



**This Week at Sherwood Oaks -May 19, 2019 to May 25, 2019
The Audio Bulletin Board 8489**



Sunday, May 19 Buffet Lunch/Dinner

Bus to Local Churches - please see bulletin board and Channel 900 for times

2:00 pm Chapel Service - Auditorium - Reverend Elisabeth Hartwell

Monday, May 20 Buffet Lunch Full Service Dinner

8:15 am Bus to Passavant Cranberry
9:30 am Bus to Costco/Barnes & Noble Walmart/Cranberry Mall Passavant Cranberry & Main Campus
10:00 am Aquacize - Swimming Pool
11:00 am Exercise Class - Cranberry Lake Fitness Center
11:00 am Memorial Service - **Kay Pittman** - Auditorium/Card Room
1:00 pm Painting Class - Novice or Pro
1:00 pm Bus to Shop 'n Save/CVS Passavant Cranberry & Main Campus
1:15 pm Let's Talk - Oak Lodge Great Room
7:00 pm Monday Night Bridge - Card Room

Tuesday, May 21 Buffet Lunch/Dinner

8:15 am Bus to Passavant Cranberry
9:30 am Bus to VA Clinic in Cranberry Passavant Cranberry & Pittsburgh/Oakland
10:00 am Tai Chi - Cranberry Lake Fitness Center
11:00 am Sister Circle - Skilled Nursing
11:00 am Take a Walk with a Friend - Meet in Main Lobby
1:40 pm Bus to VA Clinic Cranberry/Passavant
3:00 pm Hand & Foot Canasta - Lobby

Wednesday, May 22 Buffet Lunch/Dinner

Bus to UPMC Passavant Cranberry 8:15am - 9:30am -11:45am - 2:00pm

9:30 am Bus to Rite Aid, Passavant Cranberry & Rt. 228 Mall
10:00 am Men's Bible Study - Chapel
11:00 am Exercise Class - Cranberry Lake Fitness Center
11:45 am Bus to City Theatre - Southside
12:00 pm Granny's Attic Annex -Patio Home 156 - open until 2:30pm
1:00 pm Wednesday Bridge - Card Room
1:00 pm Complimentary Hearing Aid Service Dr. Francis - Appointment Necessary
1:00 pm PC, Laptop, Tablet, or Smartphone Help in Computer Room until 3pm

Thursday, May 23 Buffet Lunch/Dinner

7:00 am Bus to Passavant Cranberry & Main
9:30 am Bus to Cranberry Mall/Passavant Cranberry & Passavant Main
10:00 am Aquacize - Swimming Pool
11:00 am Yoga Class - Cranberry Lake Fitness Ctr.
1:00 pm Bus to Streets of Cranberry/Passavant Cranberry and Passavant Main
1:15 pm Scrabble & Games - Lobby
1:30 pm Duplicate Bridge - Card Room
3:00 pm Hand & Foot Canasta - Lobby
7:15 pm Program Committee Presents - Pitt Alumni Dance Band - Auditorium

Friday, May 24 Buffet Lunch Full Service Dinner

Bus to UPMC Passavant Cranberry 7 am - 9:30 am - 1 pm

9:30 am Bus to Shop 'n Save Passavant Cranberry & Passavant Main
9:30 am Friday Gathering for Prayer - Chapel
11:00 am Exercise Class - Cranberry Lake Fitness
1:00 pm Costco/Barnes & Noble/Walmart Cranberry Mall/Passavant Cranberry/Passavant Main
1:30 pm Tai Chi - Cranberry Lake Fitness Center
2:00 pm Sew and So - Personal Care Day Room
2:00 pm Violinist, Monique Mead - Beethoven Concert - Auditorium

1844 - Samuel Morse Sends First Telegraph

Saturday, May 25 Buffet Lunch/Dinner

9:30 am Bus to Ross Park Mall
1:30 pm Chiodi Trio - Bluegrass Music - Auditorium
3:40 pm Bus to St. Ferdinand's
7:00 pm Saturday Night Movie - **The Sting** - Rated PG - 2hr 9min - Auditorium



Coming Events



- May 26 Sunday Chapel Service - 2:00pm - Auditorium - Reverend Amy Michelson
- May 26 Sunday Quaker Meeting for Worship - 10:30am - Chapel
- May 27 Monday Sherwood Gifts Closed for Memorial Day
- May 27 Monday No Painting Class Today!
- May 28 Tuesday Take a Walk with a Friend - All Residents Welcome - 11:00am - Meet in Lobby
- June 1 Saturday Granny's Attic Annex - Patio Home #156 - noon to 2:30pm
- June 1 Saturday Montgomery Fellowship - "Vivo Quartet" - 4:30pm - Auditorium
- June 1 Saturday Saturday Night Movie - 7:00pm - Auditorium - **Tucker: The Man and His Dream** - Rated PG -1hr 50min



This Week's Menu

Sunday, May 19, 2019 through Saturday, May 25, 2019

Dining Room Reservation # for Patio Homes: 8234

Dining Room Reservation # for Apartment Residents and 600 Patio Homes: 724-776-8234

Take Out and Home Delivered Meals - Patio Home Residents: 8236

Take Out and Home Delivered Meals - Apartment Residents and 600 Patio Homes: 724-776-8236

Side of the Week: Creamed Peas

Sunday Buffet Lunch/Dinner 19
 Chilled Vichyssoise
 Lobster Ravioli with a Tuscan Lobster Sauce
 Chicken Marsala
 Prime Rib au Jus
 Chef's Feature -Sausage Gravy Over Biscuit

Thursday Buffet Lunch/Dinner 23
 Manhattan Clam Chowder
 Salmon Berry Salad
 Moussaka
 Garlic Parmesan Chicken Wings
 Chef's Feature - French Dip

Monday Buffet Lunch Full Service Dinner 20
 Tomato Basil Soup
 Grilled Mahi with Pecan Lime Butter
 Sesame Beef Stir Fry
 Herb Marinated Baked Chicken Thighs
 Chef's Feature - Vegetable Egg Roll

Friday Buffet Lunch Full Service Dinner 24
 Chilled Strawberry Soup
 Tilapia with Lemon and Chives
 Corned Beef
 Angel Hair Pasta with Vegetables & Pesto Sauce
 Chef's Feature -Chicken Romano

Tuesday Buffet Lunch Full Service Dinner 21
 Italian Wedding Soup
 Jumbo Lump Crab Cakes
 Zucchini Ricotta Rolls
 Pork Tenderloin with Peach Salsa
 Chef's Demo - "Be Well" Wrap MTO

Saturday Buffet Lunch/Dinner 25
 Split Pea Soup
 Scallops ala Caprese
 Pork Chop Vietnamese
 Honey Mustard Chicken
 Chef's Feature - Veal Parmigiana

Wednesday Buffet Lunch/Dinner 22
 Chicken Black Bean Soup
 Shrimp Scampi
 Steak au Poivre
 Sweet Italian Sausage
 Chef's Feature - Braised Vegetables w/Pesto

Regular Non-Holiday Dining Room Hours
Lunch Buffet: Noon - 1 PM Mon. - Sat.
Sunday Brunch Buffet: 11:30 AM - 2 PM
Dinner: 5:00 PM - 7:00 PM
Café Sherwood:
 Breakfast: Daily 8 AM - 10:30 AM
 Lunch: Daily 11 AM - 5 PM
 Dinner: 5:00 PM - 7:00 PM

WEEKEND PHYSICIANS ON CALL
 Call the Community Nurse for assistance at 8496.
 Call 412-931-3066 for doctor on call information.

Please leave items for the Weekly Bulletin at the front desk **by Thursday** for Donna Fasone or call 8462, or email fasone@sherwood-oaks.com.

