

“For Your Information”

(A periodic publication by Sherwood Oaks president, Mark D. Bondi)

July 22, 2015

The R & R Club

The first day of the R & R Club pilot program was held on July 21, 2015. As you may know, this program is intended to provide respite for spouses/caregivers. The program is being held from 10-2 PM on Tuesdays and Thursdays through August 13. Spots are still available for many of these dates. Please contact Lori Greer at ext. 4651 with questions or to check for availability.

Marketing Events

Recently we have had some very popular marketing events at Sherwood Oaks. Sherwood Oaks residents are welcome to attend the events but please RSVP by the cutoff date if you plan to attend. This is necessary to insure that we have enough chairs and refreshments. Thank you for your understanding and cooperation.

Does Sherwood Oaks Have a Dress CODE for the Dining Room?

NO. Some years ago the Sherwood Oaks Residents Association (SORA) published dress *Guidelines* but never a dress *Code*. Although these guidelines are printed in the Resident Handbook, they are simply guidelines. Please note that our staff is not permitted to refuse service to any resident or guest entering the dining room based on what they are wearing.

Dining Services' July Birthday Celebration

Put on your bright beachy shirts and join us for an “Along the Boardwalk” birthday celebration on Wednesday, July 29. Our specially themed menu includes: she crab or chilled strawberry soup, Classic Corn Dogs, Italian beef sandwiches, steamed clams, chicken & cheese quesadillas, seasoned wedge fries, baked escalloped caramel apples and grilled vegetable skewers. The evening ends with warm funnel cakes and nutty buddy ice cream novelties. We hope to see you there.

New Security Officer

I am pleased to announce that we have added another part-time security officer to the Sherwood Oaks staff. Peter Thomas resides in Aliquippa and is retired from the Pennsylvania Department of Corrections with more than 20 years of experience. Please join me in welcoming Peter to our team. If you haven't seen him around the campus yet, his picture is running on channel 900.

Safety Tips for Oxygen Tanks

Since oxygen tanks are under high pressure, they can become very dangerous “missiles” if they are dropped onto the floor. Please make sure to secure any oxygen tanks so they cannot fall. Devices like the small wheeled oxygen tank carriers are acceptable for preventing accidents.

Electrical Safety

Connecting devices with a large electrical draw to either an extension cord or surge protector can cause excessive heat leading to a fire. Please plug these devices directly into the wall outlets. Examples of devices with large electrical draws are; refrigerators, microwaves, toasters, oxygen concentrators or any device with a heating element. Extension cords are prohibited in the health center (Skilled Nursing, Personal Care and the Oak Grove Center).

Fraud Prevention Tips

I wanted to share the following tips on Fraud prevention that were recently published for the benefit of UPMC staff.

- **IRS Fraud:** You receive a call from an individual that claims to be from the IRS. They inform you that you have made a mistake on your tax return and that you owe a large sum of additional taxes. They threaten you that refusal to pay immediately will result in your arrest and convince you to wire money or provide payment information.
- **Home Security System:** The caller offers a free home security system and tries to frighten you into providing payment information by informing you of recent burglaries in your area.
- **Microsoft Tech Support:** The caller claims to be from Microsoft tech support and informs you that your computer has been compromised. They convince you to allow remote access to your computer and they may either install malware to steal your personal information, or convince you to provide your credit card information to pay for the service to fix your computer issues.
- **Bank Scams:** The caller claims to be from your bank and informs you that there is a lock on your debit card. They convince you to provide your financial information.

What do you do if you receive one of these phone calls?

Never provide any personal or confidential information to a caller. This could be an attempt to steal or to use your identity by obtaining your name, social security number, or other confidential information.

Hang up immediately and file a report with the Federal Trade Commission.