



This Week at Sherwood Oaks – April 20, 2014 to April 26, 2014
The Audio Bulletin Board 8489



Sunday, April 20 **Buffet Lunch/Dinner**

2:00 p.m. Chapel Service – Auditorium
Rev. Brenda Barnes

Monday, April 21 **Buffet Lunch**

9:30 a.m. Bus to Wal-Mart/Cranberry Mall
Passavant Hospital - Main Campus

9:30 a.m. Aquacize – Swimming Pool

10:30 a.m. Aquacize – Swimming Pool

10:45 a.m. Women's Bible Study - Chapel

11:00 a.m. Exercise Class - Card Room

1:00 p.m. Passavant Hospital - Main Campus
Legacy Theater

1:00 p.m. **NO** Painting Class – Novice or Pro
Lower Level Studio

1:30 p.m. Handbell Practice - Auditorium

6:30 p.m. Sing Along – Oak Grove Center

7:00 p.m. Monday Night Bridge – Card Room

7:00 p.m. Pittsburgh Philharmonic Open
Rehearsal - Auditorium

Tuesday, April 22 **Buffet Lunch**

9:30 a.m. Bus to Pittsburgh/Oakland

10:00 a.m. Tai Chi – Cranberry Lake Grill

2:00 p.m. International Button Box (Accordion
Group) - Auditorium - Please RSVP to
Phyllis x8462

6:30 p.m. Broadway Tunes Sing Along
Personal Care Day Room

Wednesday, April 23 **Buffet Lunch**

Bus to UPMC Passavant Cranberry
8 am - 10 am - 11:45 am - 2 pm

10:00 a.m. Men's Bible Study - Chapel

10:00 a.m. Bus to Rt. 228 Mall

11:00 a.m. Exercise Class - Card Room

12:30 p.m. Complimentary Hearing Aid
Services with Dr. Francis
Appt. necessary

1:15 p.m. Wednesday Bridge - Card Room

1:30 p.m. Outdoor Games - Summer House

3:00 p.m. Chorus Practice - Auditorium

7:00 p.m. Pittsburgh Speaker Series - Heinz Hall

7:15 p.m. Line Dancing - Auditorium

Thursday, April 24 **Buffet Lunch**

7:00 a.m. Bus to Passavant Hospital Main

9:30 a.m. Bus to Walmart/Barnes & Noble
Cranberry Mall/UPMC Passavant Main

9:30 a.m. Aquacize – Swimming Pool

10:00 a.m. Ceramics Class – Craft Room

10:30 a.m. Aquacize – Swimming Pool

11:00 a.m. Yoga Class – Cranberry Lake Grill

11:00 a.m. Bus to Streets of Cranberry &
UPMC Passavant Main

1:30 p.m. Duplicate Bridge - Card Room

7:15 p.m. Focus on the World - ***Coming Home -
The Shadow of PTSD*** - Auditorium

Friday, April 25 **Buffet Lunch**

Bus to Passavant Hospital
UPMC Passavant Cranberry
7 am – 12:30 pm – 2 pm

10:00 a.m. Bus to Shop n Save/Passavant
Hospital/UPMC Passavant Cranberry

11:00 a.m. Exercise Class - Auditorium

12:30 p.m. Sherwood Oaks Olympics Award
Ceremony - Card Room
All residents welcome

2:00 p.m. Sew and So
Personal Care Day Room

7:00 p.m. Pittsburgh Symphony - Heinz Hall

Saturday, April 26 **Buffet Lunch**

10:00 a.m. Bus to Ross Park Mall

1:30 p.m. Scrabble & Games - Lobby

7:15 p.m. Saturday Night at the Movies
Philomena - Rated PG-13 - Auditorium



Quarterly drive for Food Bank April 20 - 26.
Box provided in Gallery. Non-perishables,
paper products, and toiletries accepted.
No expired dates please.

Attention new residents and residents who
have not had their pictures taken previously.
Please call Bobbie for an appointment x8461.
Pictures taken May 6th from 9am - early
afternoon. No charge unless you order extra
photos for yourself.

COMING EVENTS

April	27	Sunday	Pittsburgh Symphony - 1:30 p.m. - Heinz Hall
April	27	Sunday	Chapel Service - 2 p.m. – Rev. Jack Lolla - Auditorium
April	29	Tuesday	Sherwood Oaks Book Club - 4 p.m. - Card Room
April	29	Tuesday	Opera - 5:30 p.m. - Benedum Center
April	29	Tuesday	Country Western Tunes Sing Along - 6:30 p.m. - Personal Care Day Room
April	29	Tuesday	Drama Club Presents - <i>Dogsbreath Devereaux, The Dastardly Doctor</i> 7:15 p.m. - Auditorium
May	1	Thursday	Blackburn Scooter Service - 9 a.m. - 2:30 p.m. - Scooter Garage
May	1	Thursday	Resident Get Together - Jeff Kelly - Cranberry EMS - 1:15 p.m. - Auditorium
May	1	Thursday	North Allegheny High School Golden Strolling Strings - 7:15 p.m. - Auditorium
May	2	Friday	River City Brass Band - 6:30 p.m. - Carson Middle School
May	3	Saturday	Bus to Beaver Valley Mall - 10 a.m.
May	3	Saturday	Pittsburgh Concert Chorale - 6:30 p.m. - Fox Chapel Presbyterian Church
May	3	Saturday	Saturday Night Movie - <i>Mandella - A Long Road to Freedom</i> - 7:15 p.m. - Auditorium

This Week’s Menu
Sunday, April 13, 2014 – Saturday, April 19, 2014
Dining Room Reservation # for Patio Homes: 8659
Dining Room Reservation # for Apartment Residents and 600 Patio Homes: 724 776-8234
Take out and Home Delivered Meals – Patio Home Residents: 8612

Sunday 20

HAPPY EASTER!!
Chilled Strawberry Soup
Chicken Noodle Soup
Carved Cherry Glazed Ham
Leg of Lamb in Natural au-jus
English Style Baked Sole

Monday 21

Italian Wedding Soup
BBQ Chicken
Chinese Pepper Steak
Poached Cod
Chef Feature – Sausage and Ham
Jambalaya

Tuesday 22

Chicken Noodle Soup
Turkey Loaf
Beef A Roni
Chipotle Glazed Pork Chops
Chef Feature – Spinach, Shrimp, &
Chicken Salad

Wednesday 23

Vegetable Soup
Fried Chicken
Beef Pot Pie
Grilled Salmon Fillet
Chef Feature – Pork Pasta w/BBQ
Cream Sauce

Thursday 24

Beef Barley Soup
BBQ Baby Back Pork Ribs
Chicken Madeira
Stuffed Portabello Vegetarian
Chef Feature – Mahi Mahi BLT Sliders

Friday 25

Cream of Tomato Soup
Cheese Ravioli
Veal Marsala
Cheese Crumb Baked Fish
Chef Feature – Greek Style Gyro Salad

Saturday 26

Corn Chowder
Beef London Broil
Fried Shrimp
Chicken Sorrento
Chef Feature - Sausage and Gravy over
Biscuit

Dining Room Hours:
Lunch Buffet: Noon – 1 pm Mon. – Sat.
Sunday Brunch Buffet: Noon – 2 p.m.
Dinner: 5:10 – 7:10 p.m.
Café Sherwood:
Breakfast: Daily 8 a.m. – 10:30 a.m.
Lunch: Daily 11 a.m. - 5 p.m.
Dinner: Daily 5:10 - 7:10 p.m.

Vegetable of the Week: Honey Dill
Carrots

WEEKEND PHYSICIANS ON CALL
Call the Community Nurse for assistance at 8496.
No on call list provided by the Medical Office at
this time for 2014. Call Joni for on call info 8480

Please leave items for the Weekly Bulletin at
the front desk **by Thursday** for Phyllis Franks,
or call 8462, or email
frankspm@sherwood-oaks.com