



**This Week at Sherwood Oaks – December 4, 2016 to December 10, 2016
The Audio Bulletin Board 8489**



Sunday, December 4 Buffet Lunch/Dinner

2:00 p.m. Chapel Service - Auditorium
Rev. Charlie Hamill

Monday, December 5 Buffet Lunch/Table Service

8:15 a.m. Bus to Passavant Cranberry
9:30 a.m. Bus to Costco/Barnes & Nobel
Wal-Mart/Cranberry Mall
Passavant Cranberry & Main
9:30 a.m. Aquacize – Swimming Pool
10:30 a.m. Aquacize – Swimming Pool
10:45 a.m. Women's Bible Study - Chapel
11:00 a.m. Exercise Class - Cranberry Lake
Fitness Center
1:00 p.m. Painting Class – Novice or Pro
Lower Level Studio
1:00 p.m. Bus to Shop 'n Save/CVS,
Passavant Cranberry & Main Campus
Legacy Theater
3:00 p.m. Pinochle - Center Lobby
6:30 p.m. Sing Along - Skilled Nursing West Hall
7:00 p.m. Monday Night Bridge – Card Room

Tuesday, December 6 Buffet Lunch/Table Service Dinner

8:15 a.m. Bus to Passavant Cranberry
9:30 a.m. Bus to VA Clinic in Cranberry
Passavant Cranberry &
Pittsburgh/Oakland
10:00 a.m. Tai Chi - Cranberry Lake
Fitness Center
10:00 a.m. Hand and Foot Canasta - Lobby
1:30 p.m. SORA Board Meeting - Auditorium
1:40 p.m. VA Clinic Cranberry/Passavant
Cranberry/Pittsburgh/Oakland
6:30 p.m. Sing Along - Personal Care Day Room
7:15 p.m. Program Committee Presents
The Pittsburgh Boy Choir - Auditorium

Wednesday, December 7 Buffet Lunch/Dinner

**Bus to UPMC Passavant Cranberry
8:15 am - 9:30 am - 11:45 am - 2 pm**

9:30 a.m. Bus to Rite Aid, Passavant
Cranberry & Rt. 228 Mall
10:00 a.m. Men's Bible Study - Chapel
10:30 a.m. Continued Learning - Auditorium
11:00 a.m. Exercise Class - Cranberry Lake
Fitness Center
12:00 p.m. Granny's Attic Annex Patio Home 156
until 2:30 p.m.
1:00 p.m. Complimentary Hearing Aid Services with
Dr. Francis - Appointment Necessary
1:00 p.m. Caregiver Support Group
Cranberry Lake Grill

Wednesday (con't)

1:15 p.m. Wednesday Bridge - Card Room
1:30 p.m. Handbell Practice - Auditorium
3:00 p.m. Pinochle - Center Lobby
3:00 p.m. Chorus Practice - Auditorium

Thursday, December 8 Buffet Lunch/Dinner

**Employee Christmas Party
Dining Room closed for lunch**

7:00 a.m. Bus to Passavant Cranberry & Main
9:30 a.m. Bus to Costco/Barnes & Noble/Walmart
Cranberry Mall/Passavant Cranberry &
Passavant Main
9:30 a.m. Aquacize – Swimming Pool
10:30 a.m. Aquacize – Swimming Pool
10:30 a.m. Continued Learning with Musicologist
Jno Hunt - **Holiday Classics** - Auditorium
11:00 a.m. **NO** Yoga Class - Cranberry Lake
Fitness Center
1:00 p.m. Pittsburgh Public Theater - O'Reilly Theater
1:00 p.m. Streets of Cranberry/Passavant Cranberry
and Passavant Main
1:00 p.m. PC, Laptop, Tablet, or Smartphone
help in Computer Room until 3 p.m.
1:30 p.m. Duplicate Bridge - Card Room
3:00 p.m. Hand and Foot Canasta - Lobby
7:15 p.m. Richard Pospistle In Concert
Broadway Musical Songs - Auditorium

Friday, December 9 Buffet Lunch/Dinner

**Bus to Passavant Hospital and
UPMC Passavant Cranberry
7 am – 9:30 am - 1 pm**

9:30 a.m. Bus to Shop 'n Save
Passavant Cranberry & Passavant Main
9:30 a.m. Friday Prayer Gathering - Chapel
11:00 a.m. Exercise Class - Cranberry Lake
Fitness Center
1:00 p.m. Costco/Barnes & Noble/Walmart
Cranberry Mall/Passavant Cranberry/
Passavant Main
2:00 p.m. Sew and So
Personal Care Day Room
3:00 p.m. Pinochle - Center Lobby

Saturday, Dec. 10 Buffet Lunch/Table Service Dinner

10:00 a.m. Bus to Ross Park Mall
1:30 p.m. Scrabble & Games - Lobby
3:40 p.m. Bus to St. Ferdinand's Church
7:00 p.m. Saturday Night Movie - Auditorium
The American President - PG-13 1 hr. 53 m.

COMING EVENTS

Dec. 11	Sunday	Chapel Service - 2 p.m. - Auditorium - Rev. Mark Boyd
Dec. 12	Monday	Communion Service - 11 a.m. - Chapel
Dec. 12	Monday	Painting Class - 1 p.m. - Novice or Pro – Lower Level Studio
Dec. 12	Monday	Patching & Piecing Quilters - 2 p.m. - Great Room
Dec. 12	Monday	Sing Along - 6:30 p.m. - Skilled Nursing West Hall
Dec. 12	Monday	Sherwood Oaks Chorus and Handbell Christmas Concert - One Little Child - 7:15 p.m. - Auditorium
Dec. 13	Tuesday	SORA Board Meeting - 1:30 p.m. - Auditorium
Dec. 13	Tuesday	Grab and Go Book Club - 4 p.m. - Conference Room
Dec. 13	Tuesday	Sing Along - 6:30 p.m. - Personal Care Day Room
Dec. 13	Tuesday	SORA Resident Quarterly Meeting - 7:15 p.m. - Auditorium
Dec. 14	Wednesday	Complimentary Hearing Aid Services with Dr. Francis - Appointment Necessary
Dec. 15	Thursday	Resident Christmas Party - Auditorium/Card Room/Lobby - 4:30 - 6 p.m. Dining Room and Café Closed for dinner - Takeouts available from 5:10 - 6 p.m.
Dec. 16	Friday	Classe de Francais - 1:30 p.m. - Chapel
Dec. 17	Saturday	Bus to Beaver Valley Mall - 10 a.m.
Dec. 17	Saturday	Saturday Night Movie - 7:00 p.m. - Auditorium - Mr. Holmes - Rated PG - 1 hr. 44 m.

This Week's Menu
Sunday, December 4, 2016 – Saturday, December 10, 2016
Dining Room Reservation # for Patio Homes: 8659
Dining Room Reservation # for Apartment Residents and 600 Patio Homes: 724 776-8234
Take out and Home Delivered Meals – Patio Home Residents: 8612
Take out and Home Delivered Meals – Apartment Residents and 600 Patio Homes: 724 776-8236

Sunday 4

Lentil Soup
 Orange Roughy
 Pork Paprikash
 Roast Beef Tenderloin
 Chef's Feature – Eggs Benedict

Monday - Full table service at dinner 5

Chicken Noodle Soup
 Chicken Marsala
 Corn Beef and Cabbage
 Trout with Pears and Bacon
 Chef's Feature - Hot Sausage

Tuesday - Full table service at dinner 6

Italian Minestrone
 Grilled Chicken Parmesan
 Lamb Stew
 Shrimp Scampi
 Chef's Demo - Beef Pork Stir Fry

Wednesday 7

Beer Cheese Soup
 Dill Beurre Blanc Salmon
 Sautéed Beef Tips
 Sweet and Sour Chicken
 Chef's Feature - Vegetable Curry

Vegetable of the Week: Roasted Calabaza
 Squash

Thursday 8

Dining Room Closed for Lunch
 Corn Chowder
 Stuffed Peppers
 Pork Loin with Grilled Onions
 Apple Tarragon Chicken
 Chef's Feature – Baked Scallops Mornay

Friday 9

Navy Bean Soup
 Grilled Turkey Cutlet
 Braised Beef Brisket
 Fried Fish
 Chef's Feature – House Made Pizza

Saturday Full table service at dinner - 10

White Chicken Chili
 Spaghetti and Meatballs
 Lemon Pepper Cod
 Stuffed Pork Chop
 Chef's Feature - Chicken Outback

Dining Room Hours:

Lunch Buffet: Noon – 1 pm Mon. – Sat.

Sunday Brunch Buffet: Noon – 2 p.m.

Dinner: 5:10 – 7:10 p.m.

Café Sherwood:

Breakfast: Daily 8 a.m. – 10:30 a.m.

Lunch: Daily 11 a.m. - 5 p.m.

Dinner: Daily 5:10 - 7:10 p.m.

WEEKEND PHYSICIANS ON CALL
Call the Community Nurse for assistance at 8496.
Call 412 931-3066 for doctor on call information.

Please leave items for the Weekly Bulletin at the front desk **by Thursday** for Phyllis Franks, or call 8462, or email frankspm@sherwood-oaks.com