

# *“For Your Information”*

(A periodic publication by Sherwood Oaks Executive Director, Annette McPeck)

**April 7, 2017**

## **Take a Walk with a Friend**

Sherwood Oaks’ “Take a Walk with a Friend” walking program begins Tuesday, April 18. Join Bill Burtner and other residents every Tuesday at 11 AM for an enjoyable stroll around our beautiful campus. The program runs through Tuesday, November 7 and only requires a physician’s consent if one isn’t already on file at the Fitness Center. Feel free to contact Bill Burtner at ext. 8543 if you have any questions.

## **Scooter Room /Gallery**

We are receiving complaints regarding scooters parked along the café walls during dinner. Quoting from the Motorized Cart Policy found in each resident handbook:

“Residents are required to park in the designated areas and spaces in the Gallery. There will be special parking areas for residents who have difficulty transferring from a scooter to a walker.” Contact Mike Mills, Security Director, at ext. 8482 to obtain a special parking tag.

Valet parking is available in the dining areas.

In order to make sure that there is enough space in the Scooter Room/Gallery for everyone’s assistive devices, we ask that you put your name on your walker and/or cane. This will also help us locate devices that have been misplaced or moved to that area. The Physical Therapy Department can provide tags if you need them.

If you have a scooter that is not currently registered with the Security Department, a registration form can be picked up at the front desk.

## **Resident Meeting**

A resident meeting is scheduled for Friday, April 21 at 1:30 PM in the Auditorium. Ronna Stewart, Nursing Home Administrator, Becky McGinnis, Director of Social Services, and Laura Childress, Director of Therapeutic Recreation, will be speaking about their roles at Sherwood Oaks. I will also be giving a brief campus update and will answer any questions you may have.

## **Game Chair Demo/Tables**

We have three options for chairs for the gaming tables in the lobby. They will be on display in the administrative suite (outside Tabby Alford’s office) until April 20. Please stop by to view them. A suggestion box will be available to house your comments about the chairs and table size preferences.

Comments will be reviewed and the chairs will be ordered in early May.

### **Dining Services Updates**

All tables for Easter brunch have been reserved and we are currently on a waiting list. We do have tables available for the dinner seating. If you plan to eat in the Main Dining Room and have not made your reservation yet, please contact Jesse Komara at ext. 8505. The Café will be open on Easter Sunday with normal hours; reservations are not required to eat in the Café.

Our Spring/Summer menus will begin on Monday, April 17<sup>th</sup>. Entrée salads and chilled summer soups will be added to these menus, along with some new choices in the Café.

Please join us on Wednesday, April 26 as we celebrate April birthdays with our Tarzan & Jane theme. Reservations are suggested if you plan to eat in the Main Dining Room for dinner.

On Friday, May 5, join us for some live music and great food at our Cinco De Mayo Fiesta Dinner. The cost of the dinner is one meal credit plus \$15. Seating is limited. Please contact Jesse Komara at ext. 8505 with any questions.

### **Medical Office Reminder**

Please call to make an appointment if you need to see someone from the medical office (ext. 8480) or community nursing department (ext. 8496). They cannot guarantee that you will be seen if you walk in and sit down because they are caring for residents who already have scheduled appointments. The medical office staff will do their best to accommodate everyone. If you do not have an appointment and your need is not of an urgent matter, you may be asked to schedule an appointment for the following day.

The medical office suite is open Monday through Friday from 8-4:30. If you are an independent living resident and need to see or talk to a community nurse after 4:30 PM, call the receptionist and they will contact the charge nurse on duty and ask him/her to visit or contact you.