

“For Your Information”

(A periodic publication by Sherwood Oaks president, Mark D. Bondi)

October 21, 2015

CURA Change

We were recently notified that Cura Hospitality, our food service management company, separated from its parent organization, Eat’ n Park Hospitality Group. Cura has now become part of TrustHouse Services, Inc., a foodservices provider headquartered in Charlotte, NC.

We believe that the alignment with TrustHouse Services will give Cura some additional purchasing power with a larger parent organization that has a singular focus on senior living. There will be no change in the 5-person Cura team that is at Sherwood Oaks.

Dining Services Update

Jesse Komara is out of the office until late November. Jesse’s address will be posted on the bulletin board in the mail room for anyone wishing to send him a letter or card. Lynda Cooper will be filling in for Jesse until he returns. Please contact her at ext. 8505 for any catering needs.

Please join us on Wednesday, October 28 for our ever-so-popular Halloween themed birthday celebration. Our spooky menu includes: boil and bubble cauldron and navy bean brew, barbecued skeleton bones, slimy pesto cod, mixed gruel patty, warlock Fred’s feature, witchy hair with newts and frogs, magical carrots and black cat-eyed peas and ham worts.

Resident Meeting

There will be a resident get together on Friday, October 30 at 1:30 PM with Mark Bondi. Mark will be giving an update on the community and will answer any questions that you may have.

Flu Shots Numbers

As of today, 183 flu shots have been administered to residents. Please call Betty Wright, Director of Community Nursing, if you have any questions about getting a flu shot.

CNN Hero Nominee - Dr. Jim Withers

As you may know, Sherwood Oaks resident June Withers' son, Dr. Jim Withers, is a nominee for the 2015 CNN Heroes' Award. Dr. Withers is a physician who volunteers to treat homeless Pittsburghers. His inspiring efforts have led to the formation of “Operation Safety Net,” a charitable organization to help the homeless. For details on voting, go to CNNheroes.com, by November 15, 2015.

The CNN "Hero of the Year" will be revealed on Sunday, December 6, 2015 during “CNN Heroes: An All-Star Tribute” at 8:00 PM. Good luck to Dr. Withers.

Cyber Cycle Challenge

Sherwood Oaks residents took part in a week long Cyber Cycle challenge for Active Aging from September 27 to October 3. Our residents finished 4th out of 59 retirement communities that took part in the competition. We had 18 riders accumulate 175 miles in 7 days. The three communities that finished ahead of us were all from California. Here is the link to the results: <http://cybercycle.expresso.com/Challenge/Teams/ActiveAging>.

Computer Help

We are fortunate to have a computer-literate volunteer, Scott Desmond, who is available to help residents with a variety of technology issues each Thursday from 1:00 to 3:00 PM in the computer room. No appointment necessary.