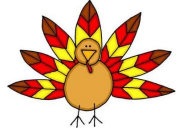




**This Week at Sherwood Oaks – November 22, 2015 to November 28, 2015
The Audio Bulletin Board 8489**



Sunday, November 22 Buffet Lunch/Dinner

- 10:30 a.m. Quaker Meeting for Worship - Chapel
- 2:00 p.m. Chapel Service – Auditorium
Rev. Clark Sawyer

Monday, November 23 Buffet Lunch

- 9:30 a.m. Bus to Wal-Mart/Cranberry Mall
Passavant Hospital - Main Campus
- 9:30 a.m. Aquacize – Swimming Pool
- 10:30 a.m. Aquacize – Swimming Pool
- 1:00 a.m. Exercise Class - Cranberry Lake
Fitness Center
- 1:00 p.m. Painting Class – Novice or Pro
Lower Level Studio
- 1:15 p.m. Bus to Passavant Hospital
Main Campus - Legacy Theater
- 1:30 p.m. Handbell Practice - Auditorium
- 6:30 p.m. Sing Along - Oak Grove Center
- 7:00 p.m. Monday Night Bridge – Card Room

Tuesday, November 24 Buffet Lunch

- 9:30 a.m. Bus to Pittsburgh/Oakland
- 10:00 a.m. Tai Chi - Cranberry Lake
Fitness Center
- 10:00 a.m. Hand and Foot Canasta - Lobby
- 6:30 p.m. Sing Along - Personal Care Day Room

Wednesday, November 25 Buffet Lunch

**Bus to UPMC Passavant Cranberry
8 am - 10 am - 11:45 am - 2 pm**

- 10:00 a.m. Bus to Rt. 228 Mall
- 10:00 a.m. Men's Bible Study - Chapel
- 11:00 a.m. Exercise Class - Cranberry Lake
Fitness Center
- 12:00 p.m. Granny's Attic Annex Patio Home #156
open until 2:30 p.m.
- 1:30 p.m. Outdoor Games Indoors
Cranberry Lake Fitness Center

Pick up pie orders Tuesday, November 24th
and Wednesday, November 25 in the Café.

Granny's Attic Annex, Patio Home 156, is
having a 1/2 off sale on everything. The sale
runs through Wednesday, December 9th
(Wednesdays only) and is also open on
Saturday, December 5th.

Wednesday (con't)

- 12:30 p.m. Complimentary Hearing Aid
Services with Dr. Francis
Appointment necessary
- 1:00 p.m. **NO** Lifestory Writing Class
Conference Room until 3 p.m.
- 1:15 p.m. Wednesday Bridge - Card Room
- 3:00 p.m. Chorus Rehearsal - Auditorium
- 7:15 p.m. Line Dancing - Auditorium

Thursday, November 26 Buffet Lunch

**HAPPY THANKSGIVING!
NO OFF CAMPUS BUS TRANSPORTATION**

- 7:00 a.m. **NO** Bus to Passavant Hospital Main
- 9:30 a.m. **NO** Bus to Walmart/Barnes & Noble
Cranberry Mall/UPMC Passavant Main
- 9:30 a.m. **NO** Aquacize – Swimming Pool
- 10:30 a.m. **NO** Aquacize – Swimming Pool
- 11:00 a.m. **NO** Yoga Class - Cranberry Lake
Fitness Center
- 11:00 a.m. **NO** Bus to Streets of Cranberry &
UPMC Passavant Main
- 1:00 p.m. **NO** PC, Laptop, Tablet, or Smartphone
help in Computer Room until 3 p.m.
- 1:30 p.m. **NO** Duplicate Bridge - Card Room
- 3:00 p.m. **NO** Hand and Foot Canasta - Lobby

Friday, November 27 Buffet Lunch

**Bus to Passavant Hospital
UPMC Passavant Cranberry
7 am – 12:30 pm – 2 pm**

- 10:00 a.m. Bus to Shop n Save/Passavant
Hospital/UPMC Passavant Cranberry
- 11:00 a.m. Exercise Class - Cranberry Lake
Fitness Center
- 2:00 p.m. Sew and So
Personal Care Day Room

Saturday, November 28 Buffet Lunch

- 10:00 a.m. Bus to Ross Park Mall
- 1:30 p.m. Scrabble & Games - Lobby
- 7:15 p.m. Saturday Night Movie - Auditorium
Mr. Holmes Rated PG 1 hr. 45 mins.

COMING EVENTS

November 29	Sunday	Pittsburgh Symphony - 1:30 p.m. - Heinz Hall
November 29	Sunday	Chapel Service - 2 p.m. - Auditorium - Rev. William Pugliese
November 30	Monday	Sing Along - 6:30 p.m. - Oak Grove Center
December 1	Tuesday	Curio Cabinets - Pick up Pittsburgh Items 10 - noon and 4:30 - 5:30 p.m.
December 1	Tuesday	Seneca Valley High School Tri-M Honor Society Vocal and Instrumental Group Holiday Performance - 7:15 p.m. - Auditorium
December 1	Tuesday	Sing Along - 6:30 p.m. - Personal Care Day Room
December 3	Thursday	Blackburn Scooter Service - 9 - 2:30 p.m. - Sign up on Bulletin Board
December 3	Thursday	Curio Cabinets - Drop off Christmas and Hanukkah Items 10 - noon and 4:30 - 5:30 p.m.
December 3	Thursday	Pittsburgh Public Theater -1 p.m. - O'Reilly Theater
December 3	Thursday	Pick Up Poinsettia Plants - 1 –3 p.m. - Auditorium - Call x8238 for delivery
December 4	Friday	River City Brass Band - 6:30 p.m. - Carson Middle School
December 5	Saturday	Bus to Beaver Valley Mall - 10 a.m.
December 5	Saturday	Granny's Attic Annex Patio Home 156 - noon - 2:30 p.m.– 1/2 off sale
December 5	Saturday	Pittsburgh Concert Chorale - 6:30 p.m. - Fox Chapel
December 5	Saturday	Saturday Night Movie - 7:15 p.m. - Auditorium <i>The Bishop's Wife</i> - Rated G - 1 hour 50 mins.

This Week's Menu

Sunday, November 22, 2015 – Saturday, November 28, 2015

Dining Room Reservation # for Patio Homes: 8659

Dining Room Reservation # for Apartment Residents and 600 Patio Homes: 724 776-8234

Take out and Home Delivered Meals – Patio Home Residents: 8612

Take out and Home Delivered Meals – Apartment Residents and 600 Patio Homes: 724 776-8236

Sunday 22

Loaded Baked Potato Soup
Orange, Ginger Tilapia
Chicken Forestiere
Prime Rib au Jus
Chef's Feature – Mixed Grill Platter

Monday 23

Chicken Gumbo Soup
Pineapple Baked Ham
Chicken Marengo
English Style Baked Flounder
Chef's Feature – Beef Roast with Winter
Vegetables

Tuesday 24

Split Pea Soup
Grilled Flank Steak
Veal Piccata
Golden Fried Shrimp
Chef's Feature – Bruschetta Chicken

Wednesday 25

Beef Orzo Soup
Crab Cake
Bada Basil Prima Bada Pasta
Roasted Beef Au Jus
Chef's Feature – Chicken Thigh Scarpariello

Vegetable of the Week: Butternut Squash
with Sage-Walnut Pesto

Thursday 26

HAPPY THANKSGIVING!! Holiday Dining Hours
observed. Check channel 900 for hours.
Hubbard Squash Soup
Carved Turkey
Spinach & Artichoke Stuffed Portobello Mushroom
Ruby Trout

Friday 27

French Onion Soup
Bratwurst
Open Face Turkey Sandwich
Grilled Trout with Chive Butter
Chef's Features – Chicken with Capers and
Sun Dried Tomatoes
- Kansas City BBQ Brisket

Saturday 28

Chicken Rice Soup
Hearty Beef Stew
Chicken Coq au Vin
Basa with Tomato Salsa
Chef's Feature - Apple Butter Pork Loin

Dining Room Hours:

Lunch Buffet: Noon – 1 pm Mon. – Sat.

Sunday Brunch Buffet: Noon – 2 p.m.

Dinner: 5:10 – 7:10 p.m.

Café Sherwood:

Breakfast: Daily 8 a.m. – 10:30 a.m.

WEEKEND PHYSICIANS ON CALL

Call the Community Nurse for assistance at 8496.
Call 412 931-3066 for doctor on call information.

Please leave items for the Weekly Bulletin at the front desk **by Thursday** for Phyllis Franks, or call 8462, or email frankspm@sherwood-oaks.com