

# *“For Your Information”*

(A periodic publication by Sherwood Oaks Executive Director, Annette McPeck)

**September 17, 2018**

## **Farmer’s Market**

Our next farmer’s market will be held on Thursday, September 20<sup>th</sup> from 11 AM-2 PM in the lobby. In addition to assorted local produce, the following homemade items will also be available for purchase: chili, apple dumplings, pumpkin cookies, pumpkin mousse pie, dutch apple pie, and peach pie. Our sampling station will feature ravioli tossed in homemade pasta sauce.

Residents may use cash or charge items to their monthly statement. Guests and employees must use cash for purchases.

## **Resident Meeting**

John Sterling will be the guest speaker at this month’s resident get together on Friday, September 21<sup>st</sup>. John will give you an overview of the marketing department. The get together will be held in the Auditorium at 1:30 PM. I will also be giving a brief update about the campus.

## **Superhero Birthday Celebration**

Join us for a SUPER theme on Wednesday, September 26<sup>th</sup>. We will have Catwoman’s chicken soup, Robin’s egg drop soup, Spider-Man’s web pasta, a Hero sandwich bar, Aquaman’s seafood platter, Elastigirl’s BBQ pulled chicken, Mr. Fantastic’s curly fries, Green Lantern green beans, The Flash’s peas & carrots, Captain America’s apple pie and a superhero sundae bar with toppings of your choice!

Due to the popularity of our themed events, we highly recommend that you make a reservation if you plan to eat dinner in the Main Dining Room this evening. Reservations can be made by calling extension 8234. Please note that if you need a table for more than four people, reservations must be made at least two hours in advance.

## **Understanding Medicare**

Eric Holmes, an independent insurance broker with Insurance Services of Zelenople, will be here on Monday, September 24<sup>th</sup> to talk to you about the differences in Medicare Advantage and Medicare Supplement plans. This educational session will be held in the Auditorium at 1:30 PM.

## **Fall/Winter Menu Input**

As we begin the planning process for our Fall/Winter Menu cycle, we are looking for resident input to complete our final selections for our five-week menu. If you have suggestions, please complete the form on the back page and return it to the reception desk by Monday, September 24<sup>th</sup>.

Once this input is gathered, the dining services team will compile the results to review at the October Dining Committee meeting. We hope you will take the time to complete the survey so that we can create a menu based on your preferences.

