

**This Week at Sherwood Oaks -April 21, 2019 to April 27, 2019  
The Audio Bulletin Board 8489**



**Sunday, April 21 Buffet Lunch/Dinner**



**SHERWOOD GIFTS CLOSED IN  
OBSERVANCE OF EASTER**

**Bus to Local Churches - please see bulletin board and Channel 900 for times**

2:00 pm Easter Chapel Service - Auditorium - Reverend Ron Hoellein

**Wednesday, April 24 (continued)**

1:00 pm PC, Laptop, Tablet, or Smartphone Help in Computer Room until 3pm

1:30 pm Hand Bells Practice -Auditorium

3:00 pm Chorus Practice - Auditorium

7:15 pm Focus on the World - Who's Taking Care of Us? - Auditorium

**Monday, April 22 Buffet Lunch Full Service Dinner**

**Make Every Day EARTH DAY!**



8:15 am Bus to Passavant Cranberry  
9:30 am Bus to Costco/Barnes & Noble Walmart/Cranberry Mall Passavant Cranberry & Main Campus  
10:00 am Aquacize - Swimming Pool  
11:00 am Exercise Class - Cranberry Lake Fitness Center  
1:00 pm Painting Class - Novice or Pro  
1:00 pm Bus to Shop 'n Save/CVS Passavant Cranberry & Main Campus  
1:15 pm Let's Talk - Oak Lodge Great Room  
7:00 pm Monday Night Bridge - Card Room

**Thursday, April 25 Buffet Lunch/Dinner**

**Curio Cabinets  
Please Bring in Items for  
Amphibians, Reptiles and Dragons!  
10:00am to 12:00pm or 4:30pm to 5:30pm**

7:00 am Bus to Passavant Cranberry & Main  
9:30 am Bus to Cranberry Mall/Passavant Cranberry & Passavant Main  
10:00 am Aquacize - Swimming Pool  
10:30 am Speaker - Dr. Barry Kerzin- Physician to the Dalai Lama - Auditorium  
11:00 am Yoga Class - Cranberry Lake Fitness Ctr.  
1:00 pm Bus to Streets of Cranberry/Passavant Cranberry and Passavant Main  
1:15 pm Scrabble & Games - Lobby  
1:30 pm Duplicate Bridge - Card Room  
3:00 pm Hand & Foot Canasta - Lobby  
7:15 pm Program Committee Presents - Timothy Heavner, Pianist/Vocalist - Auditorium

**Tuesday, April 23 Buffet Lunch/Dinner**

**Curio Cabinets  
Please Pick Up Spring Items!  
10:00am to 12:00pm or 4:30pm to 5:30pm**

8:15 am Bus to Passavant Cranberry  
9:30 am Bus to VA Clinic in Cranberry Passavant Cranberry & Pittsburgh/Oakland  
10:00 am Tai Chi - Cranberry Lake Fitness Center  
10:30 am Opera - Intro to Don Pasquale - Auditorium  
11:00 am Take a Walk with a Friend - Meet in Main Lobby  
1:40 pm Bus to VA Clinic Cranberry/Passavant  
3:00 pm Hand & Foot Canasta - Lobby

**Friday, April 26 Buffet Lunch Full Service Dinner**

**Bus to UPMC Passavant Cranberry  
7 am - 9:30 am - 1 pm**

9:30 am Bus to Shop 'n Save Passavant Cranberry & Passavant Main  
9:30 am Friday Gatherings for Prayer - Chapel  
11:00 am Exercise Class - Cranberry Lake Fitness  
1:00 pm Costco/Barnes & Noble/Walmart Cranberry Mall/Passavant Cranberry/Passavant Main  
1:30 pm Resident Get Together - Auditorium - Bake Sale Meeting Immediately Following  
1:30 pm Tai Chi - Cranberry Lake Fitness Center  
2:00 pm Sew and So - Personal Care Day Room

**Wednesday, April 24 Buffet Lunch/Dinner**

**Bus to UPMC Passavant Cranberry  
8:15am - 9:30am -11:45am - 2:00pm**

9:30 am Bus to Rite Aid, Passavant Cranberry & Rt. 228 Mall  
10:00 am Men's Bible Study - Chapel  
11:00 am Exercise Class - Cranberry Lake Fitness Center  
12:00 pm Granny's Attic Annex -Patio Home 156 - open until 2:30pm  
1:00 pm Wednesday Bridge - Card Room  
1:00 pm Complimentary Hearing Aid Service Dr. Francis - Appointment Necessary

**Saturday, April 27 Buffet Lunch/Dinner**

10:00 am Bus to Ross Park Mall  
3:40 pm NO Bus to St. Ferdinand's - No Mass  
7:00 pm Saturday Night Movie - **The Station Agent** - Rated R - 1hr 29min - Auditorium



## Coming Events



April 28 Sunday	Quaker Meeting for Worship - 10:30am - Chapel
April 28 Sunday	Bus to Pops Concert -1:30pm - Heinz Hall -
April 28 Sunday	Chapel Service - 2:00pm - Auditorium - Reverend John Guest
April 30 Tuesday	Resident Computer Center Closes at 1:00pm for Monthly Maintenance
April 30 Tuesday	Take a Walk with a Friend - All Residents Welcome - 11:00am - Meet in Lobby
April 30 Tuesday	Bus to Pittsburgh Opera - 5:30pm - Benedum Center
May 2 Thursday	Blackburn Scooter Clinic - 9am to 2:30pm - Gallery/Scooter Room
May 3 Friday	Bus to River City Brass Band - 6:30pm - Carson Middle School
May 4 Saturday	Granny's Attic Annex - Patio #156 - noon to 2:30pm
May 4 Saturday	Saturday Night Movie - 7:00pm - Auditorium - <b>Mary Poppins Returns</b> - 2hr 10min

### This Week's Menu

**Sunday, April 21, 2019 through Saturday, April 27, 2019**


Dining Room Reservation # for Patio Homes: 8234

Dining Room Reservation # for Apartment Residents and 600 Patio Homes: 724-776-8234

Take Out and Home Delivered Meals - Patio Home Residents: 8236

Take Out and Home Delivered Meals - Apartment Residents and 600 Patio Homes: 724-776-8236

### Side of the Week: Roasted Cauliflower

<b>Sunday</b>	<b>Buffet Lunch/Dinner</b>	<b>21</b>
Seafood Bisque		
English Style Cod		
Pineapple Ham		
Bourbon Beef Tips		
Chef's Feature - Easter Menu		

<b>Thursday</b>	<b>Buffet Lunch/Dinner</b>	<b>25</b>
Watermelon Gazpacho		
Steamed Mussels Napoli		
Baby Back Ribs		
California Turkey Burger		
Chef's Feature - Beef Pot Pie		

<b>Monday</b>	<b>Buffet Lunch Full Service Dinner</b>	<b>22</b>
Stuffed Pepper Soup		
Cheese Manicotti		
Cuban Pork Roast		
Cilantro Grilled Chicken		
Chef's Feature - Catch: Hand-breaded Fried Fish		

<b>Friday</b>	<b>Buffet Lunch Full Service Dinner</b>	<b>26</b>
Wonton Soup		
Taco Salad		
Bang Bang Chicken		
Sun-dried Tomato Pasta Asiago		
Chef's Feature - Barramundi		

<b>Tuesday</b>	<b>Buffet Lunch Full Service Dinner</b>	<b>23</b>
Vegetarian Vegetable Soup		
House Smoked Fish		
Apricot Chicken		
Leg of Lamb		
Chef's Demo - Open Face Beef or Pork		

<b>Saturday</b>	<b>Buffet Lunch/Dinner</b>	<b>27</b>
Chicken Florentine Soup		
Basa with Fruit Salsa		
Lemon Pesto Chicken		
Homemade Meatballs in Marinara Sauce		
Chef's Feature - Mediterranean Sausage		

<b>Wednesday</b>	<b>Buffet Lunch/Dinner</b>	<b>24</b>
Meatball Stew		
Pepperoni Pizza		
Scallops		
Popcorn Chicken		
Round Cheese Ravioli		
Chef's Feature - April Birthday		

**Regular Non-Holiday Dining Room Hours**

**Lunch Buffet:** Noon - 1 PM Mon. - Sat.  
**Sunday Brunch Buffet:** 11:30 AM - 2 PM  
**Dinner:** 5:00 PM - 7:00 PM

**Café Sherwood:**  
**Breakfast:** Daily 8 AM - 10:30 AM  
**Lunch:** Daily 11 AM - 5 PM  
**Dinner:** 5:00 PM - 7:00 PM

WEEKEND PHYSICIANS ON CALL

Call the Community Nurse for assistance at 8496.  
 Call 412-931-3066 for doctor on call information.

Please leave items for the Weekly Bulletin at the front desk **by Thursday** for Donna Fasone or call 8462, or email fasone@sherwood-oaks.com.

