

THE ACORN

SHERWOOD OAKS NEWSLETTER
100 Norman Drive, Cranberry Twp., PA 16066
www.sherwood-oaks.com

March 2019 “For the residents, by the residents” Vol. 20 No. 3

An employee to appreciate! Chef Rick Kulish



Story on Page 4

Photo by Barbara Dixon



FROM THE EDITOR

Throughout the month of March, Sherwood Oaks will be honoring their employees in a variety of ways. Employee Appreciation Day will feature a Mexican theme including make your own tacos. There will be shamrock cookies on St. Patrick's Day. Ice cream novelties will be available at another time. Each department head will make a poster honoring their employees. Look for those posted on the walls in the lower level.

Last month, having recognized some of our longtime residents, each living here about 30 years, *THE ACORN* wanted to recognize one of our long-term employees not only for his longevity of service but for his dedication to Sherwood Oaks during an extremely difficult time.

Not too long ago, resident Doris Wiles asked me if *THE ACORN* would do an updated piece on phone scammers and telemarketers. Rabe Marsh was glad to oblige. You'll find it on page 11.

This month begins our Continued Learning lectures which never disappoint in their variety of speakers and subjects. Please note that all the talks are scheduled for the same time throughout the month, 10:30 to 11:30 AM.

Also, take note of a special docent-led tour of the 57th Carnegie International Art Exhibit. Shari Castle, resident Ellie Castle's daughter, will be our docent for the once every four or five-years contemporary art exhibit. Sign up on the

sheet in the mailroom to save yourself a seat on the bus!

Our back cover features our favorite mute swans, Sherman and Oakley. The photo is courtesy of resident Jane Rittelmann's daughter-in-law, Debra Rittelmann, a dedicated "Birder" I've been told. Hopefully the boys won't be in the cold too much longer. Spring should start to appear later this month.

Barbara Dixon

THE ACORN

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Submissions for the April *ACORN* must be sent to the Editor, or Mike Rose if poetry, no later than **March 15, 2019**.

WHAT'S NEW WITH SORA? (Sherwood Oaks Residents' Association)

NOTE: Complete minutes are always available for review on the SORA bulletin board in the mailroom and in the SORA binder in the library.

Summary of reports and actions for the Jan. 6 and Feb. 5, 2019, board meetings:

Treasurers' Reports:

Memorial/Special Projects Fund received \$6,000.00 from Sherwood Gifts in January and \$542.00 in memory of Frank Pittman designated for a holiday tree. A \$50,000 CD was purchased from West View Savings for one year at an interest rate of 2.35%. The Employee Appreciation Fund has a balance of \$19,972; donations from residents decreased to 77% from 79% in 2018, and the average gift decreased from \$627 to \$560. The SORA bank balance is \$29,576.47.

Liaison Reports:

Sherwood Gifts:

Joanne and Frank Weiss are Chief Sales Associates. Jewelry donations are still needed.

Security and Transportation:

The new 33 passenger bus has arrived. Campus sites are being considered for the new bus garage. Bus runs are being reviewed to ensure adequate coverage.

Trips and Tours:

March 14 – "Celtic Crossroads" at the Strand.

Dining:

Chris Olson is the new sous chef. A request for background music in the Dining Room was rejected.

Library:

Resident authors' publications are on display.

Landscape:

The lake fountain is being repaired under warranty. Stormwater management at the Meeder property regarding Sherwood Oaks property is being reviewed.

Special Needs:

A second parking red zone is being considered for the Scooter Room. ALL mobile devices are to be marked with name and unit number.

President's Report:

Betty Eichler appointed Lee Wierman as chair of the Nominating Committee and Frank Finley as member. The full committee of 5 will be elected in March. A proposal for a Swimming Pool activity committee will be brought to the March board meeting.

Administration Report:

March is Employee Appreciation Month. Results of the resident survey will soon be shared; more than 12 scoring areas received highest honors.

Discussion Time:

Board members created a 'wish list' for SO for 2019. Winterfest on January 29 welcomed 25 displays by committees and activities.

Visitors:

12 (Jan.) & 18 (Feb.) attended.

The next SORA Board meeting is Tuesday, March 5, 2019, at 1:30 PM. The quarterly residents' meeting is March 12 at 7:15 PM.

Jean Henderson, Secretary

AN EMPLOYEE TO APPRECIATE

CHEF RICK KULISH

Employee Appreciation Day is Friday, March 1, 2019 and it is fitting that we acknowledge one of our long-term employees who we residents see only occasionally, and only if we eat breakfast or lunch. Chef Rick Kulish started working here at Sherwood Oaks as a dishwasher 33 years ago and has worked up through the ranks to become our morning Chef.

Rick remembers when the Health Center's residents received their meals on trays prepared in the main kitchen then transported to the units on carts. He refers to that service as the "tray line." Back then, residents coming to the dining room for either lunch or dinner numbered only about 20 to 25. Times have certainly changed. Currently there are six working kitchens including the main kitchen. In fiscal 2017, the total number of meals prepared was 238,661.

When I expressed a desire to feature a long-term employee in *THE ACORN*, several residents told me about Rick. When I spoke with Executive Chef Fred Buchanan, he told me about Rick's dedication, relating one incident during a particularly heavy snowstorm in 2010. I sat down with Rick to learn firsthand about what happened.

The storm started Friday and continued into Saturday, Rick's day off. Friday night, while at home in Baden, 12 miles and a 20-minute drive from Sherwood Oaks on a good day, Rick heard a loud crash outdoors around midnight. The heavy snow had collapsed the roof of his carport, trapping his four-wheel drive, Chevy truck underneath. Deciding to dig his vehicle out the next day, Rick went to

bed only to be wakened by a call from Chef Fred around 3 AM, asking if he would try to make it in to help with Saturday's breakfasts.

The carport had fallen at such an angle that the more Rick tried to shovel out his truck, the more it was encased by snow sliding off the carport roof. Abandoning his shoveling effort, Rick worked his way into his truck, gave it some gas, and managed to escape from under the entrapping, snow laden carport; he was on his way to Sherwood Oaks.

The morning kitchen staff was scheduled to start at 5 AM but Rick managed to get there even earlier than that. Only one other kitchen employee made it in that morning, Chef Fred, who brought along his wife to help. Together, the three of them made breakfast for all the residents needing to be fed. The menu was a bit limited, hot or cold cereal and a few other items but everyone was fed. Then they started on lunch. By lunch-time other kitchen employees began to make it in, allowing the two early morning chefs to leave work around their regular time, 1 PM.

Mark Bondi, then the President and CEO of Sherwood Oaks, submitted Rick's name for what was then called a Sherwood Oaks BRAVO award, (now a GEM award), which recognizes an employee who has gone the "extra mile." Rick was also nominated and awarded a UPMC ACES award for his extraordinary dedication to his job during that storm. The ACES or Achievement in Customer Excellence Award is presented to fewer than one percent of UPMC employees annually.

We here at Sherwood Oaks are fortunate to have people like Chef Rick Kulish: working hard to help maintain our quality of life.

Barbara Dixon

GUILTY AS CHARGED

I plead guilty, due to a semi comatose state brought on by stress.

It was a very difficult period, during which 86 year old Bob, who had never taken any prescription drugs, now had three. The most lethal, from my point of view, was a little blue job that promoted prostate health. It came with stern warnings.

Caution: Women cannot take this pill. It is very dangerous. If a woman comes in contact with this medication, she should wash her hands thoroughly.

Since it was encased in a bottle identical to my acid reflux pills, I put his by the kitchen sink and mine in a cupboard. We were both at the point of pure exhaustion. I struggled to get myself upright and prepare for bed. I walked to the sink instead of the cupboard and gave myself the little blue pill. I was immediately awake. WIDE AWAKE. What had I done?

I called 911 who foisted me off to Poison Control. I had visions of an ambulance ride to the nearest hospital where my stomach would be forced to relinquish its contents. He put me on hold, and upon return asked, "How old are you?"

"84" I replied.

"You have nothing to fear. This is a threat to women of childbearing years. I suggest you eat something, and meanwhile your prostate will be healthy."

Ellen Brierly

I TOO HAVE COMMITTED A "BRIERLY," HAVE YOU?

Only a couple of days after reading Ellen Brierly's piece in *THE ACORN* about mistakenly putting her cell phone in the microwave, I did something a bit silly and caught myself saying, "well, I've now committed a Brierly."

I was getting ready to go down to lunch, and as I dressed for the winter weather, I reached to my left and picked up what I thought was the left side of my jacket and started to zip it to the right side of my jacket. All went well for a couple of inches, and then, for some reason, the zipper on the right side of my jacket hesitated to take more of the left side. I wondered why, as this jacket has served me well and never had a problem being zipped up.

When I looked down at the zipper, I realized I had taken the left side of the vest I was wearing and zipped it up to the right side of my jacket!

Now, what was I to do as the zipper did not seem to want to lower itself and get me out of this mess? I ended up snipping off the bottom of the zipper on the vest with my sewing scissors and then I was free. And I uttered to myself, "well, I've now committed a Brierly, wait till I tell Ellen."

I wonder, dear reader, what have you done that also reaches the level of a "Brierly?" Do tell.

Julie Eden



LETTER TO THE EDITOR

NOTHING TO SEE HERE — MOVE ALONG!

As a resident of Sherwood Oaks, you will have noticed that, at the main entrance to The Center, there are two sets of automatic sliding doors. You will also have noticed that there are four spots, one on each side of the two doors, where, if you move into them, the doors open for you.

If you stand very still in those spots, after a bit the doors give up and close. But then, if you move or just twitch—you don't actually have to walk—they open again.

Now, last month there were days when it was cold outside. Very cold, with the wind chill. Also, with the wind chill, very windy.

When the doors opened, cold, chill wind blasted into The Center.

We may not be done with very cold days. So please have a thought for those inside and keep moving through the doors. Please do not stand there chatting, keeping the doors open and blasting those inside with the wind chill!

Move along!

Thank you ...

Dennis Lynch

TEN STEPS TO HELP PROTECT A SPOUSE

(by Leslie Milk, AARP Bulletin)

Presented by the Living with Loss Team

Couples can ease the burden on the surviving spouse by discussing key financial matters today:

- 1) Gather financial papers. Store in a fireproof box at home for easier access than a bank deposit box.
- 2) Make a 'must call' list with numbers for family, accountants, lawyers, and financial advisors.
- 3) Share passwords. Keep a master list of usernames and passwords.
- 4) Update beneficiaries. Are they still living; still reflect your wishes?
- 5) Check credit cards. Make sure your name is on the account, not just the deceased's name.
- 6) Set up advance directives. Each of you needs a health care power of attorney and a living will.
- 7) Designate a money person. Each of you needs a financial POA.
- 8) Review your wills and trusts. Do this every few years. And if you don't have a will, GET ONE!
- 9) Discuss funeral plans. Be honest and realistic; consider finalizing plans now.
- 10) Learn how bills are paid. Keep a list of how bills are paid so the survivor doesn't miss a payment or overdraw an account.

Jean Henderson

VISIONS OF WAR, 50 YEARS LATER - "THE MUDDLE IN THE MIDDLE"

This is not a story for Veteran's Day or Memorial Day; this is a story for memories that are now a lifetime ago. I have been re-reading letters dated from August 1968 to August 1969. They document a young man's year in Vietnam.

Most of the letters start with thanks for a package I sent with candy, other eatable goodies, and socks (sent because they rot in the wet heat of Vietnam). The letters ask questions about "home." They are not usually dramatic, but when they are, there is a quiet aura about the unexpected situations that catch me by surprise.

At the beginning of his tour, this soldier says he is getting used to living like an animal. They are always dirty; there is no water for washing, barely enough to drink at times. It's not too bad once you get used to it, he tells me a paragraph later.

Between the warm soda and beer, they dig holes for themselves as they expect to get mortared; "just nickel and dime stuff." Later 16 days of patrol include only six "on the hill." Even later he is making landing zones and an artillery support base on a hill.

The rain drenches you, he writes. Once it rains for ten days with no let-up and the choppers cannot fly - means they don't get much chow in either. One chopper crashes, killing all aboard. After 12 days out, they issue them rain suits. Then the sun comes out, and you begin to dry off. But soon it is so hot you wish it would rain again.

He is a Navy-Marine Corpsman. Though he rarely mentions details of what he does, clues are there. He is with the forward battalion aid station; he has a tent and a few medical supplies. That is it. In one letter he tells me that two guys have come down with malaria, a "nasty bummer," as once it gets going, they cannot stop it. He mentions a Christmas rocket attack; quite a

few got injured. Four months later he mentions he got a commendation for what he did during the attack. (I was just doing my job, he writes.) There are heat casualties from the bush, and some units make enemy contact each day. There is also one 10-year-old girl on the ward, right at the end of his tour. A cute kid with shrapnel wounds to both legs, with one broken. The real bummer - it was done by "one of our rounds."

During the tour the soldier changes companies, and though he is later with those who plan the missions, he is out in the bush with them for 27 days and cannot wait to have a shower. Then he tells me his old platoon lost almost half their guys trying to take Tiger Mountain.

There is R&R in Tokyo and, about halfway through, the counts of days left begin; in July he gets his flight date to leave Nam.

They say there is the beginning of the tour and the end - and the "muddle in the middle." And I have not even mentioned the "hunk of junk" that he calls his jeep wagon, what he thinks of student demonstrators or the "petty Marine lifers," the chopper crash that spreads fire into a "whole mess of ammo," the centipedes, the rats (he kills nine in nine days), the 12-foot-long King Cobra he eliminated, or the fact his patients are saved during an attack because he has them "under their racks."

There is one last letter from the soldier; he is home in Oregon, "about the happiest guy around." He bought a '65 VW and is not sure what he'll do now. He'd like to see more of the world, to see what men have been dying for.

Fast forward the memories 50 years; we talk on the phone, no more letters. After Vietnam, he attended the university and made a career of helping juveniles in a 65-bed county detention center in Eastern Oregon. He lives with his wife on three acres in a simple home. He has children and grandchildren. And now letters from one year spent a lifetime ago - "the muddle in the middle."

Julie Eden

THE WHOLE TOWN'S TALKING

I was a late bloomer. High school was a confusing place, and I was an irrefutably unfocused scholar. Now this is called attention deficit, but in the old days, such waywardness was inexcusable. My father had graduated from Franklin and Marshall College. He was commissioned as a flying officer exactly one century ago and following his service, his first civilian job was as the principal of Snow Shoe High School in Centre County, PA. There, in Snow Shoe, he met my mother. It always surprised me that it was my father who held the degree, but my mother who emphasized education.

My sister had preceded me in the school system and finished with luminous marks. Teachers frequently told me what an excellent student she had been. Shazam, my first panic attack and thoughts: count me out of this competition. It unthinkable that I would do anything but enroll in the College Preparatory course. That was the only open venue, and I was somewhat prepared for college. No SATs yet, but there were annual Achievement exams required by the state of Ohio. They betrayed me because I could not evade my sense of competition. I liked being tested and became one of those disgusting academics who got middling grades and yet performed well on finals. That saved my ass many times.

Of all my teachers one read me like a book. Miss Eleanor Giles taught English and Speech. Shortly after we went back to school following the Christmas break, I began experiencing

her way of getting students to do the last thing in the world they wanted to do: stand up in front of the class and give a speech. One assignment was to declaim on something that made you mad. The topic jumped out of my leisure experience. Not more than a mile from my home a coal company had begun surface mining. Huge draglines were at work daily tearing away what was called *overburden* and shoveling out the exposed bituminous black gold. I watched their progress with amazement. After they took all the coal, they abandoned the site. There was a remaining cliff that was at least 60 feet above the debris remaining on the ground below. I did research and found that the companies posted a bond when they leased the land. The value of the bond was so low that the company simply forfeited it and left the spoil banks as they were. It took too, too long to force these companies to restore the mess they had made. My speech succeeded in giving me a confidence boost.

Miss Giles had a degree in drama and had been an actor in New York City. Hence, the task of directing the annual senior play dropped into her lap. What happened next altered my life. Eleanor Giles talked me into taking the lead role in the Senior Play! My mother had several good friends among my high school teachers. When Miss Giles told these women, I had agreed to take on this role, not one of them believed her. They had to confirm this with my Mom who had barely recovered from the shock herself. It must have been a jolt since the role had a romantic tilt and required a kiss. Onstage! With a girl!

Everyone knew that up 'til I had never dated. Nada.

The play's title was "The Whole Town's Talking" written by Anita Loos. The role I played was that of Chester Binney. Edward Everett Horton had portrayed Chester on the Broadway stage. Later reflection made me wonder how this innocuous comedy had been staged on Broadway. Those were not my feelings at the time. In addition to learning the lines, I spent my spare time wondering how I had gotten into all this. The ingénue was Peggy Razor. No, her father was not a barber, but rather a dentist. I was to kiss Peggy, and I had ambivalent feelings about it [he said freely]. Part of me wanted to do it. But shouldn't we practice? This turned out to be the least of my worries since Peggy took the upper hand and kissed me backstage! [Upper hand is a lousy figure of speech here, but you get the idea]. Furthermore, she repeated the rehearsal with such frequency that when it came time for the kiss on stage, I was no longer an amateur. For the next few weeks Peggy broke off her long-term relationship with Howard Wells, and I became her main squeeze. AAhhh! Quickly it became quite clear to me that Peggy was accustomed to a lot more intimacy than our simple hug and kiss. "Miss Razor, are you trying to seduce me?"

The outcome was predictable to all but me. After the play, she went back to Howard. NOooo! It took a day away from school for me to begin to recover. I had been dumped! Still, Peggy was the class valedictorian and my first convergence with the "in crowd." Two years later, now a much more urbane and debonair guy home for Christmas

drove to Pittsburgh for dinner and a basketball game. All seemed normal enough until she recognized a man she had met sometime before and, short story, she went home with him.

We are soon to celebrate the 70th anniversary of the play, the brief romance, the sense of being dumped, and finally the commencement. Since then, I have been cast in many plays and celebrated the influence of Miss Giles on my life. It was a joy 42 years later to thank Eleanor Giles for the capability of calling out the latent actor in a tall, slim, shy teen.

Paul Wierman

CALENDAR OF MARCH HOLIDAYS

Tuesday, March 5
Mardi Gras

Wednesday, March 6
Ash Wednesday

Sunday, March 10
Daylight Savings

Thursday, March 14
Pi Day

Sunday, March 17
St. Patrick's Day

Wednesday, March 20
Spring begins

Thursday, March 21
Purim starts

Saturday, March 23
Nat'l Puppy Day

Matthew 13:44

The kingdom of heaven is like treasure hidden in a field. When a man found it, he hid it again, and then in his joy went, and sold all he had and bought that field.



WHAT ABOUT THE SELLER?

Was he paid a fair price?
Did he get a good deal?
The buyer got a bargain.
It was a steal!

The seller should be happy
that he got his price.
It shouldn't really matter
that the buyer's not nice.

The buyer alone knew
the value of the treasure.
But what if the seller
didn't get his full measure?

Others will only say
the buyer was just smarter.
At least, on that day.

But how will I act
if I make a deal
and it's the buyer
who gets it for a steal?

Will I accept or
will I feel shaken
when I find out
that I was taken.

Caveat emptor is often said
to warn buyers that they
might have been had instead.

And did the Good Book imply
that it is not bad
to take advantage and
make sellers feel sad?

We all know that
it is not what is meant.

But it didn't seem wrong
when I was the one
who got it for a song.

Now it happened to me
and no one did say
I should have been told
I was robbed on that day.

So I feel different
about how one acts.
We have to be honest when
we alone know the facts.

Matthew has meaning that
time has made vague.
We must just be ready
to do what's right today.

TELEMARKETERS AND SCAMMERS

Do you receive annoying calls on your apartment phone or cellphone offering you wonderful vacations, entertainment, or financial rewards? Or do the calls warn you that something terrible will happen to you unless you send money or call a certain number right away?

Telemarketers are trying to get you to send them money, supposedly to buy something. Scammers are thieves after your money or personal information. In either case, it's dangerous to respond.

The Federal Trade Commission created a "Do-Not-Call" list and told us that it is trying to eliminate this annoyance and risk. Despite the government's efforts, the telemarketers and scammers just keep on calling, some by electronic robots (robocalls) and some by live persons. These calls violate the law, and the persons calling are not your friends.

No doubt you tried to avoid these annoying calls by registering your telephone number on the "Do-Not-Call" list, thinking that you would no longer be bothered. Did it work for you? Not at all. So how do you protect yourself?

My rule is that if you don't recognize who is calling you, and you are asked "Is this (your name)," don't say "Yes" or make another affirmative answer. Scammers can record your response and use it in a later scam where they are impersonating you. You should respond, "Who is this calling?" If you suspect the caller is a telemarketer or scammer, just hang up. Don't say anything more; just hang up. Hanging up is being no ruder than the person was in calling you. And why do these arrogant people think that anyone would want to deal with a law-breaker?

Nevertheless, it is an annoyance having to answer these calls on a regular basis. There are things you can do to avoid this annoyance, but it may cost a little money. On your residence telephone, the solution is easy. Buy a good answering machine. Program the machine to activate on the first ring, then create an announcement asking the caller to leave a message. You will find that rarely will there be a message from unwanted callers. If the caller is a legitimate one, you can return the call at your leisure.

On your mobile cellphone (iPhone, Android, Galaxy, and others), there are "apps" you can obtain on the internet that can filter out the law-breakers. On my iPhone, I use "Mr. Number" which is free and maintains a database of abusing phone numbers. When one shows up on the device, "Mr. Number" tells you, and you can dismiss the call without answering. There is another "app" called "Nomorobo" that filters out robocalls. But this service costs about \$20 a year. Other apps include "YouMail" and "RoboKiller."

If you haven't yet registered your telephone number on the "Do-Not-Call" list, you can do so at <https://www.donotcall.gov> or phone 1-888-382-1222 on the phone you wish to block the calls. If you believe that you are a victim of a scam, you can file a complaint or get other assistance at the Federal Trade Commission website, <https://www.ftc.gov/>.

If you need help with any of this, visit the Sherwood Oaks Computer Lab on the lower level during its weekday hours, and someone there will be glad to help you. Scott Desmond and I are there on Wednesdays, 1 to 3 PM.

Rabe Marsh

THE 57th CARNEGIE INTERNATIONAL ART EXHIBIT

FRIDAY, MARCH 15

A special trip to the Carnegie Museum of Art is being planned to see the 57th Carnegie International Art Exhibit which occurs only every four or five years. The International was established in 1896 by Andrew Carnegie "to educate and inspire the public as well as promote international understanding and cooperation." [<https://en.m.wikipedia.org>] It is the oldest contemporary art exhibit in the United States and the second oldest in the world. This exhibit serves to showcase living artists from around the world.

This year, 32 artists/ collectives and one independent exhibition maker from 25 countries/ nations on six continents are featured. The age range of the artists is from 32 to 92 with over half of the artists being women, and three artists being from Pittsburgh.

Included are paintings, photographs, ceramics, weavings, sculptures, neon video, sandpainting and a live jazz interpretation of artwork. There's even free Vietnamese coffee available!

Date: Friday, March 15, 2019

Leave the Center at 9:30 AM and return at 2:00 PM (Bus transportation cost will be based on the number of people)

Admission: \$ 14.95 or free with a museum membership card

Schedule: the first part of the tour will begin at 10:30 AM followed by lunch in the museum at your own expense followed by the second half of the tour.

Sign up deadline: Friday, March 8. A minimum of 10 people is needed to guarantee a Sherwood Oaks bus.

The sign-up sheet is on the bulletin board in the mail room.

Docent: Shari Castle (Ellie Castle's daughter)

Lila Cornell and Ellie Castle



CURIO CABINETS

What do we all need more than anything else right now? That's right - SPRING. So, let's gather all those wonderful "spring" things - the birds and flowers of spring, the special Easter eggs, bunnies, and peeps. When it's gray outside, it's time for the colors of spring.

Our current display - CATS - will end on March 5. Please pick up items on Tuesday, March 5, from 10 AM to noon and 4:30 - 5:30 PM. Thank you, everyone who made CATS a success.

Please bring items for SPRING on Thursday, March 7 from 10 AM to noon and 4:30 - 5:30 PM.

Gussie Dimmick



Continued Learning

Spring is in the air, and so it is that Continued Learning will begin presenting programs Thursday, March 7, 2019. Look for the calendar of events in your mailbox.

Thursday, March 7, 10:30 to 11:30 AM – Bren Dubay, Director, and Kathleen H. Monts, Administrative Project Manager, will discuss Koinonia Farm which was founded in 1942 in northwest Georgia. Koinonia is the Greek word for “community,” and the founders envisioned a community of people living and working together. “Habitat for Humanity” grew out of the community’s commitment to providing affordable housing.

Thursday, March 14, 10:30 to 11:30 AM – Rachel Colker, the Regional Coordinator for the Committee of Seventy, a government watchdog group, among other things, will discuss “Draw the Lines,” a Committee of Seventy project, that explores the organizational possibilities of grouping in geographic areas.

Thursday, March 21, 10:30 to 11:30 AM – Linda K. Schmitmeyer, author of *Rambler*, talks about living with bipolar disease and its effects on family life over a period of years in a talk titled “Gray Matter: Living with a Mental Diagnosis.”

Friday, March 22, 10:30 to 11:30 AM – Art Cornell, of the Beaver Area Heritage Foundation, will talk about Beaver, PA, “A Small Town with a Big Spirit.”

Monday, March 25, 10:30 to 11:30 AM – Resident Don McBurney, a Docent at Phipps Conservatory will discuss his experiences there.

Thursday, March 28, 10:30 to 11:30 AM – Resident Paul Wierman will discuss some of the locations in which early settlers worshiped in a talk titled “Meeting House Worship in the 18th Century.”

Friday, March 29, 10:30 to 11:30 AM – Louise Sturgess, Executive Director of the History and Landmarks Foundation, will Celebrate Pittsburgh.

Kelley Noble



**THE PROGRAM COMMITTEE
PRESENTS**

THE NORTH ALLEGHENY FIDDLERS
Thursday, March 28 at 7:15 PM

The North Allegheny Fiddlers are a group of North Allegheny School District students, from seventh through twelfth grade who perform traditional “Old Timey” and Appalachian violin music.

These students are taught in the “aural” tradition where young musicians first listen intently to the skilled community fiddlers. The young people then try to duplicate the sounds produced by the experienced fiddlers. In this fashion, the music is transmitted from one generation to the next, with each generation adding its own interpretation.

The North Allegheny Fiddlers are directed by Mr. Dennis Morton who is assisted by Ms. Carrie Rittelmann Semanco, the daughter of Sherwood Oaks resident, Jane Rittelmann.

The Program Committee is honored to present these young people on Thursday, March 28 at 7:15 PM in the Auditorium. Please join us for an evening of music that you are sure to remember from your youth. Music that will cause you to tap your feet and hum happily to yourselves.

Kelley Noble

THE STEEL CLOVER BAND

St. Patrick’s Day, Friday, March 15 at
1:15 PM in the Auditorium

Steel Clover is Sue Borowski, a native of Homestead, PA, who sings and plays Celtic and Scottish music using a variety of instruments.

All are welcome to attend.

Roberta Breninghouse



**THE SENECA VALLEY TRUMPET
TRIO**

Saturday, March 23 at 1:30 PM in the
Auditorium

All are welcome to attend.

Roberta Breninghouse



FEBRUARY MOVIE SCHEDULE



March 2 - A STAR IS BORN (2018)
R 2 hr 16 min

Drama–Music–Romance

A musician helps a young singer find fame, even as age and alcoholism send his own career into a downward spiral. (*IMDb*)

Rated R for severe profanity (many f-bombs), substance abuse, and some sexuality/nudity.

March 9 - R B G (2018)
PG 1 hr 38 min

Biography– Documentary

A look at the life and work of Supreme Court Justice Ruth Bader Ginsberg. (*IMDb*)

Rated PG for thematic elements and language.

March 16 - ROSEWOOD (1997)
R 2 hr 20 min

Drama–History–Action

In 1923, a black town was burned to the ground, its people murdered because of a lie. Some escaped and survived because of the courage and compassion of some extraordinary people. (*IMDb*)

Rated R for strong language throughout (many profanities and slurs), severe violence, and some sexuality/nudity.

March 23 - GREEN BOOK (2018)
PG-13 2 hr 10 min

Biography–Comedy–Drama

A working-class Italian-American bouncer becomes the driver of an African-American classical pianist on a tour of venues through the 1960s American South. (*IMDb*)

Rated PG-13 for thematic content, profanity including racial epithets, some violence, and suggestive material.

March 30 - MARY POPPINS (1964)
G 2 hr 20 min

Family–Comedy–Fantasy

In turn of the century London, a magical nanny employs music and adventure to help two neglected children become closer to their father. (*IMDb*)

Rated G No profanity. No violence, No nudity.

Jason Lyle



COLETTA McKENRY LIBRARY ACCESSIONS

FICTION, INCLUDING LARGE TYPE, CD'S AND DVD'S

All That Remains	Bateman, Tracey	© 2004	F BAT
An Anonymous Girl	Hendricks, Greer	© 2019	F HEN
Day of the Dead	Jance, Judith A.	© 2004	F JAN LT
Dead Silence	White, Randy Wayne	© 2009	F WHI LT 2
Desperate Measures	Woods, Stuart	© 2018	F WOO
Eleven Pipers Piping	Benison, C. C.	© 2012	F BEN
Family Secrets	Melby, Becky	© 2018	F MEL
Field of Bones	Jance, Judith A.	© 2018	F JAN
Finding Noel	Evans, Richard Paul	© 2006	F EVA LT
A Hazard of Hearts & Lady Hamilton		©2009	F HAZ DVD
Herbal Malady	Sharp, Jolyn	© 2018	F SHA
Just Rewards	Bradford, Barbara Taylor	© 2006	F BRA CDs
La Moustache	Carrere, Emmanuel	© 2005	F CAR DVD
L'Enfant		© 2006	F L'e DVD
The Limpopo Academy of Private Detection	Smith, Alexander McCall	© 2012	F SMI p.b.
Longmire: The Complete First Season		© 2013	F LON DVDs
Longmire: The Complete Second Season		© 2014	F LON DVDs
Maiden of the Mist	Mehl, Nancy	© 2017	F MEH
A Man Without Breath	Kerr, Philip	© 2013	F KER
Mercy Street	Wolfinger, Lisa	© 2016	F WOL DVD
Miss Fisher's Murder Mysteries, Series 1		© 2013	F FIS DVDs
Miss Fisher's Murder Mysteries, Series 2		© 2013	F FIS DVDs
The Mountaintop School for Dogs and Other Second Chances	Cooney, Ellen	© 2014	F COO
Mr. Selfridge: The Showman Behind the Retail Empire		© 2013	F SEL DVDs
Mr. Selfridge, Season 2		© 2014	F SEL DVDs
Northern Lights	Roberts, Nora	© 2004	F ROB LT
Paris, Je T'Aime	Ossard, Claude	© 2007	F OSS DVD
Past Tense: A Jack Reacher Novel	Child, Lee	© 2018	F CHI LT p.b.
Remains of Innocence	Jance, J.A.	© 2014	F JAN

The Saturday Big Tent Wedding Party	Smith, Alexander McCall	© 2011	F SMI p.b.
The Squid and the Whale	Baumbach, Noah	© 2006	F BAU DVD
Stone's Fall	Pears, Iain	© 2009	F PEA
Ten Lords A-leaping	Benison, C. C.	© 2013	F BEN
To Dwell in Darkness	Crombie, Deborah	© 2014	F CRO
Twelve Drummers Drumming	Benison, C. C.	© 2011	F BEN

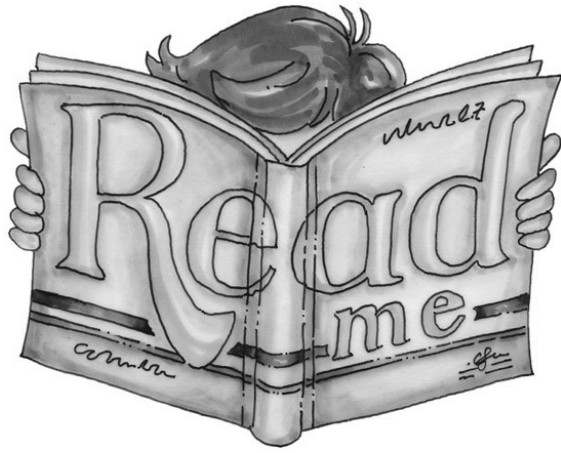
NON-FICTION, INCLUDING BIOGRAPHIES

The Well-educated Mind: A Guide to the Classical Education You Never Had	Bauer, S. Wise	© 2003	028 BAU
The Reason for My Hope: Salvation	Graham, Billy	© 2013	248 GRA
The Seven Storey Mountain	Merton, Thomas	© 1998	271.12 MER p.b.
Bad Blood: Secrets and Lies in a Silicon Valley Startup	Carreyrou, John	© 2018	338.76 CAR
The Majesty of the Law	O'Connor, Sandra Day	© 2004	349.73 OCO p.b.
Experiencing Hubble: Understanding the Greatest Images of the Universe	Meyer, David M.	© 2011	523 MEY DVDs
The Ottoman Empire	Harl, Kenneth W.	© 2017	936 HAR DVDs
The Sea Inside	Amenabar, Alejandro	© 2004	BIO SAM DVD

THE LIBRARY LOWDOWN

Most of us probably itemize our taxes because of the exemption for medical expenses. Do you also know that you can take a tax deduction for books you have donated to the library? If you have included your name with your donation, the thank you note you received is your documentation. You are responsible for valuing your gift(s) but, in general, Uncle Sam permits you to write off the fair market value of the books or DVD's you donate. While there isn't much guidance on what constitutes fair market value in the IRS rules, the definition is "the price a willing buyer and seller would agree on." Usually, the fair market value is significantly lower than the original price, so the simplest approach is to use thrift stores or second-hand shops to estimate used book prices. Retail price from the internet would not be fair market value. If you think your donations are worth more than \$250, the rules are more complex. See your tax advisor.

Barbara Christy



SPOTLIGHT ON NEW BOOKS THE BOOK SELECTION COMMITTEE

These recently purchased books will be on the shelf for new books in our library. If a book you seek is not there, you can fill out a reserve slip.

The Boy by Tami Hoag. Fiction. This police procedural involves a case that begins with the discovery of a murdered boy. "Hoag keeps the twists and turns coming all the way to the shocking conclusion" (*Publishers Weekly*).

Safe Houses by Dan Fesperman. Fiction. The author, a prolific spy novelist, "delivers another winner, this one as fiendishly clever as it is richly entertaining" (*Kirkus Starred Review*).

The Only Woman in the Room: A Novel by Marie Benedict. "A captivating story of a complicated woman blazing new trails" (*Kirkus Review*). The woman is Hedy Lamarr, actress and inventor.

Untouchable by Jayne Ann Krentz. Fiction. The author is celebrated for her page-turning suspense novels. "Krentz never disappoints, and this one hits the sweet spot" (*Kirkus Starred Review*).

Night of the Miracles: A Novel by Elizabeth Berg. A story of ordinary people in small-town America. "This pleasant novel highlights the joys that can come from the little things in life" (*Publishers Weekly*).

The Clockmaker's Daughter by Kate Morton. Fiction. The author of *The Lake House* "has mastered the art of the multi-layered literary novel ... centering on a house or a place and how it guides or twists the human character" (*NY Journal of Books*).

The New Iberia Blues by James Lee Burke. Fiction. Louisiana detective Dave Robicheaux takes on an unusual case. "A sure bet to find its way onto everyone's 'best of' list at the end of the year" (*The Real Book Spy*).

Bing Crosby: Swinging on a Star -- the War Years 1940-1946 by Gary Giddins. Biography. The author's "engrossing show-biz bio richly recreates the popular culture he helped define" (*Publishers Weekly Starred Review*).

Factfulness: Ten Reasons We're Wrong About the World--and Why Things Are Better Than You Think. Nonfiction. As against pessimism, a fact-based "alternate and uplifting perspective on the state of world issues today" (*Kirkus Review*).

On Desperate Ground: The Marines and the Reservoir, the Korean War's Greatest Battle by Hampton Sides. Nonfiction. "Vivid and invaluable history" (*Booklist Online Starred Review*).

Tom Fararo

CHAPEL NOTES

Leading Chapel Services during March will be the following. (All services at 2 PM Sunday in the Auditorium except Ash Wednesday.)

March 3 – The Rev. Jimmy Caraway,
Christ Bible Church

Ash Wednesday, March 6 – The Rev.
Deane Lavender,
Sherwood Oaks, 4:15 PM in the
Auditorium

March 10 – The Rev. William Pugliese
Retired

March 17 – The Rev. James Gascoine,
Dutilh United Methodist Church

March 24 – The Rev. Sarah Heppenstall,
Retired

March 31 – The Rev. Barry Mariana,
Christ Church, Grove Farm

Everyone is welcome. Bring a friend.

**Trust in the Lord and do good; dwell
in the land and be safe. Psalm 37:3**

Gary Brandenberger
Chapel Committee



IN MEMORIAM

*Memories are precious possessions that
time can never destroy. For it is in
happy remembrance that the heart
finds its greatest joy.*

*Winton Meister
January 29, 2019*

*Gary Catanese
February 2, 2019*

*Dorothy Dean
February 12, 2019*

*Peter Hackett
February 19, 2019*

ACTIVITIES IN THE CHAPEL

Women's Bible Study
First and third Monday of the month
Promptly at 10:45 – 12 noon

Men's Bible Study
Weekly, Wednesdays
10:00 – 11:00 AM

Holy Communion, Episcopal Rite
Second Monday of the month
11:00 AM

Rosary – Led by Chester Ludwicki
First, Second, and Third Fridays
9:30 AM

Quaker Meeting for Worship
Fourth Sunday
10:30 – 11:30 AM

*A time of cold and silence,
The snowflakes have fallen and stilled the lake,
The swans are quieted, awaiting the coming storm,
For now, they rest, mere mounds of white feathers,
At peace in the frozen day.*



Photo by Debra Rittelmann, daughter-in-law of resident Jane Rittelmann