

“For Your Information”

(A periodic publication by Sherwood Oaks president, Mark D. Bondi)

July 31, 2015

Dining Services Updates

On the last day of June 2015, dining services had a very large number of meals and take-out meals resulting in lengthy delays in service. This was primarily due to residents using meals prior to month end expiration. In order to prevent these delays, we are making the following changes to our procedures:

Take-Out Meals – Effective Immediately

- Take-out orders will be limited to a maximum of 4 meals per resident or resident couple at one time. If you want more than four at one time, you may need to wait until others are served.
- Take-out meals from either the café or dining room menu will be available from:

<u>Lunch</u>	<u>Dinner</u>
11:30 - 11:55AM	5:00 - 5:30PM
12:15 - 1:15PM	6:15 - 7:00PM
- Take-outs will not be available during peak dining room hours.
- Only the Café menu is available between lunch and dinner (1:15-4:45 PM).
- Some additional modifications to our procedures will be announced in the next few weeks.

Healthy Aging Seminar

Kate Golias, an educator at Pitt, will be giving a presentation on healthy brain aging; specifically thinking and memory changes in seniors that are normal and abnormal. The presentation will be held on Thursday, August 6 at 1:30 PM in the auditorium. A flyer with information on a research study she will be speaking about called IDEA (Individualize Everyday Activities) is posted on the administrative bulletin board.

Learning about Lupus

Dr. Betsy Shook, UPMC Passavant, will be here on Wednesday, August 12 at 1:30 PM to speak about Lupus. This program is sponsored by the Passavant Hospital Foundation. Reservations are requested. Please call Phyllis Franks at ext. 8462 if you plan to attend.

Disaster Preparedness

At last week's resident meeting, I was asked what patio home residents should do if severe weather is approaching the campus. I found tips on the PA Emergency Management Agency's websites. A copy is posted on the administrative bulletin board. Extra copies are also available at the reception desk.