



This Week at Sherwood Oaks – May 29, 2016 to June 4, 2016
The Audio Bulletin Board 8489



Sunday, May 29 Buffet Lunch/Dinner

- 12:30 p.m. Bus leaves for Memorial Day Service
North Boundary Park
- 2:00 p.m. Chapel Service - Auditorium
Rev. Moni McIntyre

Monday, May 30 Buffet Lunch/Table Service Dinner
MEMORIAL DAY - No off campus bus transportation

- 8:15 a.m. **NO** Bus to Passavant Cranberry
- 9:30 a.m. **NO** Bus to Costco/Barnes & Nobel
Wal-Mart/Cranberry Mall
Passavant Cranberry & Main
- 9:30 a.m. Aquacize – Swimming Pool
- 10:30 a.m. Aquacize – Swimming Pool
- 11:00 a.m. **NO** Exercise Class - Cranberry Lake
Fitness Center
- 1:00 p.m. **NO** Painting Class – Novice or Pro
Lower Level Studio
- 1:00 p.m. **NO** Bus to Shop 'n Save/CVS,
Passavant Cranberry & Main Campus -
Legacy Theater
- 3:00 p.m. Pinochle - Center Lobby
- 6:30 p.m. Sing Along - Oak Grove Center
- 7:00 p.m. Monday Night Bridge – Card Room

Tuesday, May 31 Buffet Lunch/Table Service Dinner

- 8:15 a.m. Bus to Passavant Cranberry
- 9:30 a.m. Bus to VA Clinic in Cranberry
Passavant Cranberry &
Pittsburgh/Oakland
- 10:00 a.m. Tai Chi - Cranberry Lake
Fitness Center
- 10:00 a.m. Hand and Foot Canasta - Lobby
- 11:00 a.m. Take a Walk With a Friend
Meet in Center Lobby
- 1:40 p.m. VA Clinic Cranberry/Passavant
Cranberry/Pittsburgh/Oakland
- 6:30 p.m. Sing Along - Personal Care Day Room

Wednesday, June 1 Buffet Lunch/Dinner
Bus to UPMC Passavant Cranberry
8:15 am - 9:30 am - 11:45 am - 2 pm

- 10:00 a.m. Men's Bible Study - Chapel
- 9:30 a.m. Bus to Rite Aid, Passavant
Cranberry & Rt. 228 Mall
- 11:00 a.m. Exercise Class - Cranberry Lake
Fitness Center
- 12:00 p.m. Granny's Attic Annex Patio Home 156
Open until 2:30 p.m. - Anniversary Sale
1/2 off or more
- 12:30 p.m. Complimentary Hearing Aid
Services with Dr. Francis
Appointment Necessary

Wednesday (con't)

- 1:15 p.m. Wednesday Bridge - Card Room
- 3:00 p.m. Pinochle - Center Lobby

Thursday, June 2 Buffet Lunch/Dinner

Blackburn Scooter Service 9 - 2:30 p.m. Scooter Gallery
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- 7:00 a.m. Bus to Passavant Cranberry & Main
- 9:30 a.m. Bus to Costco/Barnes & Noble/Walmart
Cranberry Mall/Passavant Cranberry &
Passavant Main
- 9:30 a.m. Aquacize – Swimming Pool
- 10:30 a.m. Aquacize – Swimming Pool
- 11:00 a.m. Yoga Class - Cranberry Lake
Fitness Center
- 1:00 p.m. Streets of Cranberry/Passavant Cranberry
and Passavant Main
- 1:00 p.m. PC, Laptop, Tablet, or Smartphone
help in Computer Room until 3 p.m.
- 1:30 p.m. Duplicate Bridge - Card Room
- 3:00 p.m. Hand and Foot Canasta - Lobby

Friday, June 3 Buffet Lunch/Table Service Dinner

Bus to Passavant Hospital and
UPMC Passavant Cranberry
7 am – 9:30 am - 1 pm

- 9:30 a.m. Bus to Shop 'n Save
Passavant Cranberry & Passavant Main
- 11:00 a.m. Exercise Class - Cranberry Lake
Fitness Center
- 1:00 p.m. Costco/Barnes & Noble/Walmart
Cranberry Mall/Passavant Cranberry/
Passavant Main
- 2:00 p.m. Sew and So
Personal Care Day Room
- 3:00 p.m. Pinochle - Center Lobby

Saturday, June 4 Buffet Lunch/Table Service Dinner

- 10:00 a.m. Bus to Beaver Valley Mall
- 12:00 p.m. Granny's Attic Annex open until 2:30 p.m.
Anniversary Sale - 1/2 off or more
- 1:30 p.m. Scrabble & Games - Lobby
- 3:40 p.m. St. Ferdinand's Church
- 7:15 p.m. Saturday Night Movie - Auditorium

COMING EVENTS

- June 5 Sunday Chapel Service - 2 p.m. - Auditorium - Rev. Connie Frierson
- June 6 Monday Sing Along - 6:30 p.m. - Oak Grove Center
- June 7 Tuesday SORA Board Meeting - 1:30 p.m. - Auditorium
- June 7 Tuesday Sing Along - 6:30 p.m. - Personal Care Day Room
- June 8 Wednesday Pittsburgh Public Theater -1 p.m. - O'Reilly Theater
- June 11 Saturday Bus to Ross Park Mall - 10 a.m.
- June 11 Saturday Memorial Service Remembering Ralph Peabody - 2 p.m. - Auditorium
- June 11 Saturday Saturday Night Movie - 7:15 p.m. - Auditorium -



This Week's Menu

Sunday, May 29, 2016 – Saturday, June 4, 2016

Dining Room Reservation # for Patio Homes: 8659

Dining Room Reservation # for Apartment Residents and 600 Patio Homes: 724 776-8234

Take out and Home Delivered Meals – Patio Home Residents: 8612

Take out and Home Delivered Meals – Apartment Residents and 600 Patio Homes: 724 776-8236

Sunday 29

- Seafood Bisque
- Roast Turkey with Bread Stuffing
- Beef Tenderloin
- English Seafood Platter
- Chef's Feature – Pineapple Upside Down Pancakes

Thursday 2

- Watermelon Gazpacho
- Chicken Bella
- Breaded Pork Chop
- Homestyle Meatloaf
- Chef's Feature – Smoked Steelhead

Monday - Memorial Day 30

- Hamburgers
- Sausage
- Fish
- Steak Fries
- Corn on the Cob



Friday 3

- Cream of Broccoli
- Baked Stuffed Flounder
- Steak Medallions
- Southwest Chicken Salad
- Chef's Feature – Ricotta, Mushroom, Spinach Pizza

Tuesday 31

- Vichyssoise
- Salmon Berry Salad
- Chicken Bruschetta
- Mediterranean Stuffed Mushroom
- Chef's Demo - Steak and Eggs

Saturday 4

- Minestrone
- Monterey Chicken
- Pork Florentine
- Seafood Creole
- Chef's Feature – Round Roast w/Savory Sauce

Wednesday 1

- Ham & Lima Bean
- Bourbon Chicken
- Tortilla Crusted Catfish
- Angel Hair Pasta with Marinara Sauce
- Chef's Feature – Brisket w/Apple Wood Bacon

Dining Room Hours:

Lunch Buffet: Noon – 1 pm Mon. – Sat.

Sunday Brunch Buffet: Noon – 2 p.m.

Dinner: 5:10 – 7:10 p.m.

Café Sherwood:

Breakfast: Daily 8 a.m. – 10:30 a.m.

Lunch: Daily 11 a.m. - 5 p.m.

Dinner: Daily 5:10 - 7:10 p.m.



MAKE A NOTE – TIME CHANGE FROM LAST WEEK'S BULLETIN:



Memorial Day Dining Hours: Lunch 12 – 1 p.m., Lunch take outs 11:30 a.m. - 1:00 p.m.

Dinner 4 - 5:45 p.m., Dinner Take outs 4 - 5:45 p.m.

WEEKEND PHYSICIANS ON CALL

Call the Community Nurse for assistance at 8496.
Call 412 931-3066 for doctor on call information.

Please leave items for the Weekly Bulletin at the front desk **by Thursday** for Phyllis Franks, or call 8462, or email frankspm@sherwood-oaks.com