

# *“For Your Information”*

(A periodic publication by Sherwood Oaks Executive Director, Annette McPeck)

**January 15, 2016**

## **“ZEST II” Research Study – Female Senior Living Residents Wanted**

The Osteoporosis Center at the University of Pittsburgh is conducting a three-year research study to learn how well an FDA-approved drug called Zoledronic Acid (Reclast®) works to prevent broken bones (fractures) caused by thin and weakening bones in female senior community residents ages 65 and older.

You may be eligible for the ZEST II research study if you have osteoporosis or low bone mass. ZEST II involves 5 study visits over three years and will be conducted at participating senior living communities. There will be no cost to participants for study visits or study tests, which include a screening DXA scan to measure bone thickness and bone strength, as well as an assessment of your risk for fracture.

This study is a follow-up from the “ZEST” study that some residents participated in a few years ago and is funded by the National Institutes of Health. The research team conducting the study will give a brief summary at the resident get together on Friday, January 22. For more information or to participate in the study, please call Joseph Madia at 412-692-2477.

## **Tree Removal**

On Wednesday, January 20, the Flowering Pear Tree in front of the center will be removed by Bartlett Tree Care. The removal is due to safety concerns the tree causes when it loses its fruit bodies near the handicap parking and the heavily used sidewalk. This tree is on the arboretum list; therefore a new Flowering Pear will be planted in a more desirable location between the Health Center and Oak Grove Center. Some parking and traffic may be restricted during the tree removal.

## **Guests**

We love to see guests visit our residents and explore the campus. However, I would like to remind you that children and infants should be under adult supervision at all times on all areas of the campus. The dining room, café and lobby area can be especially dangerous. Children that are roaming around unsupervised in these areas may cause harm to themselves or others.