinner

- 7:00 am Bus to Passavant Cranberry & Main
- 9:30 am Bus to Cranberry Mall/Passavant Cranberry & Passavant Main
- 10:00 am Aquacize - Swimming Pool
- 11:00 am Yoga Class - Cranberry Lake Fitness Ctr.
- 1:00 pm Bus to Streets of Cranberry/Passavant Cranberry and Passavant Main
- 1:15 pm Scrabble & Games - Lobby
- 1:30 pm Duplicate Bridge - Card Room
- 3:00 pm Hand & Foot Canasta - Lobby

Friday, May 31 Buffet Lunch Full Service Dinner

Bus to UPMC Passavant Cranberry 7 am - 9:30 am - 1 pm

- 9:30 am Bus to Shop 'n Save Passavant Cranberry & Passavant Main
- 9:30 am Friday Gathering for Prayer - Chapel
- 11:00 am Exercise Class - Cranberry Lake Fitness
- 1:00 pm Costco/Barnes & Noble/Walmart Cranberry Mall/Passavant Cranberry/Passavant Main
- 1:30 pm Tai Chi - Cranberry Lake Fitness Center
- 2:00 pm Sew and So - Personal Care Day Room

Saturday, June 1 Buffet Lunch/Dinner

**Granny's Attic Annex
 Patio Home #156
 Open Noon to 2:30pm**

- 9:30 am Bus to Beaver Valley Mall
- 3:40 pm Bus to St. Ferdinand's
- 4:30 pm Montgomery Fellowship "Vivo Quartet" - Auditorium
- 7:00 pm Saturday Night Movie - **Tucker: The Man and His Dream** - Rated PG -1hr 50min - Auditorium

In heaven too, each blossoming May,
 I think they keep Memorial Day;
 And not in scattered, feeble groups,
 But one great host of marching troops.

The soldier lines are shortening here,
 Swiftly, sadly, year by year;
 But yonder, in the skies of spring,
 The glorious lines are lengthening.



Remember -
 our fallen heros.
 They are the reason
 that we are free.

Coming Events



- June 2 Sunday Bus to Pittsburgh Symphony - 1:30pm - Heinz Hall
- June 2 Sunday Chapel Service - 2:00pm - Auditorium - Reverend Donna Giver Johnston
- June 3 Monday Let's Talk - 1:15pm - Auditorium
- June 4 Tuesday Take a Walk with a Friend - All Residents Welcome - 11:00am - Meet in Lobby
- June 4 Tuesday Cranberry Veterinarian Visit - 1pm to 2:30pm - Sign Up Sheet in Mail Room
- June 4 Tuesday SORA Monthly Meeting - 1:30pm - Auditorium - All Residents Welcome!
- June 6 Thursday Scooter Clinic - 9am to 2:30pm - Gallery/Scooter Room
- June 7 Friday Drama Club Play "45 Minutes from Broadway" - 7:15pm - Auditorium
- June 8 Saturday Student Piano Recital - 1:30pm - Auditorium
- June 8 Saturday Saturday Night Movie - 7:00pm - Auditorium - **Chicken Run** - Rated G - 1hr 24min



This Week's Menu

Sunday, May 26, 2019 through Saturday, June 1, 2019

Dining Room Reservation # for Patio Homes: 8234

Dining Room Reservation # for Apartment Residents and 600 Patio Homes: 724-776-8234

Take Out and Home Delivered Meals - Patio Home Residents: 8236

Take Out and Home Delivered Meals - Apartment Residents and 600 Patio Homes: 724-776-8236

Side of the Week: Soaker Beans

Sunday Buffet Lunch/Dinner 26
 Seafood Bisque
 English-Style cod
 Turkey with Stuffing
 Bourbon Beef Tips
 Chef's Feature -Italian Ravioli Sampler

Thursday Buffet Lunch/Dinner 30
 Watermelon Gazpacho
 Steamed Mussels Napoli
 Baby Back Ribs
 California Turkey Burger
 Chef's Feature - Philly Steak Pizza

Monday Buffet Lunch Full Service Dinner 27
 Chicken Noodle Soup
 Hamburger/Cheeseburger
 Hot Dog
 Sweet Italian Sausage with Peppers & Onions
 Chef's Feature - Memorial Day Menu

Friday Buffet Lunch Full Service Dinner 31
 Wonton Soup
 Taco Salad
 Bang Bang Chicken
 Sun-dried Tomato Pasta Asiago
 Chef's Feature - House Battered Walleye

Tuesday Buffet Lunch Full Service Dinner 28
 Vegetarian Vegetable Soup
 House Smoked Fish
 Apricot Chicken
 Leg of Lamb
 Chef's Demo - Deli Bar MTO

Saturday Buffet Lunch/Dinner 1
 Chicken Florentine Soup
 Basa with Fruit Salsa
 Lemon Pesto Chicken
 Homemade Meatballs in Marinara Sauce
 Chef's Feature - "Be Well" Plant Based Impossible Burger

Wednesday Buffet Lunch/Dinner 29
 Beer & Cheese or Fire Roasted Chili Soups
 Beef & Bean Burrito
 Vegetable Fajita
 Chicken Enchiladas
 Valencia Paella (Seafood Stew)
 Chef's Feature - May Birthday Menu



Regular Non-Holiday Dining Room Hours

Lunch Buffet: Noon - 1 PM Mon. - Sat.
Sunday Brunch Buffet: 11:30 AM - 2 PM
Dinner: 5:00 PM - 7:00 PM
Café Sherwood:
 Breakfast: Daily 8 AM - 10:30 AM
 Lunch: Daily 11 AM - 5 PM
 Dinner: 5:00 PM - 7:00 PM

WEEKEND PHYSICIANS ON CALL
 Call the Community Nurse for assistance at 8496.
 Call 412-931-3066 for doctor on call information.

Please leave items for the Weekly Bulletin at the front desk **by Thursday** for Donna Fasone or call 8462, or email fasone@sherwood-oaks.com.