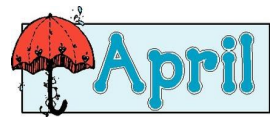




**This Week at Sherwood Oaks – March 26, 2017 to April 1, 2017
The Audio Bulletin Board 8489**



Sunday, March 26 Buffet Lunch/Dinner
Bus to local churches - please see bulletin board and Channel 900 for times

- 10:30 a.m. Quaker Meeting for Worship - Chapel
- 1:30 p.m. Pops Concert - Heinz Hall
- 2:00 p.m. Chapel Service - Auditorium
Rev. Ronald Brown

Monday, Mar. 27 Buffet Lunch/Table Service Dinner

- 8:15 a.m. Bus to Passavant Cranberry
- 9:30 a.m. Bus to Costco/Barnes & Nobel
Wal-Mart/Cranberry Mall
Passavant Cranberry & Main
- 10:00 a.m. Aquacize – Swimming Pool
- 11:00 a.m. Exercise Class - Cranberry Lake
Fitness Center
- 1:00 p.m. Painting Class – Novice or Pro
Lower Level Studio
- 1:00 p.m. Bus to Shop 'n Save/CVS,
Passavant Cranberry & Main Campus
Legacy Theater
- 3:00 p.m. Pinochle - Center Lobby
- 6:30 p.m. Sing Along - Skilled Nursing West Hall
- 7:00 p.m. Monday Night Bridge - Card Room

Tuesday, Mar. 28 Buffet Lunch/Table Service Dinner

- 8:15 a.m. Bus to Passavant Cranberry
- 9:30 a.m. Bus to VA Clinic in Cranberry
Passavant Cranberry &
Pittsburgh/Oakland
- 10:00 a.m. Tai Chi - Cranberry Lake
Fitness Center
- 10:00 a.m. Hand and Foot Canasta - Lobby
- 10:30 a.m. **NO** Continued Learning - Auditorium
- 1:40 p.m. VA Clinic Cranberry/Passavant
Cranberry/Pittsburgh/Oakland
- 2:00 p.m. Marketing Presents - **A Taste of Italy**
Auditorium - Prior RSVP's necessary
- 5:30 p.m. Pittsburgh Opera - Benedum Center
- 6:30 p.m. Sing Along - Personal Care Day Room

Wednesday, March 29 Buffet Lunch/Dinner
Bus to UPMC Passavant Cranberry
8:15 am - 9:30 am - 11:45 am - 2 pm

- 9:30 a.m. Bus to Rite Aid, Passavant
Cranberry & Rt. 228 Mall
- 10:00 a.m. Men's Bible Study - Chapel
- 11:00 a.m. Exercise Class - Cranberry Lake
Fitness Center
- 12:00 p.m. Granny's Attic Annex Patio Home 156
opened until 2:30 p.m.
- 1:00 p.m. Complimentary Hearing Aid
Services with Dr. Francis
Appointment Necessary
- 1:15 p.m. Wednesday Bridge - Lobby Area

Wednesday (con't)

- 1:30 p.m. Handbell Practice - Auditorium
- 3:00 p.m. Pinochle - Center Lobby
- 3:00 p.m. Chorus Practice - Auditorium

Thursday, March 30 Buffet Lunch/Dinner

- 7:00 a.m. Bus to Passavant Cranberry & Main
- 9:30 a.m. Bus to Costco/Barnes & Noble/Walmart
Cranberry Mall/Passavant Cranberry &
Passavant Main
- 10:00 a.m. Aquacize – Swimming Pool
- 10:30 a.m. Continued Learning - Auditorium
- 11:00 a.m. Yoga Class - Cranberry Lake
Fitness Center
- 1:00 p.m. Streets of Cranberry/Passavant Cranberry
and Passavant Main
- 1:00 p.m. PC, Laptop, Tablet, or Smartphone
help in Computer Room until 3 p.m.
- 1:30 p.m. Duplicate Bridge - Card Room
- 3:00 p.m. Hand and Foot Canasta - Lobby

Friday, March 31 Buffet Lunch/Dinner

**Bus to Passavant Hospital and
UPMC Passavant Cranberry**
7 am – 9:30 am - 1 pm

- 9:30 a.m. Bus to Shop 'n Save
Passavant Cranberry & Passavant Main
- 9:30 a.m. **NO** Friday Prayer Gathering - Chapel
- 1:00 a.m. Exercise Class - Cranberry Lake
Fitness Center
- 1:00 p.m. Costco/Barnes & Noble/Walmart
Cranberry Mall/Passavant Cranberry/
Passavant Main
- 2:00 p.m. Pick up pre-ordered Cherry Pies
Music Room - Lower Level
- 2:00 p.m. Sew and So - Personal Care Day Room
- 3:00 p.m. Pinochle - Center Lobby
- 6:30 p.m. River City Brass Band - Carson Middle School

Saturday, April 1 Buffet Lunch/Table Service Dinner

- 10:00 a.m. Bus to Beaver Valley Mall
- 12:00 p.m. Granny's Attic Annex open until 2:30 p.m.
Patio Home 156 - 1/2 off everything!
- 1:30 p.m. Scrabble & Games - Lobby
- 3:40 p.m. Bus to St. Ferdinand's Church
- 7:00 p.m. Saturday Night Movie - Auditorium
Fences - PG-13 2 hrs.13 mins.



COMING EVENTS

April 2	Sunday	Pittsburgh Symphony - 1:30 p.m. - Heinz Hall
April 2	Sunday	Chapel Service - 2 p.m. - Auditorium
April 3	Monday	Women's Bible Study - 10:45 a.m. - Chapel
April 3	Monday	Painting Class - 1 p.m. - Novice or Pro – Lower Level Studio
April 3	Monday	Sing Along - 6:30 p.m. - Skilled Nursing West Hall
April 4	Tuesday	Continued Learning - 10:30 a.m. - Auditorium
April 4	Tuesday	SORA Board Meeting - 1:30 p.m. - Auditorium
April 4	Tuesday	Sing Along - 6:30 p.m. - Personal Care Day Room
April 5	Wednesday	Complimentary Hearing Aid Services with Dr. Francis - Appointment Necessary
April 5	Wednesday	Caregiver Support Group - 1 p.m. - Chapel
April 6	Thursday	Blackburn Scooter Service - Sign up on bulletin board
April 6	Thursday	Continued Learning - 10:30 a.m. - Auditorium
April 6	Thursday	Pittsburgh Public Theater - 1 p.m. - O'Reilly Theater
April 7	Friday	Classe de Francais - 1:30 p.m. - Chapel
April 8	Saturday	Bus to Ross Park Mall - 10 a.m.
April 8	Saturday	Saturday Night Movie - 7 p.m. - Auditorium - Places in the Heart - PG - 1 hr. 51 mins.

This Week's Menu
Sunday, March 26, 2017 – Saturday, April 1, 2017
Dining Room Reservation # for Patio Homes: 8659
Dining Room Reservation # for Apartment Residents and 600 Patio Homes: 724 776-8234
Take out and Home Delivered Meals – Patio Home Residents: 8612
Take out and Home Delivered Meals – Apartment Residents and 600 Patio Homes: 724 776-8236

Sunday 26
 Loaded Baked Potato Soup
 Orange, Ginger Tilapia
 Chicken Forestiere
 Prime Rib au Jus
 Chef's Feature – Gingerbread Pancakes

Thursday 30
 Manhattan Clam Chowder
 Chicken and Biscuit
 Fresh Herb Grilled Pork Tenderloin
 Baked Haddock
 Chef's Feature – Beef Burritos

Monday Full table service at dinner 27
 Chicken Gumbo Soup
 Pineapple Baked Ham
 Chicken Marengo
 English Style Baked Flounder
 Chef's Feature – Paradise Burger

Friday 31
 French Onion Soup
 Sauerbraten
 Open Face Turkey Sandwich
 Grilled Trout with Chive Butter
 Chef's Feature – Potato Pancakes

Tuesday Full table service at dinner 28
 Split Pea Soup
 Grilled Flank Steak
 Veal Piccata
 Golden Fried Shrimp
 Chef's Demo - Fajita MTO

Saturday Full table service at dinner 1
 Chicken Rice Soup
 Hearty Beef Stew
 Chicken Coq au Vin
 Basa with Tomato Salsa
 Chef's Feature - Mixed Grill Patties

Wednesday 29
 Happy March Birthdays!!
 Chilled Fresh Berry Soup
 Pinwheel of Plenty - Stuffed tortillas
 Jama ken Me Crazy - Jerk Chicken Sautee
 Sweet & Spice - Pork w/Sweet & Sour Sauce
 Smokin' Fresh Fish - Fresh Walleye

Dining Room Hours:
Lunch Buffet: Noon – 1 pm Mon. – Sat.
 Sunday Brunch Buffet: Noon – 2 p.m.
Dinner: 5:10 – 7:10 p.m.
Café Sherwood:
 Breakfast: Daily 8 a.m. – 10:30 a.m.
 Lunch: Daily 11 a.m. - 5 p.m.
 Dinner: Daily 5:10 - 7:10 p.m.

WEEKEND PHYSICIANS ON CALL
Call the Community Nurse for assistance at 8496.
Call 412 931-3066 for doctor on call information.

Please leave items for the Weekly Bulletin at the front desk **by Thursday** for Phyllis Franks, or call 8462, or email frankspm@sherwood-oaks.com