

“For Your Information”

(A periodic publication by Sherwood Oaks Executive Director, Annette McPeck)

August 17, 2018



Farmer's Market

Our next farmer's market will be held on Thursday, August 23. This month's market will feature peaches. The following homemade items will also be available for purchase: apple strudel, applesauce, spicy/sweet dill pickles, tomato pasta sauce, apple cobbler and apple butter.

Shrub Replacement

You may have noticed that the holly bushes along the backside of the Lakeside Apartment building and the main parking lot have been removed. A row of Allegheny leatherleaf viburnums will be planted in their place later this month. Besides adding to the beauty of the landscape, these plantings should act as a natural fence to shield automobile headlights.

Cell Phones

As a courtesy to others, we ask that you turn your cell phone off or to vibrate while eating in the Café or Main Dining Room. If you need to answer a phone call, please step into the lobby.

Memory Loss Study

James Emanuel, a research project coordinator at the University of Pittsburgh, will be in the Auditorium on Tuesday, August 28 at 1:30 to discuss a new research study called LATTICE. This study focuses on preventing memory loss and dementia in older adults. A flyer with additional information is posted on the administrative bulletin board.

Birthday Night – 70s disco

Join us on Wednesday, August 29th for a disco themed birthday celebration. Due to the popularity of our themed events, we highly recommend that you make a reservation if you plan to eat dinner in the Main Dining Room this evening. Reservations can be made by calling extension 8234. Please note that if you need a table for more than four people, reservations must be made at least two hours in advance.

Jerry Andree

Cranberry Township Manager, Jerry Andree will be here on Tuesday, September 11th. I have asked him to give an update on the Meeder farm development project at the corner of Rt. 19 and Rochester Road. The meeting will be in the Auditorium at 1:30 PM.

Medicare Talk

Eric Holmes, insurance services of Zelianople, will be here on Monday, September 24th to provide a general presentation about Medicare Advantage and Medicare supplemental plans.

Eric will return on Monday, October 8th to answer specific questions about the UPMC and Highmark contract termination. Specific information relating to this will not be available until October 1st.

Both sessions will be held at 1:30 PM in the Auditorium.

Alzheimer's Association Walk

Sherwood Oaks will participate in the "Walk to end Alzheimer's" this year on Saturday, October 13th on Pittsburgh's North Shore. Residents, family members and staff are invited to sign up for team Sherwood Oaks. Participants can choose to walk or just come to support our team. Transportation will be provided to/from this event for anyone who signs up. The sign-up sheet is posted on the transportation bulletin board.

If you would like to sign up for this walk, or for more information, please contact Chrissy Wilhelm, Oak Grove Center Registered Nurse, by email at wilhelmc@upmc.edu.

It Must Be Near the End of Summer...

Because we have swan sightings by the fountain!

