

“For Your Information”

(A periodic publication by Sherwood Oaks Executive Director, Annette McPeck)

October 23, 2018

Alzheimer’s Walk

Thank you to everyone who participated in and supported Team Sherwood Oaks in the “Walk for a Cure” on Saturday, October 13th. A special thanks to Liz Olson, Frank Finley, Ruth Becker and Mary Garland for joining Lori Greer and the staff as they braved the cold weather. Team Sherwood Oaks donated a total of \$3,000 toward this cause.

Lower Level Restroom

The ladies’ restroom on the lower level (by the medical office) has been converted to a family restroom. The new sign is posted outside this restroom. We’ve also added a notice by the ladies’ restroom near the Café stating that a larger, family restroom is located on the lower level.

Farmer’s Market

Our next farmer’s market will be held on Thursday, October 25th from 11 AM-2 PM in the lobby. This month’s market includes: pear jam, apple butter, pasta sauce, sauerkraut, applesauce, pumpkin muffins, banana chocolate chip bread, house baked breads, assorted cheeses, apple pie and strudel, zucchini slaw and power salad blend, just to name a few. We will also offer assorted local produce for sale and our action station will be a local vegetable sauté over fresh pasta.

Resident Reminders

I’ve been asked to remind you that liquor cannot be stored on top of the refrigerator in the Card Room. It must be labeled with your name and date and stored inside the refrigerator or a liquor locker. If you are interested in renting a liquor locker, contact Phyllis Franks at ext. 8461. Also, any leftover food stored in that refrigerator or freezer must also have a name and date on it. This is a state regulation that we are required to follow.

We’ve noticed a lot of free items and an excess of advertisements and junk mail being left on the counter in the mail room. We ask that you please do not clutter this counter. Instead, we have a few recommendations:

- Post a notice or picture (dated and initialed) on the miscellaneous section of the bulletin board in the mail room for free items or place any unwanted items on the ‘free table’ in the employee lounge on the lower level by the Woodshop entrance.
- Post one advertisement (dated & initialed) on the miscellaneous section of bulletin board in the mail room.
- Use the recycle bins in the mailroom for junk or unwanted mail, magazines, etc.

Voodoo on the Bayou

This Halloween, Witch Doctor Shadow has magically brought the New Orleans Bayou to Sherwood Oaks. He says, “it was read in his tarot cards for him and his spirit friends to take over the Dining Room”. Dr. Shadow is scheming, driven mostly by greed and the desire to have authority over others; more specifically, and in this case, the residents of Sherwood Oaks. Beware, he is indeed suave, smooth-talking and often charming, which aids him in luring unsuspecting victims into his Dining Room. Remember, a hand shake with him and the deal is done.

Join us in the Main Dining Room for this Halloween celebration on Wednesday, October 31st. Reservations are highly recommended for lunch and dinner due to the popularity of our themed events. Reservations can be made by calling ext. 8234. Don’t forget your costume to trick this witch doctor and banish him from Sherwood Oaks.

Soups:

Chicken Gumbo
Bayou Turtle

Entree’s:

Shrimp, Andouille and Ham Jambalaya
Cajun Stuffed Chicken
Smoked Sausage in Pastry
Louisiana BBQ Ribs

Accompaniments:

Cheesy Grits
Fried Okra
Southern Braised Greens

Desserts:

Bread Pudding w/ Whiskey Sauce
Beignets

