

# “For Your Information”

(A periodic publication by Sherwood Oaks Executive Director, Annette McPeek)

**January 12, 2017**

## **Tax Letters**

The 2016 medical deduction tax letters will be put in resident mailboxes the last week of January. Please contact Annette McPeek at extension 8467 with any questions.

End-of-year tax donation letters for Sherwood Oaks and/or The Sherwood Oaks Fund will be distributed the week of January 16, 2017. Please contact Tabby Alford at extension 8460 for more information.

## **Updates**

I wanted to let you know about a few updates that I will be speaking about at the resident get together on Friday, January 13 at 10:30 AM in the Auditorium:

- ✓ The week of January 16 – the Café will be painted and wallpapered.
- ✓ January 20-22 – the new phone system will be implemented.
- ✓ The week of January 23 – the Lobby furniture and Dining Room and Café chairs will be delivered.

## **Net Nutrition**

If you are interested in the nutritional value of items you order in the Dining Room or Café, you can access the Net Nutrition page on the Sherwood Oaks website. The Nutritional Facts tabs, along with a few other helpful tabs, are half-way down the main page of the website. See below for what these tabs look like. I’ve also listed two links that you can use as well.

<http://www.sherwood-oaks.com>

<https://netnutrition.cbord.com/nn-prod/8290>



## **Trash/Recyclables**

The housekeeping department asked me to remind you to please use caution when filling garbage bags with trash and recyclables. Lifting heavy bags can cause injuries to the employees who empty the trash cans/bins. Also, if you have broken glass that needs to be discarded, please do not place it in a garbage bag, call housekeeping at 8512.